

CONSTITUTION OF INTERNATIONAL JUMP ROPE UNION (IJRU)

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**This version 2.0 socialised prior to IJRU General Congress 2020 for review and
Recognized Member discussion**

International Jump Rope Union (IJRU)

CONSTITUTION

TABLE OF CONTENTS.

C1 NAME	4
C2 LEGAL STATUS AND HEADQUARTERS	4
C3 DEFINITIONS	4
C4 HARASSMENT, ABUSE & DISCRIMINATION	5
C5 OBJECTIVES	6
C6 LANGUAGE	7
C7 MEMBERSHIP	7
C8 MEMBERSHIP LEVELS	9
C9 RIGHTS AND DUTIES OF THE RECOGNIZED FULL AND PROVISIONAL MEMBERS	9
C10 APPLICATION FOR MEMBERSHIP	11
C 11 TERMINATION OF MEMBERSHIP	11
C 12 FEES	12
C 13 SANCTIONS	12
C 14 THE COMPOSITION OF IJRU	14
C 15 CONTINENTAL ORGANIZATIONS	14
C 16 GENERAL CONGRESS AND EXTRAORDINARY CONGRESS	16
C 17 BOARD OF DIRECTORS	19
C 18 ROLES AND DUTIES	23
C 19 MEETINGS AND DECISION-MAKING	26
C20 COMMITTEES	27
C 21 POWERS AND DUTIES OF THE TECHNICAL COMMITTEES	30
C 22 POWERS AND DUTIES OF THE SPECIALISED COMMITTEES AND PANELS	31
C 23 FINANCIAL MONITORING AND CONTROL	38
C 24 ARBITRATION	39
C 25 PRINTING RULES	39
C 26 - INDEMNITY	39
C 27 DISSOLUTION	40

PREAMBLE

The rules of an international sporting federation form the structure within which the sport operates and becomes a central governing theme behind the way it operates. These rules serve to clarify purpose, delineate structure and provide the cornerstone for building an effective management of the organization.

Given International Jump Rope Union (hereinafter – “IJRU”) operates within 60+ member countries, it is likely that terms of the IJRU governing documents such as Constitution, Rules, and By-Laws may be confused. This preamble aims to provide an explanation of the intent behind the Constitution of International Jump Rope Union (hereinafter – the “Constitution”).

Constitution

The Constitution contains the fundamental principles, which govern its operation. The By-Laws establish the specific rules of guidance that enable the organization to function and outline the basic structure and methods of operation in writing.

This Constitution consists of two parts: the Rules, which include the basic principles of the Federation and can only be changed by authority of a General Congress; and the Regulations or By-Laws, which can be amended by the IJRU Board of Directors after consideration and majority agreement as outlined in this document.

The Constitution is its heart and soul and includes the statement of purpose, objectives, membership information, adopted Rules and initial and ongoing structure. The Constitution is arguably the most important document and guides IJRU to safe and legal practices.

The Rules and By-Laws

Provide further definition to the articles of the Constitution and can be changed more easily as the needs of the organization change. By-Laws are generally more operational and internal to the sport in nature and may relate to competition and/or membership.

Growing out of the two existing recognized international federations, IJRU sees its role as one of facilitation, administration, support, governance and guidance for the Jump Rope/ Rope Skipping community across the globe. To that end, IJRU is motivated to assist member countries with their passage to increase the awareness of our sport and grow our membership as it continues on the journey to full Olympic membership. IJRU wishes to be collaborative, engaged and supportive of member countries and intends to partner with countries to bring the best for our sport in a competitive world of sports management.

This document provides the structure, rules and purpose and it is intended that we continue to mature, grow and improve on our journey. IJRU’s Board of Directors offer this Constitution as one of the first steps in globally managing our sport. The document is intended to guide behaviour and will be amended over time.



Shaun Hamilton
President
IJRU

C1 NAME

The INTERNATIONAL JUMP ROPE UNION, hereinafter known as IJRU, is the world governing body for the sport of Jump Rope/Rope Skipping. Whenever either of the two descriptions are used, it is intended they are read interchangeably and represent all elements of the sport.

C2 LEGAL STATUS AND HEADQUARTERS

IJRU is established for an indefinite period with legal status as a nonprofit organization recognized by the Internal Revenue Service of the Department of the Treasury of the United States of America.

C3 DEFINITIONS

- C 3.1 Jump Rope/Rope Skipping means - Single Rope, Double Dutch, (Chinese) Wheel, Long Rope, Traveler/Visitor.
- C 3.2 IJRU Board of Directors (**IJRU BOD**) – means all Board of Directors Members elected or serving in accordance with IJRU Rules C17.
- ~~C 3.3 CAS – means the Court of Arbitration for Sport, based in Lausanne, Switzerland.~~
- C 3.4 Competitions – includes events in which a winner is determined through sanctioned IJRU events.
- C 3.5 Competitor – means a person who is taking part in competitions.
- C 3.6 Congress – means the General Congress and/or the Extraordinary Congress.
- C 3.7 Continental Organizations – means bodies formed by the IJRU **Recognized** Member Countries from the same geographical continent or region.
- C 3.8 Executive Committee – means the IJRU Executive Committee consisting of seven (7) Board members - President, Executive - Vice President, Treasurer, Legal Representative, Secretary General and 2 x Continental Vice Presidents. The two Continental Vice Presidents will be selected by the five (5) other Executive Board members.
- C 3.9 Secretary General – Means the Chief Administrative Officer of IJRU.
- C 3.10 IJRU Rules – means the Constitution and any other rules and regulations adopted.
- C 3.11 IJRU Specialized Committees – means any committee appointed by the Board of Directors for special tasks.
- C 3.12 IJRU Technical Committees – means the IJRU Technical Committees, one for each of the IJRU disciplines.

- C 3.13 Judicial Panel – means the Anti-Doping Panel, the Ethics Panel and Disciplinary Panel.
- C 3.14 Championship Organizing Committee – means the committee responsible for the management of a Competition.
- C 3.15 Recognized Member – means the national organization or representative of a country recognized and affiliated by IJRU in a country or sport country recognized by IJRU.
- C 3.16. Member – means an individual officially affiliated with or joined the Recognized Member on the membership terms.
- C 3.17 National Governing Body (NGB) means an organisation that governs and administers a sport on a national basis as provided by the highest sporting authority in that country.
- C 3.18 National Member Country – means a Recognized Member of IJRU who governs the sport of Jump Rope/Rope Skipping in an individual country
- C 3.19~~6~~ Officers – means any person elected or appointed to any position within IJRU, the Continental Regions, the IJRU recognized Member Countries and/or any person appointed into any position pursuant by IJRU.
- C 3.20~~7~~ Sport Country – means a geographical territory or region which, though not recognized as a country, has certain aspects of self-government at least to the extent in being autonomous in the control of its sports, and is recognized as such by IJRU.
- C 3.21~~8~~ In the Constitution, unless the context otherwise requires, words importing the 2singular number, or the masculine gender shall include the plural number and/or the feminine gender, as the case may be, and vice versa.
- C 3.22 Continental Organizations – means National Member Countries, formed from their respective geographic Continent by IJRU.

C4 HARASSMENT, ABUSE & DISCRIMINATION

- C 4.1 IJRU does not permit any discrimination based on political belief, ideology, religion, language, gender, race, ethnicity, sexual orientation or any other form of unlawful discrimination.
- C 4.2 IJRU is guided in all that it does by the following fundamental principles:
- C 4.2.1 To spread Jump Rope/Rope Skipping as defined in the IJRU Charter in close collaboration with Continental Associations and National Governing Bodies recognized by the IJRU.

- C 4.2.2 To contribute to the education of youth through sport in a spirit of better understanding, friendship, solidarity, and respect for the environment, contributing to the development of a harmonious and more peaceful world.
- C 4.2.3 To defend the right of its Recognized Members and their athletes to participate in all the activities organized under the jurisdiction of IJRU.
- C 4.2.4 To develop innovative and creative ideas and strategies that assist its Recognized Members in their pursuit of ways and means to improve their sport performance and competitive level in regional, continental, and international championships, promoting at all times the participation of women in sport;
- C 4.2.5 To promote cooperation amongst its Recognized Members through research, study of common interests, exchange of information and the defence of IJRU's principles.

~~(Harassment and abuse policy/ standards to be inserted according to the IOC Harassment and Abuse Toolkit Standards) – Currently in Development.~~

~~IJRU anti-harassment policy (to be developed) expresses IJRUs commitment to maintain an organization that is free of harassment, so stakeholders can feel safe. IJRU maintains a zero tolerance policy towards anyone intimidating, humiliating or sabotaging others in our organization or during sanctioned events.~~

~~IJRU prohibits any discrimination based on political belief, ideology, religion, language, gender, race, ethnicity, sexual orientation or any other form of unlawful discrimination.~~

~~IJRU shall not allow any discrimination against national countries or individuals (competitors, officials, judges, delegates) on the grounds of race, gender, religion or political affiliations.~~

C5 OBJECTIVES

- C 5.1 The objectives of IJRU are:
 - C 5.1.1 Promote, grow and encourage development of Jump Rope/Rope Skipping,
 - C 5.1.2 Provide fair and drug free sport environments,
 - C 5.1.3 Promote and encourage the development of international relations,
 - C 5.1.4 Develop and adopt streamlined standardised components, rules and regulations,
 - C 5.1.5 Promote and organize World Championships and other **IJRU** Competitions of **IJRU**,

C 5.1.6 Encourage increased awareness for Jump Rope/ Rope Skipping throughout the world with the support of other interested parties,

C 5.1.7 Carry out such other activities as may be desirable to promote the sport.

C6 LANGUAGE

The official language of IJRU shall be English. The working language shall be English. Any other language may be used in correspondence or debate providing that appropriate translation is provided.

C7 MEMBERSHIP

C 7.1 IJRU have the right to recognize the National Governing Body (NGB) Jump Rope/Rope Skipping in any country or sport country. The recognition of any **Recognized** Member Country will be based on the IJRU Constitution and the decisions of the IJRU Board of Directors. This decision will be ratified by the General Congress at its next full meeting.

C 7.2 Only one (1) **Recognized** Member ~~Country~~ from each country or sport country may be affiliated to IJRU and it shall be recognized by IJRU as the only NGB for Jump Rope/Rope Skipping in such country or sport country. The jurisdiction of a **Recognized** Member shall be limited to the political boundaries of the country or sport country that it represents.

C7.3 The initial **IJRU** Board of Directors ~~of IJRU~~ will ratify NGB membership by seeking majority joint agreement of the FISAC-IRSF and WJRF BODs prior to the 2019 Ordinary General Congress. All future NGB ratification will be in accordance with the IJRU Constitution.

C 7.4 The constitution and rules of a **Recognized** Member must not conflict with the IJRU Rules. Where a conflict exists, ~~the recognized Member shall abide by the existing relevant International Federation FIG, IOC and/or WADA~~ provisions and advise IJRU of such conflict.

C7.4.1 Should an existing **Recognised** Member, who is also recognised by another International Federation, discover that a conflict exists between their existing **rules, constitution or governing documents** and the IJRU rules or constitution, the IJRU BOD will work with all parties to ensure a 'fair and reasonable' process is followed to deliver a suitable outcome for IJRU, the member country and the International Federation without causing undue concerns.

C 7.5 Recognized Members (Full, Provisional and ~~Observational Observer Status~~) must inform the **IJRU** Board of Directors of any change of name and/or Constitution before such changes come into effect. Should an existing **Recognized** Member ~~Country~~ need to make such a change, and this change has already been approved by another International Federation, **which is affiliated with such Recognized** ~~M has recognised~~

~~the Member~~ Country, the IJRU BOD will ensure a 'fair and reasonable' process is followed to seek a suitable outcome for IJRU, the **Recognized** Member ~~Country~~ and the International Federation without causing undue concerns.

~~C 7.6 Country Citizenship/Nationality (under development). This section developed by the after the first IJRU General Assembly including considerations from The Olympic Charter Rule 41 (Nationality of competitors) to provide guidance.~~

C 7.6 Country Citizenship/Nationality. When a competitor represents a country in the Competition, they shall be a citizen, whether by birth or naturalisation, of the nation they represent, provided that naturalised citizen shall have lived in that country for at least twelve (12) months prior to the competition. Competitors, who have more than one nationality according to the laws of the respective nations, must choose one "Sport Nationality". This choice shall be exercised by the first representation of the competitor for one (1) of the eligible countries.

C7.6.1 A competitor who has the nationality of two or more countries at the same time may represent either of them, as they may elect. However, after having represented one country in the IJRU Championships, they may not represent another country unless they meet the conditions that apply to persons who have changed their nationality or acquired a new nationality.

C7.6.2 A competitor who has represented one country in the IJRU Championships; and who has changed their nationality or acquired a new nationality, may participate in the IJRU Competition to represent their new country provided that at least three years have passed since the competitor last represented their former country. This period may be reduced or cancelled, with the joint agreement of both NGBs and the IJRU Board of Directors, which takes into account the circumstances of each case.

C7.6.3 An athlete who seeks to acquire a new nationality requires submitting the necessary documents to fulfil the conditions as set out in this Constitution. (see IJRU Nationality Policy document suite).

C7.6.4 To ensure no IJRU athlete is disadvantaged for the inaugural 2021 IJRU World Championships, the IJRU BOD have adopted an exemption option for athletes who are not citizens of a particular country, but have resided in that country for a period of at least eight (8) months prior to the date of competition commencement. This exemption is by individual written application to the IJRU BOD after satisfying the additional documentation suite referred to in Para C7.6.3). This exemption only applies to 2021 IJRU World Championships and is withdrawn after that competition.

C7.6.5 All matters relating to the determination of the country that a competitor may represent in the IJRU Competition shall be resolved by the IJRU Board of Directors.

C8 MEMBERSHIP LEVELS

- C 8.1** IJRU has the right to recognize National Member Countries in one of the following member categories. In determining the category, the IJRU will take guidance from information provided by the National Olympic Committees (NOCs) or National Sport Authorities (NSAs) when recognizing National Member Countries. Membership may only be granted by the IJRU Board of Directors in accordance with Para C7.1, where no rivalry issues exist within a Member Country.
- C 8.1.1** Full Membership - A recognition status of a Full Member, validated with signed certification and stamped by the NOC and/or NSA. This category has full voting and participation rights as described in C9.
 - C 8.1.2** Provisional Membership – A recognition status of Provision Member granted to be a registered non-profit entity by country standards.
 - C 8.1.3** ~~Observational~~ **Observer** Status: A status allowing new, young National Governing Bodies to grow and develop.

C9 RIGHTS AND DUTIES OF THE RECOGNIZED FULL AND PROVISIONAL MEMBERS

- C 9.1** Recognized Full and Provisional Members Countries are entitled to:
- C 9.1.1** use the services of IJRU,
 - C 9.1.2** take part in the IJRU World Championships, ~~IJRU~~ the Competitions and ~~IJRU~~ Congress,
 - C 9.1.3** be recognized as the Jump Rope/Rope Skipping governing body of its country or Sport Country,
 - C 9.1.4** submit proposals for consideration and/or inclusion in the agenda of the Congress by the IJRU BOD,
 - C 9.1.5** nominate candidates for IJRU Presidency and the Board of Directors in accordance with the ~~IJRU~~ Constitution of the IJRU,
 - C 9.1.6** take part in IJRU assistance and development programs, and
 - C 9.1.7** exercise all other rights arising from the IJRU Constitution.

C 9.2 Recognized Full and Provisional Members Countries are obligated to (where practicable):

- C 9.2.1 seek opportunities to assist and support IJRU in its efforts to achieve its listed objectives,
- C 9.2.2 fully comply with the Constitution and decisions of the IJRU Board of Directors, as well as decisions of Court of Arbitration for Sports (CAS),
- C 9.2.3 pay the annual membership fee in accordance with the timings stipulated,
- C 9.2.4 include within ~~its~~ **their** Constitution a provision that allows out of competition Anti Anti-Doping control by IJRU,
- C 9.2.5 insert in its **their** constitutions, rules and regulations and such provisions as may be required by the IJRU governing documents,
- C 9.2.6 manage ~~its~~ **their** affairs independently and ensure that ~~its~~ **their** own affairs, and ~~its~~ **affairs of their** affiliated members ~~affairs~~, are not influenced by any third parties,
- C 9.2.7 participate in international **Jump Rope** Competitions (where practicable), sanctioned by IJRU, **including but not limited to** ~~especially~~ the IJRU World Championships and other IJRU Competitions.
- C 9.2.8 hold a General Assembly at least every two years commencing after the inaugural IJRU General Assembly ~~(2019)~~ and advise IJRU of the outcomes of the Congress and any recommendations,
- C 9.2.9 hold elections at least every four (4) years in accordance with the **Member National** Country Constitution and notify IJRU of the dates and location of the elections,
- C 9.2.10 In case of any discrepancy between the **National** Member Country constitution and the IJRU Constitution, the **National** Member Country shall abide **by their relevant federation** ~~FIG, IOC and WADA~~ provisions and advise IJRU of such discrepancy, and
- C 9.2.11 ensure that their own members comply with IJRU Rules and the decisions of the IJRU Board of Directors.
- C 9.3 Violation of the above-mentioned obligations by any recognized Full or Provisional Members **Country** may lead to sanctions provided within this Constitution.
- C 9.4 Provisional Members rights and duties in C 9.1 and C 9.2 are subject to revocation by the IJRU Board of Directors after (2) years of membership if Full Membership status has not been achieved. Should Provisional Members not achieve Full Membership status within two years, the Provisional Member will outline how Full Membership can be achieved to the satisfaction of the IJRU BOD. A Provisional Member maintain appeal rights as stated in this Constitution.

C 9.5 ~~Observational~~ **Observer** status members can take part in Congress ~~and General Assemblies~~ but have no voting rights. ~~Observational~~ **Observer** Membership status does not confer any right other than the right to attend the General Assembly as an observer.

C 9.6 The IJRU Board of Directors is competent to define guidelines governing the status of ~~Observational~~ **the Observer** status members. Upon request, the IJRU Board of Directors may grant (and revoke) at any time ~~Observational~~ **Observer** status membership to a **National** Member ~~Country~~. This decision will be ratified by the General Congress at its next full meeting.

C10 APPLICATION FOR MEMBERSHIP

C 10.1 Application for membership shall be submitted to the IJRU Board of Directors with:

C 10.1.1 a statement of the name of the NGB which must reflect the territorial extent, jurisdiction, and sport tradition of that Country or Sport Country,

C 10.1.2 its official address and contact details,

C 10.1.3 a copy of the recognized **National** Member Countries Constitution,

C 10.1.4 a list of its main officers,

C 10.1.5 a list of its active membership summary (i.e., number of clubs, athletes, coaches, officials),

C 10.1.6 a formal affirmation to observe and abide by the IJRU Rules, the World Anti-Doping Code, as well as recognizing the jurisdiction and decisions of CAS,

C 10.1.7 the appropriate membership fee, and

C 10.1.8 any specific information requested by the IJRU BOD.

C 10.2 The IJRU Board of Directors, in accordance with Para C7.1, shall have the power to approve the applicant for membership. If such membership is not accepted, the applicant may appeal this decision to the next ~~General~~ Congress. The decision of the ~~General~~ Congress shall be final.

C 11 TERMINATION OF MEMBERSHIP

C 11.1 Membership in IJRU ends:

C 11.1.1 if the **R**ecognized Member no longer exists,

C 11.1.2 if the **R**ecognized Member withdraws its membership,

C 11.1.3 if the Recognized Member is expelled.

C 11.2 Membership shall continue, subject to the above conditions, unless withdrawn. Any Recognized Member that wants to withdraw its membership in IJRU shall give written notice to the Board of Directors. The membership shall end immediately, but no refund of fees will be made.

C 11.3 The IJRU Board of Directors shall have the power to expel or suspend recognized Member for significant violation of the IJRU Rules in accordance with the Constitution. Members They maintain appeal rights as stated in this Constitution.

C 12 FEES

C 12.1 The annual membership fee, commencing 1 January, for each recognized Membership category of IJRU is due by the end of the first quarter of each calendar year.

C 13 SANCTIONS

C 13.1 Any Recognized ~~Rope Skipping/Jump Rope~~ Member or a Member may be sanctioned.

C 13.1.1 in case of violation of it duties and obligations as described in C.9.1 and C9.2,

C 13.1.2 in case of violation of the IJRU Rules and/or decisions of the Congress and/or decisions of the IJRU Board of Directors or,

C 13.1.3 in case of bringing the sport into disrepute.

C 13.2 Sanctions may be in the form of:

~~C 13.2.1 Warning, fine, suspension, expulsion, cancellation of results, and/or return of awards, medals and/or prizes.~~

~~C 13.2.2 Fine,~~

~~C 13.2.3 Suspension,~~

~~C 13.2.4 Expulsion,~~

~~C 13.2.5 Cancellation of results, and/or~~

~~C 13.2.6 Return of awards, medals, and/or prizes.~~

C 13.3 Before any Recognized Member, or Member or individual is sanctioned, the individual or a representative of the recognized Member must be given the right to appear before the Executive, either in person (via technology) or in writing. The

~~Secretary General shall inform the respective member or individual about this right, in writing, in sufficient time to allow the Member or individual to exercise this right.~~

Before any Recognized Member, or a Member is sanctioned, the Member or a representative of the Recognized Member may request to appear before the Executive, either in person (via Technology, if applicable) or in writing. Such request shall be submitted to the Secretary General, who informs the Executive accordingly. The Recognized Member or the Member shall be notified whether the request is approved allowing sufficient time to exercise this right.

~~C 13.4 — Sanctions shall be imposed by the Executive, except in cases involving violation of IJRU Anti-Doping Control rules, where sanctions shall be applied by the Anti-Doping Panel. In cases involving violation of the IJRU Code of Ethics, sanctions shall be applied by the Disciplinary Panel.~~

C 13.4 Sanctions shall be imposed by the respective body of IJRU authorized to investigate any alleged violation of the governing documents of IJRU, except in cases involving violation of IJRU Anti-Doping Control rules, where sanctions shall be applied by the Anti-Doping Panel.

C 13.5 Any imposed sanction shall be recognized and enforced by other Members or Recognized Members. ~~imposed on a person by IJRU or on a recognized Member shall be recognized and enforced by all Members.~~

C 13.6 Sanctions shall be in force immediately upon the decision ~~being~~ **is** made unless the deciding body rules otherwise.

~~C 13.7 IJRU may take no action with respect to violation of IJRU Rules unless such action is taken within ten (10) years of the event to which it relates. Sexual misconduct, bribery and corruption are not subject to such limitation period. The limitation period, when applicable, shall be prolonged if proceedings are suspended.~~

C 13.7 The Court of Arbitration for Sport (CAS), Lausanne, Switzerland, shall be the venue for an appeal of a decision rendered by a relevant IJRU body, unless otherwise stated in the IJRU governing documents.

C 13.7.1. The CAS shall also have exclusive jurisdiction over interlocutory orders and no other court or tribunal shall have authority to issue interlocutory orders relating to matters before the CAS. Decisions by the CAS shall be binding.

~~C 13.8 Appeals:~~

~~C 13.8.1 — a recognized Member, Member of a recognized Member, or individual sanctioned by the Executive may appeal the decision to the IJRU Board of Directors,~~

~~C 13.8.2 a recognized Member, Member of a recognized Member, or individual sanctioned by the Anti-Doping Panel or the Ethics Panel may appeal the decision directly to CAS;~~

~~C 13.8.3 an appeal shall be submitted by the appealing party to the IJRU Board of Directors within twenty one (21) days from the date of receipt of the decision;~~

~~C 13.8.4 an appeal against a decision by the Executive, the IJRU Anti-Doping Panel, or the Ethics Panel shall be referred to the Court of Arbitration for Sport (CAS), Lausanne, Switzerland. The only appeal from a decision of the Anti-Doping Panel or the Ethics Panel shall be referred to the CAS.~~

~~C 13.8.5 The CAS shall also have exclusive jurisdiction over interlocutory orders and no other court or tribunal shall have authority to issue interlocutory orders relating to matters before the CAS. Decisions by the CAS shall be binding.~~

C 14 THE COMPOSITION OF IJRU

C 14.1 The following entities are established to govern and administer IJRU (in order of priority):

C 14.1.1 The General Congress,

C 14.1.2 The Board of Directors,

C 14.1.3 The Executive,

C 14.1.4 The Technical Committees,

C 14.1.5 The Specialised Committees,

C 14.1.6 The Judicial Panels,

~~C 14.1.7 The Commissions.~~

C 15 CONTINENTAL ORGANIZATIONS

C 15.1 IJRU recognized Member Countries, formed from their respective Continental Organizations recognized by IJRU, provided their statutes comply with the conditions established by IJRU;

C 15.1.1 African (Africa Jump Rope Federation - AJRF),

C 15.1.2 Asia,

C 15.1.3 Pan American (Pan American Jump Rope Federation - PAJRF),

- C 15.1.4 Europe, and
- C 15.1.5 Oceania.
- C 15.2 The Constitution of Continental Organizations must be approved by the IJRU Board of Directors to ensure that it is not in conflict with the IJRU Rules. Any change must be submitted to IJRU for consideration/approval at IJRU discretion (C7.5, C7.6 refers).
 - C 15.2.1 in case of any discrepancy between the Continental Organization Constitution and IJRU Constitution, the IJRU Constitution shall prevail.
- C 15.3 IJRU may in exceptional circumstances authorize a Continental Organization to grant membership to a Country that belongs geographically to another continent and is not affiliated to the Continental Organization on that continent.
- C 15.4 Championships/Games IJRU Approval.
 - C 15.4.1 Continental Organizations must, before announcing dates and place for championships/games, inform IJRU BOD and seek to ensure a timing conflict does not occur with other IJRU events. The IJRU approval shall be based upon the following criteria:
 - A. dates for the championship/games,
 - B. competition programs,
 - C. anti-Doping control organization,
 - D. any modifications of IJRU Rules.
 - C 15.4.2 the approval shall include the conditions and requirements in accordance with the IJRU Rules. All Competitors must comply with IJRU eligibility rules.
- C 15.5 Continental Organizations shall:
 - C 15.5.1 promote the sport of Jump Rope/ Rope Skipping in respective continents and regions in a permanent regular manner;
 - C 15.5.2 work closely with IJRU in every domain to assist in achieving IJRU objectives;
 - C 15.5.3 organize continental, regional and/or international competitions in the respective area of jurisdiction;

- C 15.5.4 where appropriate, form or encourage regional or sub-continental organizations to promote the sport in a manner appropriate to the conditions prevailing in their area of jurisdiction;
- C 15.5.5 foster cooperation with IJRU, and engage in consultative meetings to resolve matters relating to the interests of Continental Organizations and IJRU;
- C 15.5.6 coordinate with IJRU for the promotion of Jump Rope/ Rope Skipping by arranging development programs, courses, clinics, and conferences;
- C 15.5.7 elect respective President and Board of Directors members at least every four (4) years, with nominations for these positions emanating from the respective recognized Member Country.

C 16 GENERAL CONGRESS AND EXTRAORDINARY CONGRESS

- C 16.1 The Congress may be an ~~Ordinary~~ General Congress or an Extraordinary Congress.
 - C 16.1.1 The ~~Ordinary~~ General Congress is the highest authority of IJRU and shall have the power to decide upon matters arising in IJRU.
 - C 16.1.2 The ~~Ordinary~~ General Congress shall be held at least every two (2) years. The Board of Directors shall fix the place and date of the ~~Ordinary~~ General Congress. The ~~Recognized~~ Member ~~Country~~ shall be notified in writing at least two (2) months in advance. The formal agenda shall be made in writing at least one (1) month before the date of the Congress. ~~The quorum of the Ordinary Congress shall be a minimum of at least one-half of the recognized Full and Provisional Member Countries.~~
 - C 16.1.3 An Extraordinary Congress shall be convened by a decision of the Board of Directors at any time, or the Board of Directors shall convene an Extraordinary Congress if one-third of the Recognized Full and/or Provisional Member Countries make such a request in writing, with the request specifying the items for the agenda. An Extraordinary Congress shall be held within three (3) months of receipt of such request. The ~~IJRU~~ Board of Directors will confirm the date, place and the agenda of the Extraordinary Congress. Notification to all Recognized Members ~~Countries~~ including the place, date and the agenda shall be transmitted at least one (1) month before the date of the Extraordinary Congress. The agenda of the Extraordinary Congress shall not be altered.

The quorum shall be at least one-half of the recognized Full and Provisional Member ~~s Countries~~. ~~Should there be no quorum present, the motion shall be deemed to have been lost and shall not be raised again until the next ordinary meeting of the General Congress.~~

C 16.1.4 If a quorum is not achieved, the membership may be adjourned by a majority of the votes represented; however, other than the vote to adjourn, no other business may be transacted.

A. New Meeting Date – When a meeting is adjourned for a failure to achieve quorum, the time period within which the adjourned meeting must be held is no less than five (5) and no more than thirty (30) days from the date when the meeting was first adjourned. No meeting may be adjourned for more than forty-five (45) days.

B. Notice of Adjourned Meeting – When a membership meeting is adjourned to another time or place, notice of the adjourned (new) meeting need not be given if the time and place are announced at the meeting at which the adjournment is taken.

C 16.2 The General Congress of IJRU shall consist of:

C 16.2.1 a maximum of two (2) duly appointed delegates of each Recognized Member **Country**. Notice of the appointment of delegates by Recognized Member **Country**, certified in writing, must be submitted before the start of the Ordinary General Congress or the Extraordinary Congress.

C 16.2.2 each Recognized Member **Country** is entitled to one (1) vote only regardless of the number of its delegates.

C 16.2.3 **all** members of the Board of Directors will not have a vote in the IJRU Congress.

C 16.3 **A** Recognized Member may appoint delegates in accordance with IJRU C16.2.2 to participate and vote in a meeting of the General Congress or the Extraordinary Congress provided that:

C 16.3.1 it has paid all membership fees due to IJRU in accordance to the IJRU Rule C12,

C 16.3.2 it is not suspended in accordance with IJRU Rules.

C 16.4 Recognized Members shall only be represented by delegates. Delegates must be affiliated to the Recognized Member **Country** that they represent. A delegate may represent only one **Recognized** Member **Country**.

C 16.5 Recognized Continental Organizations may appoint up to two (2) representatives who may attend the General Congress as observers.

C 16.6 The IJRU President, in his/her absence the Executive Vice President, shall preside at all General Congress and/or Extraordinary Congress.

C 16.7 The General Congress agenda shall include the following mandatory items:

- C 16.7.1 a declaration that the Congress has been convened and composed in compliance with the IJRU Constitution,
 - C 16.7.2 approval of the agenda,
 - C 16.7.3 address by the President,
 - C 16.7.4 report of the Board of Directors on its activities during the time since the previous General Congress, to be presented by the President,
 - C 16.7.5 a Financial Report by the Treasurer and presentation for approval of the audited Financial Report,
 - C 16.7.6 votes on proposals for adopting and amending the IJRU Constitution, if applicable,
 - C 16.7.7 election of the other remaining Board of Directors members in accordance with IJRU C17.5 and officers in accordance with IJRU C17.6.
- C 16.8 The agenda of the ~~Ordinary~~ General Congress may be altered provided at least three-quarters of the Recognized Members present at the Congress and eligible to vote agree to such a motion.
- C 16.9 Motions, applications and proposals for alteration of, or addition to, the IJRU constitution and rules shall be considered only if submitted by a Recognized Member ~~Country~~ or by the **IJRU** Board of Directors. All motions, applications, and proposals to be considered by the General Congress must be submitted **at least one (1) two (2) calendar months** prior to the Congress and must appear on the agenda given to the Recognized Members eligible to vote.
- C 16.10 Rules and Regulations. The **IJRU** Board may prescribe such rules and regulations, including, without limitation, the election rules, not inconsistent with the constitution, relating to the management and operation as the **IJRU** Board of Directors deems expedient.
- C 16.11 Alteration to the ~~Constitution~~
- C 16.1~~2~~1.1 The constitution of IJRU may be altered from time to time at the General Congress specifically called for the purpose.
 - C 16.1~~2~~1.2 No alteration of the constitution shall be made except by two third majority of the **Recognized** Members entitled to vote at the Congress.
 - C 16.1~~2~~1.3 Any alteration of, or addition to, the constitution agreed upon by the General Congress shall become effective immediately unless otherwise determined at the time of such approval.

C 17 BOARD OF DIRECTORS

C 17.1 The Board of Directors shall consist of:

- C 17.1.1 President - Elected by Congress,
- C 17.1.2 Executive Vice President - Appointed by President (must not be from the same Continental region as President),
- C 17.1.3 Treasurer - Elected by Congress,
- C 17.1.4 Secretary General - Hired by Board of Directors and without vote,
- C 17.1.5 Legal Representative - Appointed by President,
- C 17.1.6 Athlete Council Representatives - Elected by athletes of IJRU as per the election procedure ~~at the IJRU Championship event~~, and
- C 17.1.7 Continental Presidents plus two (2) at Large Members from each continent as listed in C 15. Elected by respective Continental Members.
 - A. The President of each Continental Federation shall assume the position of Vice - President IJRU and also be co-opted voting members of the Board of Directors. If in the position of Vice - President, a vacancy exists, the Board of Directors reserves the right to eliminate temporary the position and fill the vacancy with a Member at Large position for the remainder of the term or until a Continental President is elected to fill the vacancy. As it can with any other vacancy on the Board, the Board of Directors reserves the right to appoint a Member at Large from the general membership, a person with the qualifications they feel best would further benefit and enhance the functioning of the Board.

~~C 17.2 Members of the Board of Directors are not personally liable for the debts and obligations of IJRU.~~

C 17.32 The voting members of the Board of Directors shall be elected or confirmed by the General Congress. All the Board of Director members, shall be of different countries or Sport Countries. Persons not actually in attendance may be elected if a written declaration of consent is presented.

C 17.43 The newly elected Board of Directors shall take office at the conclusion of the IJRU World Championships.

C 17.54 The Board of Directors shall consist of twenty-two (22) officers elected for a defined term (either two (2) or four (4) years) at the General Congress in 2022. Fifty percent (50%) of the Continental Representatives shall be elected for two (2) years. Officers shall be elected and retire in rotation. Prior to the 2022 elections, the IJRU Board of

Directors will decide and promulgate which Board of Directors officer/s will be elected for two (2) and/or four (years).

C 17.54.1 Fifteen (15) members shall be approved by the General Congress in accordance with the elections of their respective Continental Organisations and the following geographical representation:

- A. three (3) from Africa,
- B. three (3) from America,
- C. three (3) from Asia,
- D. three (3) from Europe, and
- E. three (3) from Oceania.

C 17.5.2 The Continental Organisations shall inform the Secretary General in writing of the names of their candidates at least one (1) month in advance. Only candidates proposed by the respective Continental Organisations can be presented for vote in the General Congress provided they have been previously approved by the **Recognized** Member **Country** of which those candidates are citizens of their respective country or sport country.

C 17.65 The General Congress shall elect from among the voting Board of Directors members elected in accordance with C 17.5.1:

C 17.6.1 the President;

- A. Candidates for President shall be nominated in writing to the Secretary General at the latest two (2) months before the General Congress. The Secretary General shall notify to all **IJRU Recognized** Members and Continental Organisations the candidates for President at least one (1) month prior to the General Congress.

C 17.6.2 the Executive Vice President;

- A. Candidate shall be appointed by the President and cannot be from the same continental region as the President. This position will be placed after the President is elected and advised by the Secretary General to all **Recognized** Members.

C 17.6.3 the Treasurer;

- A. Candidates for the Treasurer shall be nominated in writing to the Secretary General at least two (2) months before the General Congress. The Secretary General shall notify all **IJRU Recognized**

Members and Continental Organisations the candidates for the Treasurer at least one (1) month prior to the General Congress.

C 17.7 The Executive shall consist of the President, Executive Vice President, Treasurer, Legal Representative, Secretary General and two (2) Continental Vice Presidents elected by the five (5) continental representative board members at the first board meeting in the presidential election year.

C 17.7.1 The Executive will be responsible for:

- A. Monitoring outcomes and performances with respect to the annual business plan and the long-term strategic plans defined and approved by the Board of Directors;
- B. Being the interface between the Board of Directors and the management of IJRU, in particular the Secretary General and the IJRU Office and the management, in dealing with critical issues which may impact on the outcomes of the strategy defined by the Board of Directors;
- C. Dealing with matters requiring immediate attention between meetings of the Board of Directors;
- D. Issuing decisions on the application of IJRU Rules, in cases which are not delegated to a specific body (e.g. presently the Anti-Doping Panel, the Disciplinary Panel or the Ethics Panel).

C 17.7.2 The President may, from time to time, request persons with knowledge in special areas to attend meetings with the Executive.

C 17.7.3 The Executive shall meet on request by the President, when there are items of such importance that cannot be solved by the President alone.

C 17.7.4 The Secretary General shall attend all the meetings without vote.

C 17.8 A majority of Members with voting rights shall form a quorum at any meeting of the Board of Directors. The members of the Board of Directors shall serve until their successors are elected and take office.

C 17.9 The Board of Directors members can be elected for a maximum of three (3) full terms. The President can be elected for a maximum of three (3) full terms as President irrespective of terms served before as Board of Directors member.

C 17.10 Any vacancy in the office of President shall be filled by the Executive Vice President until election of a new President for the remaining term at the IJRU Congress. The Board of Directors shall decide within two (2) months of the office of the President becoming vacant on the place and date of the Congress which will elect the new President. Otherwise, the Board of Directors shall have the authority to fill any

vacancy, until the next General Congress, which occurs through death or resignation of any member of the Board of Directors elected in accordance with IJRU Rule C 17.3, subject to compliance with the appropriate geographical representation set out in IJRU Rule C 17.5 and in consultation with the respective Continental Organisation

- C 17.11 Where a Board of Directors member has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership. The Board of Directors may then fill the vacancy in accordance with this Constitution.
- C 17.12 Roles and duties of the Board of Directors shall include the following:
- C 17.12.1 to discuss and make decisions on all matters assigned to them by the Congresses,
 - C 17.12.2 to interpret and enforce the IJRU Rules,
 - C 17.12.3 to decide and take action on any matter pertaining to the affairs of IJRU,
 - C 17.12.4 to submit proposals to the General Congress,
 - C 17.12.5 to decide on and publish administrative by-laws, including time and manner of payment of any financial obligations,
 - C 17.12.6 to decide on and publish regulations for IJRU Tournaments,
 - C 17.12.7 to decide on IJRU awards,
 - C 17.12.8 to make decisions in case of emergency,
 - C 17.12.9 to establish rules of order for the meetings of the General Congress, Technical Congress, Board of Directors, Committees, etc., provided that they will not be in opposition to the IJRU Constitution,
 - C 17.12.10 to determine the dates and sites of World Championships and other IJRU competitions and to organise and control Jump Rope/Rope Skipping competitions at the World Championships, and other IJRU Tournament
 - C 17.12.11 to appoint and instruct the IJRU Committees in accordance with IJRU Rules,
 - C 17.12.12 to appoint delegates to the World Championships, other IJRU competitions, and other international competitions. The Organising Committee must guarantee proper accreditation. The responsibilities of the delegates are to observe the organisation and to report back to the Board of Directors.

- C 17.12.13 to appoint the Secretary General on proposal of the President. The Secretary General shall attend all IJRU meetings. The Secretary General shall be an ex officio member of the Board of Directors without vote. The Secretary General shall manage the IJRU Office
- C 17.12.14 to define IJRU's mission, strategic direction, policies and values, in particular, with regard to the organisation and development of Jump Rope/ Rope Skipping sports at worldwide level and all related matter
- C 17.12.15 to oversee the overall management of IJRU by the Secretary General,
- C 17.12.16 to recommend the budget and annual audited financial statement, including the consolidated financial statement, prepared by the Finance Committee and the annual report to be submitted to the IJRU Congress for approval,
- C 17.12.17 to appoint the chairpersons, deputy chairpersons and members of the committees with the exception of those who are elected by the Congress, in accordance with the Constitution, as well as to control their activities,
- C 17.12.18 to propose to the Congress for election of the chairpersons and members of the Ethics Panel and the Audit Committee,
- C 17.13 The Board of Directors may act in accordance with the intent of this Constitution and make decisions and amendments to the Rules, Code of Ethics, Facilities Rules, Medical Rules and Anti-Doping Control Rules and have those decisions presented to the next General Congress for ratification.

C 18 ROLES AND DUTIES

- C 18.1 The principal elected officer of IJRU shall be the President.
- C 18.2 The President shall inter alia have the following roles and duties:
 - C 18.2.1 to preside at all meetings of the Congresses, the Board of Directors and the Executive,
 - C 18.2.2 to represent IJRU in all dealings with the International Olympic Committee (IOC) and the Association of Summer Olympic International Federations (ASOIF) and any other relevant international organizations
 - C 18.2.3 to evaluate the performance of the Secretary General and make an annual report in this regard,
 - C 18.2.4 to be an ex officio member of all IJRU Committees and **commissions Judicial Panels**,

C 18.2.5 to create any task force, ~~or~~ working group or **Specialised Committee** deemed necessary to address any urgent situation,

C 18.2.6 to maintain relations with the Continental Organisations, **Recognized** Members, IJRU Committees and **Judicial Panels Commissions**.

C 18.3 The Executive Vice President shall have the following roles and duties:

C 18.3.1 In the absence of the President conduct the Congresses and Board of Directors meetings with all the rights and duties,

C 18.3.2 represent IJRU in the absence of the President at IJRU Competitions, ceremonies or other activities requiring the presence of the highest IJRU authority.

C 18.4 The Treasurer shall have the following roles and duties:

C 18.4.1 chair the Finance Committee,

C 18.4.2 fulfill the obligations as specified in IJRU Rule C23,

C 18.4.3 be responsible for the financial planning of IJRU,

C 18.4.4 supervise the current amount of income and expenditure, and

C 18.4.5 draw up the general four-year and detailed yearly budget together with the President and the IJRU Finance Committee.

C 18.5 The IJRU Office shall carry out all the administrative work of IJRU under the direction of the Secretary General, in accordance with the policies of the Executive

C 18.6 The Secretary General shall be responsible for:

C 18.6.1 implementing decisions passed by the Congresses, the Board of Directors and the Executive in compliance with the President's directive.

C 18.6.2 properly managing and keeping the accounts of IJRU under the supervision of the Treasurer;

C 18.6.3 negotiating or overseeing the negotiation of all major contracts on behalf of IJRU in consultation with the members of the Executive;

C 18.6.4 compiling the minutes for the meetings of the Congress, Board of Directors and Executive;

C 18.6.5 IJRU's correspondence;

C 18.6.6 overseeing of the operations of the IJRU Office and, where appropriate, taking such measures as may be deemed necessary for the proper

administration of IJRU. The Secretary General shall periodically report to the Board of Directors in this regard;

- C 18.6.7 the appointment and dismissal of staff working in the IJRU Office in consultation with the President; and
- C 18.6.8 signing on behalf of any IJRU Committee, provided that no other ruling exists in the respective regulations;
- C 18.6.9 setting the agenda of the IJRU Committees in coordination with the respective Chairs of the Committees.
- C 18.7 The Vice-President representing the Continental Organisations shall be responsible for:
 - C 18.7.1 ensuring the coordination between their Continental Organisation and the Executive and IJRU Office with respect to all Jump Rope/ Rope Skipping activities within their continents,
 - C 18.7.2 assisting the Executive and the IJRU Office to implement the goals of IJRU with the Continental Organisations and with the Members from the respective continents, and
 - C 18.7.3 assisting the President in his or her duties as may be requested from time to time by the President.
- C 18.8. Initial Board of Directors and Officers. The first Board of Directors of the IJRU whose term of office on the Board shall continue until their successors are elected at the 2022 IJRU Congress. If any of the initial Board of Directors and/or officers appointed ceases to be a Director before the Congress, then the vacancy shall be filled in accordance with this Constitution.
- C 18.9 Placement/Election of the Initial Board of Directors and Officers. The first Board of Directors will be placed, not elected, by joint majority decision of the existing Board of Directors of both FISAC-IRSF and WJRF at formation. All positions will be agreed by joint decision. The initial Board of Directors will be seated at the 2019 Inaugural Congress. The decision to place the Initial Board of Directors will permit consolidation for the first few years of IJRU and allow the Board sufficient time to settle the new Organisation.
- C 18.9 Any Director(s) knowingly in a conflict of interest position shall declare that conflict of interest and shall not take part in any vote on the conflict of interest matter. If any Director feels another Director is in a conflict of interest position, the matter can be brought up for discussion and resolved by a majority vote of the Directors.
- C 18.10 The Directors shall serve as such without remuneration and no Director shall directly or indirectly receive any profit from such Director's position as such; provided that a Director may be paid reasonable expenses incurred by such Director in the

performance of such Director's duties, including reasonable costs and expenses incurred by a Director in attending at meetings of the Board. Nothing herein contained shall be construed to preclude any Director from serving the organisation as an Officer or in any other capacity and receiving compensation therefore.

- C 18.11 The Board may, on behalf of IJRU appoint such agents, attorneys, consultants and professional advisors and engage such employees as it shall deem necessary from time to time and such persons shall have such authority and shall perform such duties as shall be prescribed by the Board. The Board may delegate this function to an Officer or Officers or a committee of the Board.

C 19 MEETINGS AND DECISION-MAKING

- C 19.1 The Board of Directors shall meet at least two (2) times in each year.
- C 19.2 The President shall convene ~~a~~ **the** meeting of the Board of Directors **providing** at least ~~twenty-one (21)~~ **seven (7)** days **notification** in advance by email, stating the date, time and place of the meeting, as well the items of the agenda.
- C 19.3 If at least two-thirds of the Board of Directors requests a meeting, the President shall convene the meeting.
- C 19.4 The President, as the chairman of the Board of Directors shall conduct all ~~the~~ meetings in accordance with the IJRU Constitution. She/he shall open and close the debates and shall give the floor to Board of Directors Member and Recognized Members **Countries**.
- C 19.5 If a vote is needed on any matter, a majority of valid votes cast is required for a decision to be adopted. Each Member of the Board of Directors has one (1) vote, and in the Congresses, each Recognized Member **Country** has one (1) vote.
- C 19.6 The minutes of every Congress and Board of Directors meeting shall be recorded by the Secretary General. Should the Secretary General be unavailable, the Executive Vice-President shall take over the responsibilities. The minutes shall as a general rule be signed by the Secretary General.
- C 19.7 Electronic Meetings.** Meetings of Members, both Board of Directors and Congress may be held, in whole or in part, by electronic means which permit all persons participating in the meeting to communicate adequately with each other, and to which all Members have equal access.
- C 19.7.1** A Recognized Member participating in such meeting is deemed to be present at the meeting, including for the purpose of determining quorum. IJRU shall be entitled to rely on the Recognized Member's phone number and contact details provided by the NGB registration and use best efforts to ensure that such communication facilities are kept secure and available.

C 19.7.2 Votes on any issue considered by Recognized Members participating electronically shall be conducted electronically under the direction of the Secretary General in such a manner as to permit the Recognized Members to communicate adequately with each other and to which all have equal access.

C 19.7.3 If the electronic means of communication is not reasonably secure, or available to all Recognized Members, as determined by the President of the meeting at their sole discretion, then the electronic meeting process shall not be followed.

C 19.7.4 Meetings of the General Assembly are expected to be managed with physical attendance required. Meetings for the Board of Directors or Extraordinary General Assembly are expected to be held virtually.

C 19.7.5 Where significant or extenuating circumstances prevent a physical General Assembly from being held, the BOD will approve a virtual General Assembly to be held where other elements of this constitution are observed.

C 19.7.6 Any request for non attendance shall be treated as a special exemption and are addressed to the IJRU BOD by written submission.

C20 COMMITTEES

C 20.1 IJRU Technical Committees are established as standing and ongoing bodies. IJRU Commissions are established for a special purpose and timeframe to deliver pre-defined outcomes.

C 20.1 IJRU shall have Technical Committees, Specialised Committees and Judicial Panels ~~and Commissions~~.

C 20.1.1 The Technical Committees are:

- A. Single Rope Technical Committee consisting of 5 members,
- B. Double Dutch Technical Committee consisting of 5 members,
- C. Judges and Competition Officials Technical Committee consisting of 5 members, and
- D. Innovation Committee consisting of 5 members.

C 20.1.2 The Technical Committees will report to the Technical Congress consisting of **two** (2) delegates provided by each Full or Provisional Member ~~country~~.

C 20.1.3 All rule changes, **or proposals for rule changes**, made by the Technical Committees will be presented to the Technical Congress for **approval recommendation prior to submission to the IJRU BOD and IJRU General Congress for approval.**

C 20.1.4 The Technical Congress must provide a **simple** majority **approval recommendation** for a change to be implemented.

C 20.1.5~~2~~ The Specialised Committees are:

- A. Audit and Compliance Committee consisting of up to **six** (6) members,
- B. Finance Committee consisting of up to **four** (4) members,
- C. Championship Organizing Committee consisting of up to **seven** (7) members,
- D. Medical Committee consisting of **six** (6) members,
- E. Athletes' Council consisting **of up to ~~six~~ twelve (6)12 members, (elected at by athletes) with up to six (6) additional active athletes appointed by the IJRU President,**
- F. Development Committee consisting of up to 5 members,
- G. Marketing Committee consisting of up to 4 members,
- H. Legal Committee consisting of up to 3 members.

C 20.1.6~~3~~ The Judicial Panels are:

- A. Anti-Doping Panel consisting of 6 members,
- B. Ethics Panel consisting of 6 members,
- C. Disciplinary Panel consisting of 6 members.

C 20.2 The members of the Technical Committees and the Specialised Committees shall be appointed by the **IJRU** Board of Directors at its first meeting, subject to the approval of the **Recognized** Members **Country** to which each appointee is affiliated. Members appointed for a committee shall be from different Member Countries. Notwithstanding the foregoing, the **IJRU** Board of Directors, whenever it deems necessary, may appoint to the Specialised Committees additional experts in the area for which this committee has been established.

C 20.3 IJRU Committee members shall serve at the discretion of the Board of Directors and may be appointed for such number of successive terms as considered appropriate

by the Board of Directors. The chair of each of the Technical and the Specialised Committees, except for the Medical Committee, shall be appointed for a maximum of three (3) terms.

- C 20.4 Members may nominate persons for consideration for appointment to an IJRU Committee by providing notice of such nomination in writing, signed by the President of such Member, to IJRU one (1) month prior to the commencement of the General Congress.
- C 20.5 Nominated persons shall be:
- C 20.5.1 in the case of a Technical Committee, those who are recognised experts in the respective discipline, capable of, and interested in, actively and regularly attending the meetings of such Technical Committee;
 - C 20.5.2 in the case of the Medical Committee, those who are qualified sports medicine physicians in active practice or academic positions with experience with athletes and are capable of, and interested in, actively and regularly attending the meetings of the Medical Committee; and
 - C 20.5.3 in the case of any other IJRU Committees, those who are knowledgeable in and skilled in the area for which the committee has been established, capable of, and interested in, actively and regularly attending the meetings of such committee
- C 20.6 From the members appointed to the Technical Committees, the Athletes' Council, and the Medical Committee, the Board of Directors shall appoint a Chair, a Vice-Chair and an Honorary Secretary for each such IJRU Committee. ~~and such individuals, together with the Board of Director Liaison (as defined in IJRU Rule C 20.11), shall be known as the "Commission" for the respective IJRU Committee.~~
- C 20.7 The Committees shall meet whenever there is business to be transacted, all **decisions made during** meetings being subject to the approval of the Board of Directors.
- C 20.8 The absolute majority of members (50% plus one member) shall form a quorum at any meeting of an IJRU Committee.
- C 20.9 Where a member of any Committee has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership. The Board of Directors shall then fill the vacancy.
- C 20.10 The Board of Directors shall have the authority to fill any vacancy that occurs through death, resignation or removal of any member of the Technical Committee, Specialised Committee or Judicial Panel.

- C 20.11 For any IJRU Committee, the Board of Directors may appoint a Board of Directors member who shall serve as ex officio to the IJRU Committee and ensure necessary communication between the Board of Directors and the committee. This person shall be known as the Board of Directors Liaison. The Board of Directors Liaison shall have the obligation of participating in the committee's meetings and discussions and fairly and accurately representing the activities and decisions of the committee to the Board of Directors. The Board of Directors Liaison shall be an advocate for the committee regardless of his or her personal views.
- C 20.12 For the purposes of membership on the Athletes Council, all athletes on the Council must have competed at the World Championships for their country. In addition, each athlete must be a current athlete in the sport or be within 12 years of the date of their last competition at a World Championships (FISAC-IRSF, WJRF or IJRU). Athletes appointed to the Athletes Council must represent all Jump Rope/Rope Skipping disciplines and all geographical regions. The chairs of the Athletes Council shall be proposed by the President and confirmed by the Board of Directors.

C 21 POWERS AND DUTIES OF THE TECHNICAL COMMITTEES

The powers and duties of the Technical Committees are:

- C 21.1 To analyse the requirement for improvements of the Technical Rules for Single Rope and Double Dutch, as applicable, and to consider corresponding proposals received from any Member. When the Technical Committee decides on a proposal for amendments or changes to the Technical Rules, the decision by vote should be made with at least two thirds (2/3) positive vote of the participants on the respective Technical Committee Meeting. The Technical Committee submits in these cases recommendations to the Board of Directors for final approval.
- C 21.2 To consider and decide upon any matter affecting their particular responsibility, which may be referred to them by the Board of Directors or the Congress,
- C 21.3 To appoint sub committees, if required, to investigate, study, and recommend to the parent committee any matters referred to such subcommittee. The members of a subcommittee may be persons selected from outside the parent committee membership,
- C 21.4 To investigate, study, and recommend on matters dealing with standard equipment and specifications for international competitions,
- C 21.5 To evaluate and make recommendations regarding candidates, nominated by Members, for the title of international judge or competition officials,
- C 21.6 To appoint one or more of its members to report on the qualifications of any person recommended as an international judge or competition officials and to report periodically on the continued qualifications of judge or competition officials on the existing list,

- C 21.7 To receive and report to the Board of Directors any complaint made by judges or competition officials regarding misconduct of individuals in international competitions and to make recommendation thereon,
- C 21.8 To take part in the technical preparations and in the conduct of the competitions in their discipline at the World Championships and other IJRU competitions,
- C 21.9 The Board of Directors shall ensure participation of the committees in the preparation of the meetings of the Board of Directors with regard to such tasks that fall within their areas of responsibility. For that purpose, they shall have the right to submit reports, suggestions, recommendations and comments. The Chair or authorised members of the Committee may be heard at the meeting of the Board of Directors on the respective issue.
- C 21.10 To control all technical equipment and installations prior to and during an event,
- C 21.11 To make rosters for officials, and
- C 21.12 To investigate cases of protest as preparation any Appeal.

C 22 POWERS AND DUTIES OF THE SPECIALISED COMMITTEES AND PANELS

- C 22.1 The composition, specific duties and powers of the individual committees shall be stipulated in special organisation regulations.
- C 22.2 Each IJRU Committee may propose amendments to its regulations to the Board of Directors.
- C 22.3 Medical Committee
 - C 22.3.1 The Medical Committee shall deal with all medical aspects of all Jump Rope/Rope Skipping disciplines.
 - C 22.3.2 The powers and duties of the Medical Committee are:
 - A. To be determined in conjunction with initial membership of Specialised Committees after the inaugural General Assembly.
- C 22.4 Finance Committee
 - ~~C 22.4.1 The Finance Committee shall be proposed by the President and approved by the Board of Directors. The Finance Committee shall be chaired by the Treasurer and may include such other members as the Board of Directors may deem particularly suited to contribute to oversight of the financial affairs of IJRU by virtue of their relevant financial expertise and experience.~~

~~C 22.4.2 The Finance Committee shall:~~

- ~~A. set a global compensation and benefits policy within IJRU;~~
- ~~B. evaluate the performance of the top management of IJRU compared with agreed goals and objectives and review the total compensation of the top management of IJRU.~~

C 22.4.1 The Finance Committee roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD.

C 22.5 Audit and Compliance Committee

- C 22.5.1 The IJRU Audit Committee shall consist of six (6) persons elected by the Congress based on the recommendation of the Board of Directors. The members shall be experts in auditing and financial statement matters. The Audit Committee shall be fully independent to be able to carry out its assurance role effectively.
- C 22.5.2 The powers and duties of the Audit and Compliance Committee are to:
 - A. execute efficient financial controls and review the financial statements, budget and the external auditors' report;
 - ~~B. assist the governing bodies in monitoring IJRU's financial and compliance matters;~~
 - C. liaise with external auditors;
 - D. conduct risk management;
 - E. review the quality of the internal control system.

C 22.6 Athlete Council

- ~~C 22.6.1 The Athletes Council is elected by the Athletes at the occasion of the IJRU World Championship. Their term shall last four (4) years from the day of the appointment to the closing ceremony of the IJRU World Championship.~~
- ~~C 22.6.2 For the proposed candidates of membership on the Athletes Committee, all athletes on the Committee must have competed at the World Championships for their country. In addition, each athlete must be a current athlete in the sport or be within twelve (12) years of the date of their last competition at a World Championship.~~
- ~~C 22.6.3 The candidates for membership for the Athletes Council must be proposed by the Athletes themselves at the occasion of the World~~

~~Championship. Only one athlete from a recognized Member Country can be elected as a Member of the Athletes Council. If more than one candidate from the recognized Member Country, the candidate who received the highest number of votes will be elected.~~

~~C 22.6.4 The Athletes Council will appoint two (2) Members, one (1) male, one (1) female to be delegates at the IJRU General Congress and Board of Directors with the right to vote.~~

~~C 22.6.5 The powers and duties of the Athletes Council are to:~~

- ~~A. Bring input of athletes' experience to the organization of IJRU World Championships,~~
- ~~B. With the occasion of IJRU World Championships, to be in contact with participating athletes and bring forward their suggestions and remarks, IJRU Constitution Version 1.6 dated 10 July 2019 29~~
- ~~C. Actively represent the athletes, and provide a mechanism of engagement and communication back to Member Countries on Athlete Council business and proposed outcomes via the Technical Committee.~~

C 22.6.1 The Athlete Council roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD.

C 22.7 Legal Committee

C 22.7.1 The Legal committee shall be chaired by the Legal Representative.

C 22.7.2 The powers and duties of the Legal Committee are to:

- A. provide legal expertise to the Board of Directors and to give recommendations regarding legal matters whenever needed
- B. assist the Board of Directors in drafting amendments to the Constitution
- C. conduct administrative reviews regarding potential violations referred to the Legal Committee
- D. advise, if necessary, on matters referred to CAS by IJRU
- E. advise, if necessary, on agreements between IJRU and third parties

C 22.8 Anti-Doping Panel

- C 22.8.1 The Anti-Doping Panel shall consist of six (6) persons. No two members of the Anti-Doping Panel shall be from the same country or Sport Country. Members of the Anti-Doping Panel shall serve for a period of four (4) years, or until their successors are appointed.
- C 22.8.2 Members shall nominate persons for consideration for appointment to the Anti-Doping Panel by providing notice of such nomination in writing, signed by the President of the Member, to the Secretary General at least one (1) month prior to the commencement of the General Congress.
- C 22.8.3 Members shall nominate persons for consideration for appointment to the Anti-Doping Panel who are known for their ability, their impartiality and their knowledge about the IJRU Rules as well as their experience of sport in general and the Jump Rope/Rope Skipping sports in particular. They shall also have legal training, experience and knowledge of Anti-Doping matters.
- C 22.8.4 Members of the Anti-Doping Panel shall be appointed by the Board of Directors at its first meeting following its election. The appointment of the members of the Anti-Doping Panel shall be made in accordance with applications received from individuals nominated by the Member to which they are affiliated.
- C 22.8.5 Members of the Anti-Doping Panel may be appointed for such number of successive terms as considered appropriate by the Board of Directors.
- C 22.8.6 On the proposal by the President, the Board of Directors shall appoint one of the members of the Anti-Doping Panel to be Chair.
- C 22.8.7 A person may not serve on the Anti-Doping Panel if he or she:
- A. is a member of the Board of Directors, a Technical Committee, Specialised Committee or other Judicial Panel; or
 - B. cannot speak English.
- C 22.8.8 The Anti-Doping Panel shall conduct hearings and impose sanctions pursuant to IJRU Anti-Doping Control Rules.
- C 22.8.9 Whenever necessary the Chair of the Anti-Doping Panel shall appoint one or more persons from the Anti-Doping Panel to adjudicate all matters before it. No member of the Anti-Doping Panel shall be appointed to hear a specific case when he or she is a citizen of the country of the individual or organisation suspected of violating IJRU Rules; the Chair of the Anti-

Doping Panel may also determine situations in which a Panel member should not be appointed due to other potential conflicts.

C 22.9 Ethics Panel

C 22.9.1 The Ethics Panel roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD.

~~C 22.9.1 The Ethics Panel shall consist of up to six members elected by the General Congress for a term of four (4) years on a proposal of the Board of Directors. The President shall appoint the chairperson of the Ethics Panel from amongst its members.~~

~~C 22.9.2 Members of the Ethics Panel may be elected for a maximum of three (3) terms.~~

~~C 22.9.3 If a member of the IJRU Ethics Panel should die or resign or become vacant, a replacement shall be decided by the IJRU Board of Directors until the next elections of the IJRU Ethics Panel.~~

~~C 22.9.4 The matters are transferred to the Ethics Panel by the IJRU Board of Directors.~~

~~C 23.9.5 At least up to three additional members of the Ethics Panel (as determined by the Chairperson) shall be appointed as required on a case by case basis, to investigate, hear and determine any matter.~~

~~C 22.9.6 The Ethics Panel shall investigate and determine any alleged violation of the IJRU Code of Ethics and to impose sanctions, as may be needed.~~

~~C 22.9.7 The IJRU Ethics Panel shall act in accordance with the principles of natural justice and shall determine its own procedure.~~

~~C 22.9.8 For any violation of the IJRU Code of Ethics, the IJRU Ethics Panel may impose any one or more of the following sanctions:~~

~~A. a warning or reprimand,~~

~~B. a suspension for a fixed period of up to four (4) years from holding office or other position held by an Official and/or until a specified set of conditions have been met to the satisfaction of the IJRU Ethics Panel,~~

~~C. a return of any IJRU award,~~

~~D. a ban for a fixed period of up to a lifetime from taking part in any Jump Rope related activity,~~

~~E. — a recommendation to the IJRU Board of Directors of the need for notification of the matter to the appropriate law enforcement authorities.~~

~~C 22.9.9 — The Ethics Panel shall receive nominations and curriculum vitae of the candidates from the recognized National Countries for all positions on the Board of Directors, and IJRU Committees and Judicial Panels and make decisions on those nominations based on objective eligibility criteria for each position as determined by the Ethics Panel.~~

C 22.9.10 Nomination and Election Procedure: **The Ethics Panel roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD. This charter incorporates all nomination and election procedures.**

~~A. — For all positions, all recognized National Countries shall be notified of the deadline for submission of nominations.~~

~~B. — Nominations should be circulated to the members of the Ethics Panel.~~

~~C. — For all applications, the Ethic Panel then screens each candidate to ensure his or her compliance with the objective eligibility criteria for each position.~~

~~D. — The Ethics Panel will then make a decision in terms of those candidates who meet the criteria and comment with regard to any candidate who does not meet the criteria.~~

~~E. — Ethics Panel will administer all IJRU elections according to this Constitution.~~

C 22.10 Disciplinary Panel

C 22.10.1 The Disciplinary Panel shall consist of up to (6) persons. No two members of Disciplinary Panel shall be from the same country or Sport Country. Members of the Disciplinary Panel shall serve for a period of four (4) years or until their successors are appointed.

C 22.10.2 At least three (3) members of the Disciplinary Panel shall also have legal training and experience. Members of the Disciplinary Panel shall be appointed by the Board of Directors at its first meeting following its election. On the proposal by the President, the Board of Directors shall appoint one of the members of the Disciplinary Panel to be Chair.

C 22.10.3 The Chair of the Disciplinary Panel shall appoint three (3) persons from the Disciplinary Panel of whom at least one (1) shall have legal training to adjudicate all matters before it. In cases where the Chair of the Disciplinary Panel and the other party respectively the other parties

agree, a sole member of the Disciplinary Panel may hear and decide the matter, such member must have legal training. No member of the Disciplinary Panel shall be appointed to a specific case when he or she is a citizen of the country of the competition suspected of violating IJRU Rules.

C 22.10.4 The Disciplinary Panel shall conduct hearings and impose sanctions in all disciplinary cases originating from violations of any IJRU Rules (except matters regarding Anti-Doping control IJRU Rule C 13.5) referred to it by the Executive. The sanctions determined by the Disciplinary Panel are limited to those described in C 13.2 of the IJRU Constitution.

C 22.10.5 The hearings of the Disciplinary Panel shall respect the following principles:

- A. A timely hearing,
- B. A fair and impartial hearing body,
- C. The right to be represented by counsel at the hearing, with no expense to IJRU,
- D. The right to be fairly and timely informed of the rule violation,
- E. The right to respond to the rule violation and resulting consequences,
- F. The right of each party to present evidence, including the right to call and question witnesses (subject to the hearing body's discretion to accept testimony by telephone or written submission),
- G. The right to an interpreter at the hearing, at no expense to IJRU, and
- H. The right to a timely, written, reasoned decision; specifically, including an explanation of the reason(s) for any period of suspension.

C 22.11 Championship Organising Committee

C 22.11.1 The Championship Organising Committee composition, specific duties and powers shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Assembly.

C 22.12 Development Committee

C 22.12.1 The Development Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Assembly.

C 22.13 Marketing Committee

C 22.13.1 The Marketing Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Assembly.

C 22.14 Judges and Competition Officials Technical Committee

C 22.14.1 Judges and Competition Officials Technical Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Assembly.

C 22.15 Tech and Innovation Committee

C 22.15.1 The Tech and Innovation Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Assembly.

C 23 FINANCIAL MONITORING AND CONTROL

C 23.1 The fiscal year of IJRU is the calendar year. The annual statements of accounts shall be audited by a certified public accountant approved by the Board of Directors and the audit shall be published on the IJRU website no later than 30 April.

C 23.2 The General Congress shall approve the audited statement of accounts.

C 23.3 The annual budget of IJRU shall be prepared under the supervision of the Treasurer and reviewed by the Finance Committee and Audit and Compliance Committee. The Board of Directors shall approve this budget every year no later than 30 April.

C 23.4 The Chief Internal Audit Officer shall be appointed by the Board of Directors for period of four (4) years. The Chief Internal Audit Officer shall not be from the same member as the Honorary Treasurer and shall report directly to the Audit and Compliance Committee.

C 23.5 The Chief Internal Audit Officer shall have the following functions:

C 23.5.1 Study the effectiveness and adequacy of the internal control system of IJRU,

- C 23.5.2 Review the compliance with the IJRU Rules and other applicable regulations and laws, and prepare reports in the respect for the attention of the Audit and Compliance Committee,
- C 23.5.3 Understand the scope of review by external auditors of controls over financial reporting and obtain reports on significant findings and recommendations,
- C 23.5.4 Recommend and oversee the establishment and functioning of an internal audit procedure.

C 24 ARBITRATION

- C 24.1 Disputes between IJRU and any of its recognized Members or members of the recognized Members, individual members of the recognized Members or between Members of IJRU that are not resolved by a IJRU Board of Directors decision may be referred for arbitration by either of the involved parties to the Court of Arbitration for Sports (CAS) within 21 days of the decision of different IJRU bodies if they cannot be resolved within IJRU Specialist Committees. The appealing party must have a direct interest in the appeal and the decision. Any decision made by the CAS shall be final and binding on the parties concerned.

C 25 PRINTING RULES

- C 25.1 All Rules of IJRU are solely for the benefit of Members and may be reprinted or translated by Members under their responsibility, with the understanding that in all cases where the translated text differs in interpretation, the English version shall prevail, as per the official printing of IJRU.
- C 25.2 Any other organizations desiring to publish these Rules shall obtain the permission of IJRU.

C 26 - INDEMNITY

C 26.1 The President, the Vice President, the Secretary General and every member of the Board in exercising the power and discharging the responsibilities of the President, the Vice President, the Secretary General and of Board members, shall act honestly and in good faith with a view to the best interests of IJRU. Subject to this Rule, IJRU shall indemnify the President, the Vice Presidents, the Secretary General, and each member of the Board in respect of:

C 26.1.1 Liability to any person other than IJRU for any act or omission in their capacity as President, Vice President, Secretary General and as a member of the Board; or

C 26.1.2. Costs incurred by any such person in defending or settling any claim or proceeding relating to any such liability; or

C 26.1.3. Liability, not being criminal liability, arising from any such act or omission.

C 27 DISSOLUTION

- C 27.1** IJRU may be dissolved only by a **two thirds** (2/3) majority vote at an Extraordinary Congress convened for this **specific** purpose. **No other business can be dealt with at this meeting.**
- C 27.2** In the event of dissolution, the Congress shall appoint a liquidator who shall discharge all debts and liabilities incurred on behalf of IJRU. The remaining assets, if any, shall be donated as directed by the Congress to a suitable body for the ongoing promotion and development of Jump Rope/**Rope Skipping**.
- C 27.3** At the conclusion of the liquidation, the liquidators shall submit a final report to the Congress, which shall declare the liquidation closed.