

International Jump Rope Union (IJRU) CONSTITUTION

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Norway

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C1 NAME

The INTERNATIONAL JUMP ROPE UNION, hereinafter known as IJRU, is the world governing body for the sport of Jump Rope/Rope Skipping. Whenever either of the two descriptions are used, it is intended they are read interchangeably and represent all elements of the sport.

C2 LEGAL STATUS AND HEADQUARTERS

IJRU is established for an indefinite period with legal status as a nonprofit organization recognized by the Internal Revenue Service of the Department of the Treasury of the United States of America, IJRU has its headquarters in the city of Dayton, Ohio, USA.

C3 DEFINITIONS

- C 3.1 Jump Rope/Rope Skipping means - Single Rope, Double Dutch, Wheel, Long Rope, Traveler/ Visitor
- C 3.2 IJRU Board of Directors – means all Board of Directors Members elected or serving in accordance with IJRU Rules C17.
- C 3.3 CAS – means the Court of Arbitration for Sport, based in Lausanne, Switzerland.
- C 3.4 Competitions – includes events in which a winner is determined through a sanctioned IJRU events.
- C 3.5 Competitor – means a person who is taking part in competitions.
- C 3.6 Congress – means the General Congress and/or the Extraordinary Congress.
- C 3.7 Continental Organizations – means Organizations formed by the recognized IJRU Member Federations from the same geographical continent or region.
- C 3.8 Executive – means the IJRU Executive Committee consisting of seven (7) Board members - President, Executive - Vice President, Treasurer, Legal Representative, Secretary General and 2 x Continental Vice Presidents. The two Continental Vice Presidents will be elected by the Board of Directors.
- C 3.9 Secretary General – means the Chief Administrative Officer of IJRU.
- C 3.10 IJRU Rules – means the Constitution and any other rules and regulations adopted by IJRU.
- C 3.11 IJRU Specialized Committees – means any committee appointed by the Board of Directors for special tasks.

- C 3.12 IJRU Technical Committees – means the IJRU Technical Committees, one for each of the IJRU disciplines.
- C 3.13 Judicial Panel – means the Doping Panel, the Ethics Panel and Disciplinary Panel.
- C 3.14 Championship Organizing Committee – means the committee responsible for the management of a Competition.
- C 3.15 Recognized Member, Recognized Member Federation – mean the national Federations recognized and affiliated by IJRU in a country or sport country recognized by IJRU. Recognized Members refer to Full and Provisional Member Federations.
- C 3.16 Officers – means any person elected or appointed to any position within IJRU, the Continental Regions, the IJRU recognized Member Federations and any person appointed into any position pursuant by IJRU.
- C 3.17 Sport Country – means a geographical territory or region which, though not recognized as a country, has certain aspects of self-government at least to the extent in being autonomous in the control of its sports, and is recognized as such by IJRU.
- C 3.18 In the Constitution, unless the context otherwise requires, words importing the singular number, or the masculine gender shall include the plural number or the feminine gender, as the case may be, and vice versa.

C4 HARASSMENT, ABUSE & DISCRIMINATION

(IN DEVELOPMENT)

Harassment and abuse policy/ standards to be inserted according to the IOC Harassment and Abuse Toolkit Standards) -

IJRU anti-harassment policy expresses our commitment to maintain an organization that's free of harassment, so our stakeholders can feel safe. IJRU maintains a zero tolerance policy towards anyone intimidating, humiliating or sabotaging others in our organization or sanctioned events.

We also prohibit willful discrimination based on age, sexual orientation, ethnicity, racial, religion or disability.

IJRU shall not allow any discrimination against national federations or individuals (competitors, officials, judges, delegates) on the grounds of race, gender, religion or political affiliations.

C5 OBJECTIVES

- C 5.1 The objectives of IJRU are:
- A. Promote, grow and encourage development of Jump Rope/Rope Skipping
 - B. Provide fair and drug free sport environments
 - C. Promote and encourage the development of international relations
 - D. Develop and adopt streamlined standardized components, rules and regulations
 - E. Promote and organize World Championships and other IJRU competitions,
 - F. Encourage increased awareness for Jump Rope/Rope Skipping throughout the world with the support of other interested parties,
 - G. Carry out such other activities as may be desirable to promote the sport.

C6 LANGUAGE

The official language of IJRU shall be English. The working language shall be English. Any other language may be used in correspondence or debate providing that adequate translation is provided.

C7 MEMBERSHIP

- C 7.1 IJRU have the right to recognize the national body governing Jump Rope/Rope Skipping in any country or sport country. The recognition of any Member Federation will be based on the IJRU Constitution and the decisions of the IJRU Board of Directors.
- C 7.2 Only one (1) Member Federation from each country or sport country may be affiliated to IJRU and such Member shall be recognized by IJRU as the only national governing body for Jump Rope/Rope Skipping in such country or sport country. The jurisdiction of a recognized Member shall be limited to the political boundaries of the country or sport country that it represents.
- C 7.3 The constitution and rules of a recognized Member must not conflict with the IJRU Rules. Where there is a conflict, the IJRU Rules shall prevail.
- C 7.4 Recognized Members must seek approval of the Board of Directors for any change of name and/or constitution before such changes come into effect.
- C 7.5 Each recognized Member shall acknowledge in its national rules that IJRU is the only recognized body in the world which governs Jump Rope/Rope Skipping internationally.

- C 7.6 Country Citizenship/Nationality (*UNDER DEVELOPMENT*). *The Olympic Charter Rule 41 (Nationality of competitors) provides guidance. IJRU will include guidance to include the following;*
- A. *Athletes, IJRU representatives (the Executive, council, committee members, and delegates) and Continental level (representatives to IJRU, executive, and committee members).*
- B. *Issues to be covered include;*
- *dual citizenship*
 - *passports held*
 - *changing nationalities*
 - *time of residence needed in a country to be eligible for that nationality [depending on the international federation (IF), this ranged from 0 to 3 years]*

C8 MEMBERSHIP LEVELS

- C 8.1 IJRU has the right to recognize National Member Federations in one the following member categories. In determining the category, the IJRU will take guidance from list of the National Olympic Committees (NOCs) or National Sport Authorities (NSAs) recognizing its Member National Federations. Membership may only be granted according to the sole opinion of the IJRU Board of Directors, where no rivalry issues exist within a Member Federation.
- C 8.1.1 Full Membership - A recognition certification signed and stamped by the NOC and/or NSA. This category has full voting and participation rights in C9
- C 8.1.2 Provisional Membership - Be a registered non-profit entity by country standards.
- C 8.1.3 Observational Status - Allow new, young National Governing Bodies to grow and develop.

C9 RIGHTS AND DUTIES OF THE RECOGNIZED FULL AND PROVISIONAL MEMBERS

- C 9.1 Recognized Full and Provisional Members Federations are entitled:
- C 9.1.1 to use the services of IJRU,
- C 9.1.2 to take part in the IJRU World Championships, IJRU competitions and IJRU Congress,
- C 9.1.3 to be recognized as the Jump Rope/Rope Skipping governing body of its Country or Sport Country,

- C 9.1.4 to submit proposals for inclusion in the agenda of the Congress,
 - C 9.1.5 to nominate candidates for IJRU Presidency and the Board of Directors in accordance with the IJRU Constitution,
 - C 9.1.6 to take part in IJRU assistance and development programs, and
 - C 9.1.7 to exercise all other rights arising from the IJRU Constitution.
- C 9.2 Recognized Full and Provisional Members Federations Obligations:
- C 9.2.1 to support IJRU in its efforts to achieve its objectives,
 - C 9.2.2 to fully comply with the Constitution and decisions of the IJRU Board of Directors, as well as decisions of Court of Arbitration for Sports (CAS),
 - C 9.2.3 to pay the annual membership fee,
 - C 9.2.4 to include within its Constitution a provision that allows out of competition doping control by IJRU,
 - C 9.2.5 to insert in its Constitution, rules and regulations such provisions as may be required by the IJRU,
 - C 9.2.6 to manage its affairs independently and ensure that its own affairs, and its affiliated members' affairs, are not influenced by any third parties,
 - C 9.2.7 to participate in international Jump Rope/Rope Skipping competitions, sanctioned by IJRU, especially the IJRU World Championships and other IJRU competitions,
 - C 9.2.8 to hold a General Assembly, at least, every two years and notify IJRU of the dates and location of the General Assembly thirty (30) days before the General Assembly,
 - C 9.2.9 to hold elections at least every four (4) years in accordance with the Member Federation Constitution, approved by IJRU, and notify IJRU of the dates and the location of the elections,
 - C 9.2.10 in case of any discrepancy between the Member Federations Constitution and the IJRU Constitution, the IJRU Constitution shall always prevail,
 - C 9.2.11 to ensure that their own members comply with IJRU Rules and the decisions of the IJRU Board of Directors, and
 - C 9.2.12 each recognized Member Federation must amend its Constitution as per the IJRU Constitution.

- C 9.3 Violation of the above-mentioned obligations by any recognized Full or Provisional Member Federation may lead to sanctions provided within this Constitution.
- C 9.4 Provisional Members rights and duties in C 9.1 and C 9.2 are subject to revocation by the IJRU Board of Directors after (2) years of membership if Full Membership status has not been achieved.
- C 9.5 Observational Status can take part in Congress and General Assemblies but have no voting rights. Observational Status does not confer any right other than the right to attend the General Assembly as an observer.
- C 9.6 The IJRU Board of Directors is competent to define guidelines governing the status of Observational Status. Upon request, the IJRU Board of Directors may, in its sole discretion, grant (and revoke) at any time Observational Status to an organization.

C10 APPLICATION FOR MEMBERSHIP

- C 10.1 Application for membership shall be submitted to the IJRU Board of Directors with:
 - C 10.1.1 a statement of the name of the national body which must reflect the territorial extent, jurisdiction, and sport tradition of that Country or Sport Country,
 - C 10.1.2 its official address and contact details,
 - C 10.1.3 a copy of the recognized Member Federation's Constitution, which must not be in conflict with IJRU Constitution and Regulations,
 - C 10.1.4 a list of its main officers,
 - C 10.1.5 a list of its active membership summary (i.e., number of clubs, athletes, coaches, officials),
 - C 10.1.6 a formal affirmation to observe and abide by the IJRU Rules, the World Anti-Doping Code, as well as recognizing the jurisdiction and decisions of CAS, and
 - C 10.1.7 the appropriate membership fee.
- C 10.2 The Board of Directors shall have the competence to determine the membership.
- C 10.3 Rivalry Issue: When determining membership categories and entitlements where a rivalry issue exists, the Board of Directors have the competence to determine the membership (C10.2). To settle rivalry issues, the accepted NGB must attain $\frac{2}{3}$ majority votes of the Board of Directors. The Board of Directors may stipulate conditions when the membership is warranted.

C 11 TERMINATION OF MEMBERSHIP

- C 11.1 Membership in IJRU ends:
- C 11.1.1 if the recognized Member no longer exists,
 - C 11.1.2 if the recognized Member withdraws its membership,
 - C 11.1.3 if the recognized Member is expelled.
- C 11.2 Any recognized Member that wants to withdraw its membership in IJRU shall give written notice to the Board of Directors. The membership shall end immediately, but no refund of fees will be made.
- C 11.3 The IJRU Board of Directors shall have the power to expel or suspend recognized Member for significant violation of the IJRU Rules in accordance with the Constitution.

C 12 FEES

The annual membership fee for each recognized Membership category of IJRU is due by the end of the first quarter of each calendar year.

C 13 SANCTIONS

- C 13.1 Any recognized Member, member of a recognized Member, or individual member of a recognized Member may be sanctioned.
- C 13.1.1 in case of violation of it duties and obligations as described in C.9.1 and C9.2,
 - C 13.1.2 in case of violation of the IJRU Rules and/or decisions of the Congress and/or decisions of the IJRU Board of Directors or,
 - C 13.1.3 for bringing the sport into disrepute.
- C 13.2 Sanctions may be in the form of:
- A. Warning
 - B. Fine
 - C. Suspension
 - D. Expulsion
 - E. Cancellation of results
 - F. Return of awards, medals, and/or prizes
- C 13.3 Sanctions shall be imposed by the Executive, except in cases involving violation of IJRU Doping Control rules, where sanctions shall be applied by the Doping Panel.

- C 13.4 Any sanction imposed on a person by IJRU or on a recognized Member shall be recognized and enforced by all Members.
- C 13.5 In cases involving violation of the IJRU Code of Ethics, sanctions shall be applied by the Disciplinary Panel.
- C 13.6 Before any member or individual is sanctioned, the individual or a representative of the recognized Member must be given the right to appear before the Executive, either in person or in writing. The Secretary General shall inform the respective member or individual about this right, in writing, in sufficient time to allow the Member or individual to exercise this right.
- C 13.7 Sanctions shall be in force immediately upon the decision being made unless the deciding body rules otherwise.
- C 13.8 IJRU may take no action with respect to violation of IJRU Rules unless such action is taken within ten (10) years of the event to which it relates. Sexual misconduct, bribery and corruption are not subject to such limitation period. The limitation period, when applicable, shall be prolonged if proceedings are suspended.
- C 13.9 Appeals:
 - C 13.9.1 a recognized Member, member of a recognized Member or individual sanctioned by the Executive may appeal to the IJRU Board of Directors,
 - C 13.9.2 a recognized Member, member of a recognized Member, or individual sanctioned by the Doping Panel or the Ethics Panel may appeal the decision directly to CAS,
 - C 13.9.3 an appeal shall be submitted by the appealing party to the IJRU Board of Directors within twenty-one (21) days from the date of receipt of the decision,
 - C 13.9.4 an appeal against a decision by the Executive, the IJRU Doping Panel, or the Ethics Panel shall be referred to the Court of Arbitration for Sport (CAS), Lausanne, Switzerland. The only appeal from a decision of the Doping Panel or the Ethics Panel shall be referred to the CAS.

The CAS shall also have exclusive jurisdiction over interlocutory orders and no other court or tribunal shall have authority to issue interlocutory orders relating to matters before the CAS. Decisions by the CAS shall be binding.

C 14 THE ORGANIZATION OF IJRU

- C 14.1 The following entities are established to govern and administer IJRU (in order of priority):
 - A. The General Congress,

- B. The Board of Directors,
- C. The Executive,
- D. The Technical Committees,
- E. The Specialized Committees,
- F. The Judicial Panel,
- G. The Commissions.

C 15 CONTINENTAL ORGANIZATIONS

C 15.1 IJRU recognized Member Federations, formed from their respective Continental Organizations recognized by IJRU, provided their statutes comply with the conditions established by IJRU. IJRU shall conform to the IOC (International Olympic Committee) and ANOC (Association of National Olympic Committees) Continental and Country guidelines.

- A. Africa (Name TBA)
- B. Asia (Name TBA)
- C. Americas (Name TBA)
- D. Europe (Name TBA)
- E. Oceania (Name TBA)

C 15.2 The Constitution of Continental Organizations must be approved by the IJRU Board of Directors to ensure that it is not in conflict with the IJRU Rules. Any change must be submitted to IJRU for approval.

C 15.2.1 in case of any discrepancy between the Continental Organization Constitution and IJRU constitution, the IJRU Constitution shall prevail.

C 15.3 IJRU may in exceptional circumstances authorize a Continental Organization to grant membership to a Federation that belongs geographically to another continent and is not affiliated to the Continental Organization on that continent.

C 15.4 Each Continental Organization shall hold elections at least every four (4) years, notify IJRU of the dates and the location of the elections sixty (60) days in advance.

C 15.5 Championships/Games IJRU Sanction/Approval.

C 15.5.1 Continental and Regional Organizations must, before announcing dates and place for championships/games, seek approval by IJRU, the IJRU sanction shall be based upon the following criteria:

- A. dates for the championship/games,
- B. competition programs,
- C. doping control organization,
- D. any modifications of IJRU Rules

C 15.5.2 the approval shall include the conditions and requirements in accordance with the IJRU Rules. All Competitors must comply with IJRU eligibility rules.

C 15.6 Continental Organizations shall:

C 15.6.1 promote the sport of Jump Rope/Rope Skipping in respective continents and regions in a permanent regular manner;

C 15.6.2 work closely with IJRU in every domain to assist in achieving IJRU objectives;

C 15.6.3 organize continental, regional and international competitions in the respective area of jurisdiction;

C 15.6.4 where appropriate, form or encourage regional or sub-continental organizations to promote the sport in a manner appropriate to the conditions prevailing in their area of jurisdiction;

C 15.6.5 foster cooperation with IJRU, and engage in consultative meetings to resolve matters relating to the interests of Continental Organizations and IJRU;

C 15.6.6 coordinate with IJRU for the promotion of Jump Rope/Rope Skipping by arranging development programs, courses, clinics, and conferences;

C 15.6.7 elect respective President and Board of Directors members at least every four (4) years, with nominations for these positions emanating from the respective recognized Member Federations.

C 16 GENERAL CONGRESS

C 16.1 The Congress may be an Ordinary General Congress or an Extraordinary Congress.

C 16.1.1 The Ordinary General Congress is the highest authority of IJRU and shall have the power to decide upon any matters arising in IJRU.

C 16.1.2 The Ordinary General Congress shall be held at least every two (2) years. The Board of Directors shall fix the place and date of the Ordinary General Congress. The recognized Member Federations shall be notified in writing at least two (2) months in advance. The formal agenda shall be made in writing at least one (1) month before the date of the Congress. The quorum of the Ordinary Congress shall be a minimum of at least one-half of the recognized Full and Provisional Member Federations.

C 16.1.3 An Extraordinary Congress shall be convened by a decision of the Board of Directors at any time, or the Board of Directors shall convene

an Extraordinary Congress if one-third (1/3) of the recognized Full and Provisional Member Federations make such a request in writing, with the request specifying the items for the agenda. An Extraordinary Congress shall be held within three (3) months of receipt of such request. The Board of Directors will decide the date, place and the agenda of the Extraordinary Congress. Notification to all recognized Member Federations including the place, date and the agenda shall be transmitted at least one (1) month before the date of the Extraordinary Congress. The agenda of the Extraordinary Congress shall not be altered. The quorum shall be at least one-half of the recognized Full and Provisional Member Federations. Should there be no quorum present, the motion shall be deemed to have been lost and shall not be raised again until the next ordinary meeting of the General Congress.

- C 16.2 The General Congress of IJRU shall consist of:
 - C 16.2.1 a maximum of two (2) duly appointed delegates of each recognized Member Federations. Notice of the appointment of delegates by recognized Member Federations, certified in writing by the recognized Member they represent, must be submitted before the start of the Ordinary General Congress or the Extraordinary Congress.
 - C 16.2.2 each recognized Member Federation is entitled to one (1) vote only regardless of the number of its delegates.
 - C 16.2.3 all members of the Board of Directors will not have a vote in the IJRU Congress.
- C 16.3 A recognized Member may appoint delegates in accordance with IJRU C16.2.2 to participate and vote in a meeting of the General Congress or the Extraordinary Congress provided that:
 - C 16.3.1 it has paid all membership fees due to IJRU in accordance to the IJRU Rule C11, and
 - C 16.3.2 it is not suspended in accordance with IJRU Rules.
- C 16.4 Recognized Members shall only be represented by delegates. Delegates must be affiliated to the recognized Member Federation that they represent. A delegate may represent only one Member Federation.
- C 16.5 Continental Organizations may appoint up to two (2) representatives who may attend the General Congress as observers.
- C 16.6 The IJRU President, or in his/her absence the Executive Vice President, shall preside at all General Congress and/or Extraordinary Congress.
- C 16.7 The General Congress agenda shall include the following mandatory items:

- C 16.7.1 a declaration that the Congress has been convened and composed in compliance with the IJRU Constitution;
 - C 16.7.2 approval of the agenda;
 - C 16.7.3 address by the President;
 - C 16.7.4 report of the Board of Directors on its activities during the time since the previous General Congress, to be presented by the President;
 - C 16.7.5 a Financial Report by the Treasurer and presentation for approval of the audited Financial Report;
 - C 16.7.6 votes on proposals for adopting and amending the IJRU Constitution, if applicable;
 - C 16.7.7 election of the other remaining Board of Directors members in accordance with IJRU C17.5 and officers in accordance with IJRU C17.6;
 - C 16.7.8 election of Ethics and Doping Panels members; and
 - C 16.7.9 election of Audit and Compliance Committee members.
- C 16.8 The agenda of the Ordinary General Congress may be altered provided at least three-quarters of the recognized Members present at the Congress and eligible to vote agree to such a motion.
- C 16.9 Motions, applications and proposals for alteration of or addition to the IJRU Constitution and Rules shall be considered only if submitted by a recognized Member Federation or by the Board of Directors. All motions, applications, and proposals to be considered by the General Congress must be submitted at least two (2) calendar months prior to the Congress and must appear on the agenda given to the recognized members eligible to vote.
- C 16.10 Any alteration of, or addition to, the Constitution agreed upon by the General Congress shall become effective immediately unless otherwise determined at the time of such approval.
- C 16.11 Rules and Regulations The Board may prescribe such rules and regulations, including, without limitation, the Election Rules, not inconsistent with the Constitution, relating to the management and operation as the Board of Directors deems expedient.

C 17 BOARD OF DIRECTORS

C 17.1 The Board of Directors shall consist of:

C 17.1.1 President - Elected by Congress;

C 17.1.2 Executive Vice President - Appointed by President (must not be from the same Continental region as President);

C 17.1.3 Treasurer - Elected by Congress;

C 17.1.4 Secretary General - Hired by Board of Directors and without vote;

C 17.1.5 Legal Representative - Appointed by President;

C 17.1.6 Athlete Council Representatives - Elected by athletes at the International Championship event; and

C 17.1.7 Continental Presidents plus two (2) at Large Members from each continent as listed in C 15. Elected by respective Continental Members.

C 17.1.7.1 Continental Presidents and Continental Members at Large must emanate from the regions respective member countries and must be from different countries within that region.

C 17.1.7.2 The President of each Continental Federation shall assume the position of Vice - President IJRU and also be co-opted voting members of the Board of Directors. If in the position of Vice - President, a vacancy exists, the Board of Directors reserves the right to eliminate temporary the position and fill the vacancy with a Member at Large position for the remainder of the term or until a continental President is elected to fill the vacancy. As it can with any other vacancy on the council, the Board of Directors reserves the right to appoint a Member at Large from the general membership, a person with the qualifications they feel best would further benefit and enhance the functioning of the Council.

C 17.2 Members of the Board of Directors are not personally liable for the debts and obligations of IJRU.

C 17.3 The voting members of the Board of Directors shall be elected or confirmed by the General Congress. All the Board of Director members, shall be of different countries or Sport Countries. Persons not actually in attendance may be elected if a written declaration of consent is presented.

- C 17.4 The newly elected Board of Directors shall take office at the conclusion of the IJRU World Championships.
- C 17.5 The Board of Directors shall consist of twenty-two (22) officers elected for a defined term (either two (2) or four (4) year). Fifty percent (50%) of the Continental Representatives shall be elected for two (2) years. Officers shall be elected and retire in rotation. Prior to the 2022 elections, the IJRU Board of Directors will decide and promulgate which Board of Directors officer will be elected for two (2) and/or four (years).

C 17.5.1 Fifteen (15) members shall be elected by the General Congress in accordance with the elections of their respective Continental Organisations and the following geographical representation:

- A. three (3) from Africa,
- B. three (3) from America,
- C. three (3) from Asia,
- D. three (3) from Europe,
- E. three (3) from Oceania.

The Continental Organisations shall inform the Secretary General in writing of the names of their candidates at least two (2) months in advance. Only candidates proposed by the respective Continental Organisations can be presented for vote in the General Congress provided that they have been previously approved by the Member Federation of which those candidates are citizens.

- C 17.6 The General Congress shall elect from among the voting Board of Directors members elected in accordance with C 17.5.1:

C 17.6.1 the President;

C 17.6.1.1 Candidates for President shall be nominated in writing to the Secretary General at the latest two (2) months before the General Congress. The Secretary General shall notify to all IJRU Members and Continental Organisations the candidates for President at least one (1) month prior to the General Congress.

C 17.6.2 the Executive Vice President;

C 17.6.2.1 Candidate shall be appointed by the President and cannot be from the same continental region as the President.

C 17.6.3 the Treasurer;

C 17.6.3.1 Candidates for the Treasurer shall be nominated in writing to the Secretary General at least two (2) months before the General Congress. The Secretary General shall notify all

IJR Members and Continental Organizations the candidates for the Treasurer at least one (1) month prior to the General Congress.

- C 17.7 The Executive shall consist of the President, Executive Vice President, Treasurer, Legal Representative, Secretary General and two (2) Continental Vice Presidents elected by the Board of Directors at the first board meeting in the presidential election year.
- C 17.7.1 The Executive will be responsible for:
- A. monitoring outcomes and performances with respect to the annual business plan and the long-term strategic plans defined and approved by the Board of Directors;
 - B. being the interface between the Board of Directors and the management of IJR, in particular the Secretary General and the IJR Office and the management, in dealing with critical issues which may impact on the outcomes of the strategy defined by the Board of Directors;
 - C. dealing with matters requiring immediate attention between meetings of the Board of Directors;
 - D. issuing decisions on the application of IJR Rules, in cases which are not delegated to a specific body (e.g. presently the Doping Panel, the Disciplinary Panel or the Ethics Panel).
- C 17.7.2 The President may, from time to time, request persons with knowledge in special areas to attend meetings with the Executive.
- C 17.7.3 The Executive shall meet on request by the President, when there are items of such importance that cannot be solved by the President alone.
- C 17.7.4 The Secretary General shall attend all the meetings without vote.
- C 17.8 Twelve (12) members with vote shall form a quorum at any meeting of the Board of Directors. The members of the Board of Directors shall serve until their successors are elected and take office.
- C 17.9 The Board of Directors members can be elected for a maximum of three (3) full terms. The President can be elected for a maximum of three (3) full terms as President irrespective of terms served before as Board of Directors member.
- C 17.10 Any vacancy in the office of President shall be filled by the Executive Vice President until election of a new President for the remaining term at the IJR Congress. The Board of Directors shall decide within two (2) months of the office of the President

becoming vacant on the place and date of the Congress which will elect the new President. Otherwise, the Board of Directors shall have the authority to fill any vacancy, until the next General Congress, which occurs through death or resignation of any member of the Board of Directors elected in accordance with IJRU Rule C 17.3, subject to compliance with the appropriate geographical representation set out in IJRU Rule C 17.5 and in consultation with the respective Continental Organisation.

C 17.11 Where a Board of Directors member has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership. The Board of Directors may then fill the vacancy.

C 17.11.1 Suspension and Expulsion. By 2/3 of the votes, the board of directors can suspend and expel any member, if they feel the said member has been properly and adequately advised before of the member's inappropriate conduct or the disregard of the corporation bylaws. Before proceeding with the suspension or expulsion, the board of the directors must send by registered letter advising the date, place and time of a special board of directors meeting concerning the member's case, allowing them, the member, time to prepare a defense. Any suspension or expulsion does not release the member of his financial obligations to the Corporation, including if any membership fees. If the member wishes to appeal the Board of Directors ruling, he may do so in writing to the Board of Directors, who will then call a special meeting of members to make a judgment in the member's case. Only this item will be on the agenda, 75% of the quorum will constitute a final majority decision on the case. Any further appeal of the decision by the member will be done as a non-member.

C 17.12 Rights and duties of the Board of Directors shall include the following:

C 17.12.1 to discuss and make decisions on all matters assigned to them by the Congresses,

C 17.12.2 to interpret and enforce the IJRU Rules,

C 17.12.3 to decide and take action on any matter pertaining to the affairs of IJRU,

C 17.12.4 to submit proposals to the General Congress,

C 17.12.5 to decide on and publish administrative by-laws, including time and manner of payment of any financial obligations,

C 17.12.6 to decide on and publish regulations for IJRU competitions,

C 17.12.7 to decide on IJRU awards,

- C 17.12.8 to make decisions in case of emergency,
- C 17.12.9 to establish rules of order for the meetings of the General Congress, Technical Congress, Board of Directors, Committees, etc., provided that they will not be in opposition to the IJRU Constitution,
- C 17.12.10 to determine the dates and sites of World Championships and other IJRU competitions and to organise and control Jump Rope/Rope Skipping competitions at the World Championships, and other IJRU competitions,
- C 17.12.11 to appoint and instruct the IJRU Committees in accordance with IJRU Rules,
- C 17.12.12 to appoint delegates to the World Championships, other IJRU competitions, and other international competitions. The Organising Committee must guarantee proper accreditation. The responsibilities of the delegates are to observe the organisation and to report back to the Board of Directors.
- C 17.12.13 to appoint the Secretary General on proposal of the President. The Secretary General shall attend all IJRU meetings. The Secretary General shall be an ex officio member of the Board of Directors without vote. The Secretary General shall manage the IJRU Office
- C 17.12.14 to define IJRU's mission, strategic direction, policies and values, in particular, with regard to the organisation and development of Jump Rope/Rope Skipping sports at worldwide level and all related matter
- C 17.12.15 to oversee the overall management of IJRU by the Secretary General,
- C 17.12.16 to approve the budget and annual audited financial statement, including the consolidated financial statement, prepared by the Finance Committee and the annual report to be submitted to the IJRU Congress for approval,
- C 17.12.17 to appoint the chairpersons, deputy chairpersons and members of the committees with the exception of those who are elected by the Congress, in accordance with the Constitution, as well as to control their activities,
- C 17.12.18 to propose to the Congress for election the chairpersons and members of the Ethics Panel and the Audit Committee,
- C 17.13 The Board of Directors is not authorised to make any changes in the Constitution, General Rules, Technical Rules, Code of Ethics, Facilities Rules, Medical Rules and Doping Control Rules.

C 18 RIGHTS AND DUTIES

- C 18.1 The principal elected officer of IJRU shall be the President.
- C 18.2 The President shall inter alia have the following roles and duties:
- C 18.2.1 to preside at all meetings of the Congresses, the Board of Directors and the Executive,
 - C 18.2.2 to represent IJRU in all dealings with the International Olympic Committee (IOC) and the Association of Summer Olympic International Federations (ASOIF) and any other relevant international organizations
 - C 18.2.3 to evaluate the performance of the Secretary General and make an annual report in this regard,
 - C 18.2.4 to be an ex officio member of all IJRU Committees and commissions,
 - C 18.2.5 to create any task force or working group they deem necessary or advisable to address any urgent situation,
 - C 18.2.6 to maintain relations with the Continental Organisations, Members, IJRU Committees and commissions.
- C 18.3 The Executive Vice President shall have the following roles and duties:
- C 18.3.1 In the absence of the President conduct the Congresses and Board of Directors meetings with all the rights and duties,
 - C 18.3.2 represent IJRU in the absence of the President at IJRU Competitions, ceremonies or other activities requiring the presence of the highest IJRU authority.
- C 18.4 The Treasurer shall have the following roles and duties:
- C 18.4.1 chair the Finance Committee,
 - C 18.4.2 fulfill the obligations as specified in IJRU Rule C 23,
 - C 18.4.3 be responsible for the financial planning of IJRU,
 - C 18.4.4 supervise the current amount of income and expenditure, and
 - C 18.4.5 draw up the general four-year and detailed yearly budget together with the President and the IJRU Accounting Department.

- C 18.5 The IJRU Office shall carry out all the administrative work of IJRU under the direction of the Secretary General, in accordance with the policies of the Executive
- C 18.6 The Secretary General shall be responsible for:
 - C 18.6.1 implementing decisions passed by the Congresses, the Board of Directors and the Executive in compliance with the President's directive.
 - C 18.6.2 properly managing and keeping the accounts of IJRU under the supervision of the Treasurer;
 - C 18.6.3 negotiating or overseeing the negotiation of all major contracts on behalf of IJRU in consultation with the members of the Executive
 - C 18.6.4 compiling the minutes for the meetings of the Congress, Board of Directors and Executive;
 - C 18.6.5 IJRU's correspondence;
 - C 18.6.6 overseeing of the operations of the IJRU Office and, where appropriate, taking such measures as may be deemed necessary for the proper administration of IJRU. The Secretary General shall periodically report to the Board of Directors in this regard;
 - C 18.6.7 the appointment and dismissal of staff working in the IJRU Office in consultation with the President; and
 - C 18.6.8 signing decisions on behalf of any IJRU Committee, provided that no other ruling exists in the respective regulations;
 - C 18.6.9 the agenda of the IJRU Committees in coordination with the respective Chairs of the Committees.
- C 18.7 The Vice-President representing the Continental Organisations shall be responsible for:
 - C 18.7.1 ensuring the coordination between their Continental Organisation and the Executive and IJRU Office with respect to all Jump Rope/Rope Skipping activities within their continents,
 - C 18.7.2 assisting the Executive and the IJRU Office to further the goals of IJRU with the Continental Organisations and with the Members from the respective continents, and
 - C 18.7.3 assisting the President in his or her duties as may be requested from time to time by the President.

- C 18.8. **Initial Board of Directors and Officers** The first Board of Directors of the IJRU whose term of office on the Board shall continue until their successors are elected based on the 2022 IJRU inaugural Congress. If any of the initial Board of Directors and/or officers appointed ceases to be a Director before the inaugural Congress, then the vacancy shall be filled in accordance with this Constitution.
- C 18.9 **Placement/Election of the Initial Board of Directors and Officers** The first Board of Directors will be placed, not elected, by joint majority decision of the existing Board of Directors of both FISAC-IRSF and WJRF at formation. All positions will be agreed by joint decision. The initial Board of Directors will be seated at the 2019 Inaugural Congress. The decision to place the Initial Board of Directors will permit consolidation for the first few years of IJRU and allow the Board sufficient time to settle the new Organisation.
- C 18.10 **Conflict of interest** Any Director(s) knowingly in a conflict of interest position shall declare that conflict of interest and shall not take part in any vote on the conflict of interest matter. If any Director feels another Director is in a conflict of interest position, the matter can be brought up for discussion and resolved by a majority vote of the Directors.
- C 18.11 **Remuneration and Expenses** The Directors shall serve as such without remuneration and no Director shall directly or indirectly receive any profit from such Director's position as such; provided that a Director may be paid reasonable expenses incurred by such Director in the performance of such Director's duties, including reasonable costs and expenses incurred by a Director in attending at meetings of the Board. Nothing herein contained shall be construed to preclude any Director from serving the Corporation as an Officer or in any other capacity and receiving compensation therefore.
- C 18.12 **External Services** The Board may, on behalf of IJRU appoint such agents, attorneys, consultants and professional advisors and engage such employees as it shall deem necessary from time to time and such persons shall have such authority and shall perform such duties as shall be prescribed by the Board. The Board may delegate this function to an Officer or Officers or a committee of the Board.
- C 18.13 **Honorary Members and Emeritus Individuals** who have rendered outstanding service to the sport in the past or whose potential contribution to the sport in the future is significant enough to so warrant, may be designated honorary members of the Council and attend meetings in a non-voting capacity. Candidates for this honour, other than the Past Presidents who have served a full term as President, requires 75% or more full board of Directors approval and ratification by Congress by majority vote.

C 19 MEETINGS AND DECISION-MAKING

- C 19.1 The Board of Directors shall meet at least two (2) times in each year.

- C 19.2 The President shall convene the meeting of the Board of Directors at least twenty-one (21) days in advance by email, stating the date, time and place of the meeting, as well the items of the agenda.
- C 19.3 If at least two-thirds of the Board of Directors requests a meeting, the President shall convene the meeting.
- C 19.4 The President, as the chairman of the Board of Directors shall conduct all the meetings in accordance with the IJRU Constitution. She/he shall open and close the debates and shall give the floor to Board of Directors Member and recognized Member Federations.
- C 19.5 If a vote is needed on any matter, a majority of valid votes cast is required for a decision to be adopted. Each Member of the Board of Directors has one (1) vote, and in the Congresses, each recognized Member Federation has one (1) vote.
- C 19.6 The minutes of every Congress and Board of Directors meeting shall be recorded by the Secretary General. Should the Secretary General be unavailable, the Executive Vice-President shall take over the responsibilities. The minutes shall as a general rule be signed by the Secretary General.

C20 COMMITTEES

- C 20.1 IJRU shall have Technical Committees, Specialised Committees and Judicial Panels.

C 20.1.1 The Technical Committees are:

- A. Single Rope Technical Committee consisting of 5 members,
- B. Double Dutch Technical Committee consisting of 5 members,
- C. Judges and Competition Officials Technical Committee consisting of 5 members
- D. and Innovation Committee consisting of 5 members

C 20.1.2 The Specialised Committees are:

- A. Audit and Compliance Committee consisting of up to 3 members,
- B. Finance Committee consisting of up to 4 members,
- C. Championship Organizing Committee consisting of up to 7 members,
- D. Medical Committee consisting of 6 members,
- E. Athletes' Council consisting of up to 6 members,
- F. Development Committee consisting of up to 5 members,
- G. Marketing Committee consisting of up to 4 members,
- H. Legal Committee consisting of up to 3 members.

C 20.1.3 The Judicial Panels are:

- A. Doping Panel consisting of 6 members,

- B. Ethics Panel consisting of 6 members,
- C. Disciplinary Panel consisting of 6 members.

- C 20.2 The Board of Directors shall be entitled to nominate any kind of ad hoc committee or working commission when it is considered appropriate.
- C 20.3 The members of the Technical Committees and the Specialised Committees shall be appointed by the Board of Directors at its first meeting, subject to the approval of the Member Federation to which each appointee is affiliated. Members appointed for a committee shall be from different Member Federations. Notwithstanding the foregoing, the Board of Directors, whenever it deems necessary, may appoint to the Specialised Committees additional experts in the area for which this committee has been established.
- C 20.4 IJRU Committee members shall serve at the discretion of the Board of Directors and may be appointed for such number of successive terms as considered appropriate by the Board of Directors. The chair of each of the Technical and the Specialised Committees, except for the Medical Committee, shall be appointed for a maximum of three (3) terms.
- C 20.5 Members may nominate persons for consideration for appointment to a IJRU Committee by providing notice of such nomination in writing, signed by the President of such Member, to IJRU one (1) month prior to the commencement of the General Congress.
- C 20.6 Nominated persons shall be:
- C 20.6.1 in the case of a Technical Committee, those who are recognised experts in the respective discipline, capable of, and interested in, actively and regularly attending the meetings of such Technical Committee;
 - C 20.6.2 in the case of the Medical Committee, those who are qualified sports medicine physicians in active practice or academic positions with experience with athletes and are capable of, and interested in, actively and regularly attending the meetings of the Medical Committee; and
 - C 20.6.3 in the case of any other IJRU Committees, those who are knowledgeable in and skilled in the area for which the committee has been established, capable of, and interested in, actively and regularly attending the meetings of such committee
- C 20.7 From the members appointed to the Technical Committees, the Athletes' Council, and the Medical Committee, the Board of Directors shall appoint a Chair, a Vice-Chair and an Honorary Secretary for each such IJRU Committee, and such individuals, together with the Board of Director Liaison (as defined in IJRU Rule C 21.12), shall be known as the "Commission" for the respective IJRU Committee. The Chair of these Commissions shall be the Board of Directors.

- C 20.8 The Committees shall meet whenever there is business to be transacted, all meetings being subject to the approval of the Board of Directors.
- C 20.9 The absolute majority of members (50% plus one member) shall form a quorum at any meeting of a IJRU Committee.
- C 20.10 Where a member of any Committee has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership. The Board of Directors shall then fill the vacancy.
- C 20.11 The Board of Directors shall have the authority to fill any vacancy which occurs through death, resignation or removal of any member of the Technical Committee, Specialised Committee or Judicial Panel.
- C 20.12 For any IJRU Committee, the Board of Directors may appoint a Board of Directors member who shall serve as ex officio to the IJRU Committee and ensure necessary communication between the Board of Directors and the committee. This person shall be known as the Board of Directors Liaison. The Board of Directors Liaison shall have the obligation of participating in the committee's meetings and discussions and fairly and accurately representing the activities and decisions of the committee to the Board of Directors. The Board of Directors Liaison shall be an advocate for the committee regardless of his or her personal views.
- C 20.13 For the purposes of membership on the Athletes Council, all athletes on the Council must have competed at the World Championships for their country. In addition, each athlete must be a current athlete in the sport or be within 12 years of the date of their last competition at a World Championships (FISAC-IRSF or WJRF). Athletes appointed to the Athletes Council must represent all Jump Rope/Rope Skipping disciplines and all geographical regions. The chairs of the Athletes Council shall be proposed by the President and confirmed by the Board of Directors.
- C 20.14 All recommendations or decisions made by any IJRU Committee, except decisions of the Judicial Panels, require the approval of the Board of Directors before becoming effective.

C 21 POWERS AND DUTIES OF THE TECHNICAL COMMITTEES

The powers and duties of the Technical Committees are:

- C 21.1 to analyse the requirement for improvements of the Technical Rules for Single Rope and Double Dutch, as applicable, and to consider corresponding proposals received from any Member. When the Technical Committee decides on a proposal for amendments or changes to the Technical Rules, the decision by vote should be made with at least two thirds (2/3) positive vote of the participants on the

respective Technical Committee Meeting. The Technical Committee submits in these cases recommendations to the Board of Directors for final approval.

- C 21.2 to consider and decide upon any matter affecting their particular responsibility, which may be referred to them by the Board of Directors or the Congress,
- C 21.3 to appoint sub committees, if required, to investigate, study, and recommend to the parent committee any matters referred to such subcommittee. The members of a subcommittee may be persons selected from outside the parent committee membership,
- C 21.4 to investigate, study, and recommend on matters dealing with standard equipment and specifications for international competitions,
- C 21.5 to evaluate and make recommendations regarding candidates, nominated by Members, for the title of international judge or competition officials,
- C 21.6 to appoint one or more of its members to report on the qualifications of any person recommended as an international judge or competition officials and to report periodically on the continued qualifications of judge or competition officials on the existing list,
- C 21.7 to receive and report to the Board of Directors any complaint made by judges or competition officials regarding misconduct of individuals in international competitions and to make recommendation thereon,
- C 21.8 to take part in the technical preparations and in the conduct of the competitions in their discipline at the World Championships and other IJRU competitions,
- C 21.9 The Board of Directors shall ensure participation of the committees in the preparation of the meetings of the Board of Directors with regard to such tasks that fall within their areas of responsibility. For that purpose, they shall have the right to submit reports, suggestions, recommendations and comments. The Chair or authorised members of the Committee may be heard at the meeting of the Board of Directors on the respective issue. The Committees shall be involved in the technical preparations of the competitions at the World Championships and other IJRU competitions,
- C 21.10 to control all technical equipment and installations prior to and during an event,
- C 21.11 to make rosters for officials, and
- C 21.12 to investigate cases of protest as preparation for the Jury of Appeal.

C 22 POWERS AND DUTIES OF THE SPECIALISED COMMITTEES

- C 22.1 The composition, specific duties and powers of the individual committees shall be stipulated in special organisation regulations.
- C 22.2 Each IJRU Committee may propose amendments to its regulations to the Board of Directors.
- C 22.3 Medical Committee
 - C 22.3.1 The Medical Committee shall deal with all medical aspects of all Jump Rope/Rope Skipping disciplines.
 - C 22.3.2 The powers and duties of the Medical Committee are:
 - A. To be determined`
- C 22.4 Finance Committee
 - C 22.4.1 The Finance Committee shall be proposed by the President and approved by the Board of Directors. The Finance Committee shall be chaired by the Treasurer and may include such other members as the Board of Directors may deem particularly suited to contribute to oversight of the financial affairs of IJRU by virtue of their relevant financial expertise and experience.
 - C 22.4.2 The Finance Committee shall:
 - A. set a global compensation and benefits policy within IJRU;
 - B. evaluate the performance of the top management of IJRU compared with agreed goals and objectives and review the total compensation of the top management of IJRU.
- C 22.5 Audit and Compliance Committee
 - C 22.5.1 The IJRU Audit Committee shall consist of six (6) persons elected by the Congress based on the recommendation of the Board of Directors. The members shall be experts in auditing and financial statement matters. The Audit Committee shall be fully independent to be able to carry out its assurance role effectively.
 - C 22.5.2 The powers and duties of the Audit and Compliance Committee are:
 - A. to execute efficient financial controls and review the financial statements, budget and the external auditors' report;
 - B. to assist the governing bodies in monitoring IJRU's financial and compliance matters;
 - C. to liaise with external auditors;
 - D. to conduct risk management;

E. to review the quality of the internal control system.

C 22.6 Athlete Council

- C 22.6.1 The Athletes Council is elected by the Athletes at the occasion of the IJRU World Championship. Their term shall last four (4) years from the day of the appointment to the closing ceremony of the IJRU World Championship.
- C 22.6.2 For the proposed candidates of membership on the Athletes Committee, all athletes on the Committee must have competed at the World Championships for their country. In addition, each athlete must be a current athlete in the sport or be within twelve (12) years of the date of their last competition at a World Championship.
- C 22.6.3 The candidates for membership for the Athletes Council must be proposed by the Athletes themselves at the occasion of the World Championship. Only one athlete from a recognized Member Federation can be elected as a Member of the Athletes Council. If more than one candidate from the recognized Member Federation, the candidate who received the highest number of votes will be elected.
- C 22.6.4 The chairpersons of the Athletes Council shall be elected at the first meeting of the Athletes Council.
- C 22.6.5 The Athletes Council will appoint two (2) Members, one (1) male, one (1) female to be delegates at the IJRU General Congress and Board of Directors with the right to vote.

C 22.6.6 the powers and duties of the Athletes Council are:

- A. to bring input of athletes' experience to the organization of IJRU World Championships,
- B. to collaborate in rules proposals and amendments
- C. with the occasion of IJRU World Championships, to be in contact with participating athletes and bring forward their suggestions and remarks.
- D. Actively represent the athletes, and provide a mechanism of engagement and communication back to Member Federations on Athlete Council business and proposed outcomes.

C 22.7 Legal Committee

C 22.7.1 The Legal committee shall be chaired by the Legal Representative.

C 22.7.2 the powers and duties of the Legal Committee are:

- A. to provide legal expertise to the Board of Directors and to give recommendations regarding legal matters whenever needed

- B. to assist the Board of Directors in drafting amendments to the Constitution
- C. to conduct administrative reviews regarding potential violations referred to the Legal Committee
- D. to advise, if necessary, on matters referred to CAS by IJRU
- E. to advise, if necessary, on agreements between IJRU and third parties

C 22.8 Doping Panel

- C 22.8.1 The Doping Panel shall consist of six (6) persons. No two members of the Doping Panel shall be from the same country or Sport Country. Members of the Doping Panel shall serve for a period of four (4) years, or until their successors are appointed.
- C 22.8.2 Members shall nominate persons for consideration for appointment to the Doping Panel by providing notice of such nomination in writing, signed by the President of the Member, to the Secretary General at least one (1) month prior to the commencement of the General Congress.
- C 22.8.3 Members shall nominate persons for consideration for appointment to the Doping Panel who are known for their ability, their impartiality and their knowledge about the IJRU Rules as well as their experience of sport in general and the Jump Rope/Rope Skipping sports in particular. They shall also have legal training, experience and knowledge of doping matters.
- C 22.8.4 Members of the Doping Panel shall be appointed by the Board of Directors at its first meeting following its election. The appointment of the members of the Doping Panel shall be made in accordance with applications received from individuals nominated by the Member to which they are affiliated.
- C 22.8.5 Members of the Doping Panel may be appointed for such number of successive terms as considered appropriate by the Board of Directors.
- C 22.8.6 On the proposal by the President, the Board of Directors shall appoint one of the members of the Doping Panel to be Chair.
- C 22.8.7 A person may not serve on the Doping Panel if he or she:
 - A. is a member of the Board of Directors, a Technical Committee, Specialised Committee or other Judicial Panel; or
 - B. cannot speak English.
- C 22.8.8 The Doping Panel shall conduct hearings and impose sanctions pursuant to IJRU Doping Control Rules.

C 22.8.9 Whenever necessary the Chair of the Doping Panel shall appoint one or more persons from the Doping Panel to adjudicate all matters before it. No member of the Doping Panel shall be appointed to hear a specific case when he or she is a citizen of the country of the individual or organisation suspected of violating IJRU Rules; the Chair of the Doping Panel may also determine situations in which a Panel member should not be appointed due to other potential conflicts.

C 22.9 Ethics Panel

C 22.9.1 The Ethics Panel shall consist of three members elected by the General Congress for a term of four (4) years on a proposal of the Board of Directors. The President shall appoint the chairperson of the Ethics Panel from amongst its members.

C 22.9.2 Members of the Ethics Panel may be elected for a maximum of three (3) terms.

C 22.9.3 If a member of the IJRU Ethics Panel should die or resign, a replacement shall be decided by the IJRU Board of Directors until the next elections of the IJRU Ethics Panel.

C 22.9.4 The matters are transferred to the Ethics Panel by the IJRU Board of Directors.

C 23.9.5 At least up to three additional members of the Ethics Panel (as determined by the Chairperson) shall be appointed as required on a case by case basis, to investigate, hear and determine any matter.

C 22.9.6 The Ethics Panel shall investigate and determine any alleged violation of the IJRU Code of Ethics and to impose sanctions, as may be needed.

C 22.9.7 The IJRU Ethics Panel shall act in accordance with the principles of natural justice and shall determine its own procedure.

C 22.9.8 For any violation of the IJRU Code of Ethics, the IJRU Ethics Panel may impose any one or more of the following sanctions:

- A. a warning or reprimand,
- B. a suspension for a fixed period of up to four (4) years from holding office or other position held by an Official and/or until a specified set of conditions have been met to the satisfaction of the IJRU Ethics Panel,
- C. a return of any IJRU award,
- D. a ban for a fixed period of up to a lifetime from taking part in any Jump Rope/ Rope Skipping related activity,

E. recommendation to the IJRU Board of Directors of the need for notification of the matter to the appropriate law enforcement authorities.

C 22.9.9 The Ethics Panel shall receive nominations and curriculum vitae of the candidates from the recognized National Federations for all positions on the Board of Directors, and IJRU Committees and Judicial Panels and make decisions on those nominations based on objective eligibility criteria for each position as determined by the Ethics Panel.

C 22.9.10 Nomination Procedure:

- A. For all positions, all recognized National Federations shall be notified of the deadline for submission of nominations
- B. Nominations should be circulated to the members of the Ethics Panel
- C. For all applications, the Ethic Panel then screens each candidate to ensure his or her compliance with the objective eligibility criteria for each position
- D. The Ethics Panel will then make a decision in terms of those candidates who meet the criteria and comment with regard to any candidate who does not meet the criteria.

C 22.10 Disciplinary Panel

C 22.10.1 The Disciplinary Panel shall consist of up to (6) persons. No two members of Disciplinary Panel shall be from the same country or Sport Country. Members of the Disciplinary Panel shall serve for a period of four (4) years or until their successors are appointed.

C 22.10.2 At least three (3) members of the Disciplinary Panel shall also have legal training and experience. Members of the Disciplinary Panel shall be appointed by the Board of Directors at its first meeting following its election. On the proposal by the President, the Board of Directors shall appoint one of the members of the Disciplinary Panel to be Chair.

C 22.10.3 The Chair of the Disciplinary Panel shall appoint three (3) persons from the Disciplinary Panel of whom at least one (1) shall have legal training to adjudicate all matters before it. In cases where the Chair of the Disciplinary Panel and the other party respectively the other parties agree, a sole member of the Disciplinary Panel may hear and decide the matter, such member must have legal training. No member of the Disciplinary Panel shall be appointed to a specific case when he or she is a citizen of the country of the competition suspected of violating IJRU Rules.

C 22.10.4 The Disciplinary Panel shall conduct hearings and impose sanctions in all disciplinary cases originating from violations of any IJRU Rules (except matters regarding doping control IJRU Rule C 13.5) referred to it by the Executive. The sanctions determined by the Disciplinary Panel are limited to those described in C 13.2 of the IJRU Constitution.

C 22.10.5 The hearings of the Disciplinary Panel shall respect the following principles:

- A. A timely hearing;
- B. A fair and impartial hearing body;
- C. The right to be represented by counsel at the hearing, with no expense to IJRU;
- D. The right to be fairly and timely informed of the rule violation;
- E. The right to respond to the rule violation and resulting consequences;
- F. The right of each party to present evidence, including the right to call and question witnesses (subject to the hearing body's discretion to accept testimony by telephone or written submission);
- G. The right to an interpreter at the hearing, at no expense to IJRU; and
- H. The right to a timely, written, reasoned decision; specifically, including an explanation of the reason(s) for any period of suspension.

C 22.11 Championship Organising Committee

C 22.11.1 The Championship Organising Committee composition, specific duties and powers of the individual committees shall be stipulated in special organisation regulations to be developed.

C 22.12 Development Committee

C 22.12.1 The Development Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed.

C 22.13 Marketing Committee

C 22.13.1 The Marketing Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed.

C 22.14 Judges and Competition Officials Technical Committee

C 22.14.1 Judges and Competition Officials Technical Committee composition, specific duties and powers of the individual committee shall be stipulated in special organization regulations to be developed.

C 22.15 Tech and Innovation Committee

C 22.15.1 The Tech and Innovation Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed.

C 23 FINANCIAL MONITORING AND CONTROL

C 23.1 The fiscal year of IJRU is the calendar year. The annual statements of accounts shall be audited by a certified public accountant approved by the Board of Directors and the audit shall be published on the IJRU website no later than 30 April.

C 23.2 The General Congress shall approve the audited statement of accounts.

C 23.3 The annual budget of IJRU shall be prepared under the supervision of the Treasurer and reviewed by the Audit and Compliance Committee. The Board of Directors shall approve this budget every year no later than 30 April.

C 23.4 The Chief Internal Audit Officer shall be appointed by the Board of Directors for period of four (4) years. The Chief Internal Audit Officer shall not be from the same member as the Honorary Treasurer and shall report directly to the Audit and Compliance Committee.

C 23.5 The Chief Internal Audit Officer shall have the following functions:

- A. Study the effectiveness and adequacy of the internal control system of IJRU
- B. Review the compliance with the IJRU Rules and other applicable regulations and laws, and prepare reports in the respect for the attention of the Audit and Compliance Committee,
- C. Understand the scope of review by external auditors of controls over financial reporting and obtain reports on significant findings and recommendations.
- D. Recommend and oversee the establishment and functioning of an internal audit procedure.

C 24 ARBITRATION

Disputes between IJRU and any of its recognized Members or members of the recognized Members, individual members of the recognized Members or between Members of IJRU that are not resolved by a IJRU Board of Directors decision may be referred for arbitration by either of the involved parties to the Court of Arbitration for Sports (CAS) within 21 days of the decision of different IJRU bodies. The appealing party must have a direct interest in the appeal and the decision. Any decision made by the CAS shall be final and binding on the parties concerned.

C 25 PRINTING RULES

All Rules of IJRU are solely for the benefit of Members and may be reprinted or translated by Members under their responsibility, with the understanding that in all cases where the translated text differs in interpretation, the English version shall prevail, as per the official printing of IJRU.

Any other organizations desiring to publish these Rules shall obtain the permission of IJRU.

C 26 DISSOLUTION

- C 26.1 IJRU may be dissolved only by a 2/3 majority vote at an Extraordinary Congress convened for this purpose.
- C 26.2 In the event of dissolution, the Congress shall appoint a liquidator who shall discharge all debts and liabilities incurred on behalf of IJRU. The remaining assets, if any, shall be donated to a charitable organization as directed by the Congress for the ongoing promotion and development of Jump Rope.
- C 26.3 At the conclusion of the liquidation, the liquidators shall submit a final report to the Congress, which shall declare the liquidation closed.