

# European Show Contest

## Rulebook 2023 - Competition manual

March 2023



## General Information

### The Goal

Each team completes a routine to music demonstrating a variety of smoothly linked rope skipping elements. Each element should be choreographed with the music in mind and be performed by as many team members as possible. Teams strive to complete a polished, energetic and innovative performance that highlights an endless variety of entertaining and difficult rope skipping elements and skills.

Teams are allowed to use a theme for their show including props, equipment and storylines. They are allowed to interact with the audience and can include non rope skipping related elements like dancing and theatrical ideas.

## Competition details

### Duration

The competition is held on a single day.

### Number of countries

A minimum of four (4) countries must be registered for this competition to take place.

### Number of teams

A maximum of five (5) teams per country are allowed to compete.

### Number of athletes

A team consists of four (4) to six (6) athletes. Athletes can participate in one (1) team only.

### Substitution of athletes

In case of unforeseen circumstances (e.g. injury, illness), athletes can be substituted. The NGB can request a substitution by contacting the ERSO via [info@erso.info](mailto:info@erso.info) before the start of the competition



day. The ERSO Board of Directors takes a decision within the next 48 hours, or in case of a late request, as soon as possible.

## Age limit

All athletes competing in the European Show Contest must be at least 15 years old in the year of the competition.

## Time limit

Performances are limited to a total time of 4 minutes 0 seconds.

## Starting order

The starting order is randomly assigned using a computer program.

## Withdrawal

A team can withdraw from the competition on their own initiative at any point in time. Furthermore, if a team is not entering the competition stage within one (1) minutes after their announcement, it will be considered as a withdrawal from the competition.

# Equipment and venue details

## Floor

The type of floor depends on the hosting venue, but is as one can expect to find in a theatre. Nonetheless, it is of high quality and without (small) obstructions. Minimum floor space is 8m x 8m. Detailed floor spacing and quality will be communicated well before the competition.

## Ropes

The number of ropes is unlimited.

## Props

Props and special equipment are allowed during the show. The functionality of the props must be ensured by the team. Special equipment is not allowed to interfere with local technical equipment (e. g. speakers, LED-systems, Microphones) and hence must be self-sustaining. Additionally, all props and special equipment must comply with safety regulations (e. g. fire regulations).



## Music

The use of music is mandatory and cannot exceed the allowed time limit. Music must be submitted in advance up until 28 days before the competition. Music is tested during final rehearsal.

Music failure during the performance due to a technical issue gives the team the right to rejump their show at the end.

## Result

### The winner

Performances are rated by two sets of judges (Technical and Entertainment). Results of both judging panels are ranked separately (see judging manual). Therefore, two winners are appointed.

The best team of both rankings are called winners of the European Show Contest. For the Technical judges panel, the team with the highest final score wins. For the Entertainment judges panel, the team with the lowest average ranking wins. Calculation of the results is specified in the judges manual.