



IJRU

INTERNATIONAL JUMP ROPE UNION

CONSTITUTION OF INTERNATIONAL JUMP ROPE UNION (IJRU)

Date	Version	Location	Comments
10 July 2019	1.6	Oslofjord, Norway	Initial Issue approved at General Congress
3 October 2020	2.0	Virtual IJRU General Congress - Online	Major revision approved at 2020 IJRU General Congress
11 December 2021	2.1	Virtual IJRU General Congress - Online	Minor revision
1 October 2022	2.2	Virtual IJRU General Congress - Online	Minor revision – Ethics Panel and BOD Election procedures
9 December 2023	2.3	Board of Directors Meeting	Minor revision – Membership and member rivalry issues

International Jump Rope Union (IJRU) CONSTITUTION

TABLE OF CONTENTS.

C 1 NAME	4
C 2 LEGAL STATUS AND HEADQUARTERS	4
C 3 DEFINITIONS	4
C 4 HARASSMENT, ABUSE & DISCRIMINATION	5
C 5 OBJECTIVES	6
C 6 LANGUAGE	6
C 7 MEMBERSHIP	6
C 8 MEMBERSHIP LEVELS	8
C 9 RIGHTS AND DUTIES OF THE RECOGNIZED FULL AND PROVISIONAL MEMBERS	8
C 10 APPLICATION FOR MEMBERSHIP	10
C 11 TERMINATION OF MEMBERSHIP	10
C 12 FEES	11
C 13 SANCTIONS	11
C 14 THE COMPOSITION OF IJRU	12
C 15 CONTINENTAL ORGANIZATIONS	12
C 16 GENERAL CONGRESS AND EXTRAORDINARY CONGRESS	13
C 17 BOARD OF DIRECTORS	16
C 18 ROLES AND DUTIES	20
C 19 MEETINGS AND DECISION-MAKING	23
C20 COMMITTEES	24
C 21 POWERS AND DUTIES OF THE TECHNICAL COMMITTEES	27
C 22 POWERS AND DUTIES OF THE SPECIALISED COMMITTEES AND PANELS	28
C 23 FINANCIAL MONITORING AND CONTROL	32
C 24 ARBITRATION	33
C 25 PRINTING RULES	33
C 26 INDEMNITY	33
C 27 DISSOLUTION	34

PREAMBLE

The rules of an international sporting federation form the structure within which the sport operates and becomes a central governing theme behind the way it operates. These rules serve to clarify purpose, delineate structure and provide the cornerstone for building an effective management of the organization.

Given International Jump Rope Union (hereinafter – “IJRU”) operates within 60+ member countries, it is likely that terms of the IJRU governing documents such as Constitution, Charters, Rules, and By-Laws may be confused. This preamble aims to provide an explanation of the intent behind the Constitution of International Jump Rope Union (hereinafter – the “Constitution”).

Constitution

The Constitution contains the fundamental principles, which govern its operation. The Charters and By-Laws establish the specific rules of guidance that enable the organization to function and outline the basic structure and methods of operation in writing.

This Constitution consists of two parts: the Rules, which include the basic principles of the Federation and can only be changed by authority of a General Congress; and the Regulations or By-Laws, which can be amended by the IJRU Board of Directors after consideration and majority agreement.

The Constitution is its heart and soul and includes the statement of purpose, objectives, membership information, adopted Rules and initial and ongoing structure. The Constitution is arguably the most important document and guides IJRU to safe and legal practices.

The Rules and By-Laws

Provide further definition to the articles of the Constitution and can be changed more easily as the needs of the organization change. By-Laws are generally more operational and internal to the sport in nature and may relate to competition and/or membership.

Growing out of the two existing recognized International Federations, IJRU sees its role as one of facilitation, administration, support, governance and guidance for the Jump Rope/ Rope Skipping community across the globe. To that end, IJRU is motivated to assist member countries with their passage to increase the awareness of our sport and grow our membership as it continues on the journey to full Olympic membership. IJRU wishes to be collaborative, engaged and supportive of member countries and intends to partner with countries to bring the best for our sport in a competitive world of sports management.

This document provides the structure, rules and purpose and it is intended that we continue to mature, grow and improve on our journey. IJRU’s Board of Directors offer this Constitution as one of the first steps in globally managing our sport. The document is intended to guide behaviour and will be amended over time.



Shaun Hamilton
President
IJRU

C 1 NAME

- C 1 The INTERNATIONAL JUMP ROPE UNION, hereinafter known as IJRU, is the world governing body for the sport of Jump Rope/Rope Skipping. Whenever either of the two descriptions are used, it is intended they are read interchangeably and represent all elements of the sport.

C 2 LEGAL STATUS AND HEADQUARTERS

- C 2 IJRU is established for an indefinite period with legal status as a nonprofit organization recognized by the Internal Revenue Service of the Department of the Treasury of the United States of America.

C 3 DEFINITIONS

- C 3.1 Jump Rope/Rope Skipping means - Single Rope, Double Dutch, (Chinese) Wheel, Long Rope, Traveler/Visitor.
- C 3.2 IJRU Board of Directors (IJRU BOD) – means all Board of Directors Members elected or serving in accordance with IJRU Rules C17.
- C 3.3 Competitions – includes events in which a winner is determined through sanctioned IJRU events.
- C 3.4 Competitor – means a person who is taking part in competitions.
- C 3.5 Congress – means the General Congress and/or the extraordinary General Congress.
- C 3.6 Continental Organizations – means bodies formed by the IJRU Recognized Member Countries from the same geographical continent or region.
- C 3.7 Executive/Executive Committee – consisting of seven (7) Board members - President, Executive - Vice President, Treasurer, Legal Supervisor, Secretary General and 2 x Continental Vice Presidents. The two Continental Vice Presidents will be selected by the five (5) other Executive Board members.
- C 3.8 Secretary General – Means the Chief Administrative Officer of IJRU.
- C 3.9 IJRU Rules – means the Constitution and any other rules and regulations adopted.
- C 3.10 IJRU Specialized Committees – means any committee appointed by the Board of Directors for special tasks.
- C 3.11 IJRU Technical Committees – means the IJRU Technical Committees, one for each of the IJRU disciplines.
- C 3.12 Judicial Panel – means the Anti-Doping Panel, the Ethics Panel and Disciplinary Panel.

- C 3.13 Championship Organizing Committee – means the committee responsible for the management of a Competition.
- C 3.14 Recognized Member – means the national organization or representative of a country recognized and affiliated by IJRU in a country or sport country.
- C 3.15 Member – means an individual officially affiliated with or joined the Recognized Member on the membership terms.
- C 3.16 National Governing Body (NGB) means an organisation that governs and administers a sport on a national basis as provided by the highest sporting authority in that country.
- C 3.17 Officers – means any person elected or appointed to any position within IJRU, the Continental Regions, the IJRU recognized Member countries and/or any person appointed into any position pursuant by IJRU.
- C 3.18 Sport Country – means a geographical territory or region which, though not recognized as a country, has certain aspects of self-government at least to the extent in being autonomous in the control of its sports, and is recognized as such by IJRU.
- C 3.19 In the Constitution, unless the context otherwise requires, words importing the singular number, or the masculine gender shall include the plural number and/or the feminine gender, as the case may be, and vice versa.

C 4 HARASSMENT, ABUSE & DISCRIMINATION

- C 4.1 IJRU does not permit any discrimination based on political belief, ideology, religion, language, gender, race, ethnicity, sexual orientation or any other form of unlawful discrimination as defined in United States of America.
- C 4.2 IJRU is guided in all that it does by the following fundamental principles:
- C 4.2.1 To promote Jump Rope/Rope Skipping in close collaboration with Member Countries recognized by the IJRU.
 - C 4.2.2 To contribute to the education of youth through sport in a spirit of better understanding, friendship, solidarity, and respect for the environment, contributing to the development of a harmonious and more peaceful world.
 - C 4.2.3 To defend the right of its Recognized Members and their athletes to participate in all the activities organized under the jurisdiction of IJRU.
 - C 4.2.4 To develop innovative and creative ideas and strategies that assist its Recognized Members in their pursuit of ways and means to improve their sport performance and competitive level in regional, continental, and international championships, promoting at all times the participation of women in sport;

- C 4.2.5 To promote cooperation amongst its Recognized Members through research, study of common interests, exchange of information and the defence of IJRU's principles.

C 5 OBJECTIVES

- C 5.1 The objectives of IJRU are:
 - C 5.1.1 Promote, grow and encourage development of Jump Rope/Rope Skipping,
 - C 5.1.2 Provide fair and drug free sport environments,
 - C 5.1.3 Promote and encourage the development of international relations,
 - C 5.1.4 Develop and adopt streamlined standardised components, rules and regulations,
 - C 5.1.5 Promote and organize World Championships and other Competitions of IJRU,
 - C 5.1.6 Encourage increased awareness for Jump Rope/ Rope Skipping throughout the world with the support of other interested parties,
 - C 5.1.7 Carry out such other activities as may be desirable to promote the sport.

C 6 LANGUAGE

- C 6.1 The official language of IJRU shall be English. The working language shall be English. Any other language may be used in correspondence or debate providing that appropriate translation is provided.

C 7 MEMBERSHIP

- C 7.1 IJRU have the right to recognize the National Governing Body (NGB) for Jump Rope/Rope Skipping in any country or sport country, where that membership will provide a benefit to the sport of Jump Rope. The recognition of any Recognized Member Country will be based on the IJRU Constitution and the decisions of the IJRU Board of Directors. This decision will be ratified by the General Congress at its next full meeting.
- C 7.2 Only one (1) Recognized Member from each country or sport country may be affiliated to IJRU and it shall be recognized by IJRU as the only NGB for Jump Rope/Rope Skipping in such country or sport country. The jurisdiction of a Recognized Member shall be limited to the political boundaries of the country or sport country that it represents.
- C 7.3 The initial IJRU Board of Directors will ratify NGB membership by seeking majority joint agreement of the FISAC-IRSF and WJRF BODs prior to the 2019 Ordinary

General Congress. All future NGB ratification will be in accordance with the IJRU Constitution.

- C 7.4 The constitution and rules of a Recognized Member must not conflict with the IJRU Rules. Where a conflict exists, the recognized Member shall abide by the existing relevant International Federation provisions and advise IJRU of such conflict.
- C 7.4.1 Should an existing Recognized Member, who is also recognised by another International Federation, discover that a conflict exists between their Rules and IJRU Rules, the IJRU BOD will work with all parties to ensure a 'fair and reasonable' process is followed to deliver a suitable outcome for IJRU, the member country and the International Federation without causing undue concerns.
- C 7.5 Recognized Members (Full, Provisional and Observer Status) must inform the IJRU Board of Directors of any change of name and/or Constitution before such changes come into effect. Should an existing Recognized Member need to make such a change, and this change has already been approved by another International Federation, which is affiliated with such Recognized Country, the IJRU BOD will ensure a 'fair and reasonable' process is followed to seek a suitable outcome for IJRU, the Recognized Member and the International Federation without causing undue concerns.
- C 7.6 Country Citizenship/Nationality. When a competitor represents a country in a Competition, they shall be a citizen, whether by birth or naturalisation, of the nation they represent, provided that naturalised citizen shall have lived in that country for at least twelve (12) months prior to the competition. Competitors, who have more than one nationality according to the laws of the respective nations, must choose one "Sport Nationality". This choice shall be exercised by the first representation of the competitor for one (1) of the eligible countries.
- C 7.6.1 A competitor who has the nationality of two or more countries at the same time may represent either of them, as they may elect. However, after having represented one country in the IJRU World Championships, they may not represent another country unless they meet the conditions that apply to persons who have changed their nationality or acquired a new nationality.
- C 7.6.2 A competitor who has represented one country in the IJRU World Championships; and who has changed their nationality or acquired a new nationality, may participate in Competitions to represent their new country provided that at least three years have passed since the competitor last represented their former country. This period may be reduced or cancelled, with the joint agreement of both NGBs and the IJRU Board of Directors, which takes into account the circumstances of each case.
- C 7.6.3 An athlete who seeks to acquire a new nationality requires submitting the necessary documents to fulfil the conditions as set out in this Constitution. (see IJRU Nationality Policy document suite).

- C 7.6.4 All matters relating to the determination of the country that a competitor may represent in Competitions shall be resolved by the IJRU Board of Directors.

C 8 MEMBERSHIP LEVELS

- C 8.1 IJRU has the right to recognize National Member Countries in one of the following member categories. In determining the category, the IJRU will take guidance from information provided by the National Olympic Committees (NOCs) or National Sport Authorities (NSAs) when recognizing National Member Countries. Membership may be granted by the IJRU Board of Directors in accordance with Para C 7.1.
 - C 8.1.1 Full Membership - A recognition status of a Full Member, validated with signed certification and stamped by the NOC and/or NSA. This category has full voting and participation rights as described in C 9.
 - C 8.1.2 Provisional Membership – A recognition status of Provision Member granted to a registered non-profit entity by country standards.
 - C 8.1.3 Observer Status: A status allowing new, young National Governing Bodies to grow and develop.

C 9 RIGHTS AND DUTIES OF THE RECOGNIZED FULL AND PROVISIONAL MEMBERS

- C 9.1 Recognized Full and Provisional Members Countries are entitled to:
 - C 9.1.1 use the services of IJRU,
 - C 9.1.2 take part in the IJRU World Championships, the Competitions and General Congress,
 - C 9.1.3 be recognized as the Jump Rope/Rope Skipping governing body of its country or Sport Country,
 - C 9.1.4 submit proposals for consideration and/or inclusion in the agenda of the Congress by the IJRU BOD,
 - C 9.1.5 nominate candidates for IJRU Presidency and the Board of Directors in accordance with the Constitution of the IJRU,
 - C 9.1.6 take part in IJRU assistance and development programs, and
 - C 9.1.7 exercise all other rights arising from the IJRU Constitution.
- C 9.2 Recognized Full and Provisional Members Countries are obligated to (where practicable):
 - C 9.2.1 seek opportunities to assist and support IJRU in its efforts to achieve its listed objectives,

- C 9.2.2 fully comply with the Constitution and decisions of the IJRU Board of Directors, as well as decisions of Court of Arbitration for Sports (CAS),
 - C 9.2.3 pay the annual membership fee in accordance with the timings stipulated,
 - C 9.2.4 include within their constitutions a provision that allows out of competition Anti Anti-Doping control by IJRU,
 - C 9.2.5 insert in its their constitutions, rules and regulations and such provisions as may be required by the IJRU governing documents,
 - C 9.2.6 manage their affairs independently and ensure that their own affairs, and affairs of their affiliated members, are not influenced by any third parties,
 - C 9.2.7 participate in international Competitions (where practicable), sanctioned by IJRU, including but not limited to the IJRU World Championships and other IJRU Competitions.
 - C 9.2.8 hold a General Congress at least every two years commencing after the inaugural IJRU General Assembly and advise IJRU of the outcomes and any recommendations,
 - C 9.2.9 hold elections at least every four (4) years in accordance with the National Country Constitution and notify IJRU of the dates and location of the elections,
 - C 9.2.10 In case of any discrepancy between the National Governing Body constitution and the IJRU Constitution, the National Governing Body shall abide by their relevant federation provisions and advise IJRU of such discrepancy, and
 - C 9.2.11 ensure that their own members comply with IJRU Rules and the decisions of the IJRU Board of Directors.
- C 9.3 Violation of the above-mentioned obligations by any recognized Full or Provisional Members may lead to sanctions provided within this Constitution.
 - C 9.4 Provisional Members rights and duties in C 9.1 and C 9.2 are subject to revocation by the IJRU Board of Directors after (2) years of membership if Full Membership status has not been achieved. Should Provisional Members not achieve Full Membership status within two years, the Provisional Member will outline how Full Membership can be achieved to the satisfaction of the IJRU BOD. A Provisional Member maintain appeal rights as stated in this Constitution.
 - C 9.5 Observer status members can take part in a Congress but have no voting rights. Observer Membership status does not confer any right other than the right to attend the General Congress as an observer.
 - C 9.6 The IJRU Board of Directors is competent to define guidelines governing the status of Observer members. Upon request, the IJRU Board of Directors may

grant (and revoke) Observer status membership at any time to a National Member. This decision will be ratified by the General Congress at its next full meeting.

C 10 APPLICATION FOR MEMBERSHIP

- C 10.1 Application for membership shall be submitted to the IJRU Board of Directors with:
- C 10.1.1 a statement of the name of the NGB which must reflect the territorial extent, jurisdiction, and sport tradition of that Country or Sport Country,
 - C 10.1.2 its official address and contact details,
 - C 10.1.3 a copy of the recognized National Governing Body's Constitution,
 - C 10.1.4 a list of its main officers,
 - C 10.1.5 a list of its active membership summary (i.e., number of clubs, athletes, coaches, officials),
 - C 10.1.6 a formal affirmation to observe and abide by the IJRU Rules, the World Anti-Doping Code, as well as recognizing the jurisdiction and decisions of CAS,
 - C 10.1.7 the appropriate membership fee, and
 - C 10.1.8 any specific information requested by the IJRU BOD.
- C 10.2 The IJRU Board of Directors, in accordance with Para C 7.1, shall have the power to approve the applicant for membership. If such membership is not accepted, the applicant may appeal this decision to the next Congress. The decision of the Congress shall be final.

C 11 TERMINATION OF MEMBERSHIP

- C 11.1 Membership in IJRU ends:
- C 11.1.1 if the Recognized Member no longer exists,
 - C 11.1.2 if the Recognized Member withdraws its membership,
 - C 11.1.3 if the Recognized Member is expelled.
- C 11.2 Membership shall continue, subject to the above conditions, unless withdrawn. Any Recognized Member that wants to withdraw its membership in IJRU shall give written notice to the Board of Directors. The membership shall end immediately, but no refund of fees will be made.

- C 11.3 The IJRU Board of Directors shall have the power to expel or suspend recognized Member for significant violation of the IJRU Rules in accordance with the Constitution. They maintain appeal rights as stated in this Constitution.

C 12 FEES

- C 12.1 The annual membership fee for each recognized Membership category of IJRU is due at the BOD discretion and will be published on 1Jan each year.

C 13 SANCTIONS

- C 13.1 Any Recognized Member or a Member may be sanctioned.
- C 13.1.1 in case of violation of it duties and obligations as described in C 9.1 and C 9.2,
 - C 13.1.2 in case of violation of the IJRU Rules and/or decisions of the Congress and/or decisions of the IJRU Board of Directors or,
 - C 13.1.3 in case of bringing the sport into disrepute.
- C 13.2 Sanctions may be in the form of:
- C 13.2.1 Warning, fine, suspension, expulsion, cancellation of results, and/or return of awards, medals and/or prizes.
- C 13.3 Before any Recognized Member, or a Member is sanctioned, the Member or a representative of the Recognized Member may request to appear before the Executive Committee, either in person (via technology, if applicable) or in writing. Such request shall be submitted to the Secretary-Genera, who informs the Executive Committee accordingly. The Recognized Member or the Member shall be notified whether the request is approved allowing sufficient time to exercise this right.
- C 13.4 Sanctions shall be imposed by the respective body of IJRU authorized to investigate any alleged violation of the governing documents of IJRU, except in cases involving violation of IJRU Anti-Doping Control rules, where sanctions shall be applied by the Anti-Doping Panel.
- C 13.5 Any imposed sanction shall be recognized and enforced by other Members or Recognized Members.
- C 13.6 Sanctions shall be in force immediately upon the decision is made unless the deciding body rules otherwise.
- C 13.7 The Court of Arbitration for Sport (CAS), Lausanne, Switzerland, shall be the venue for an appeal of a decision rendered by a relevant IJRU body, unless otherwise stated in the IJRU governing documents.
- C 13.7.1 The CAS shall also have exclusive jurisdiction over interlocutory orders and no other court or tribunal shall have authority to issue interlocutory orders relating to matters before the CAS. Decisions by

the CAS shall be binding.

C 14 THE COMPOSITION OF IJRU

- C 14.1 The following entities are established to govern and administer IJRU (in order of priority):
- C 14.1.1 The General Congress or extraordinary General Congress,
 - C 14.1.2 The Board of Directors,
 - C 14.1.3 The Executive Committee,
 - C 14.1.4 The Technical Committees,
 - C 14.1.5 The Specialised Committees,
 - C 14.1.6 The Judicial Panels,

C 15 CONTINENTAL ORGANIZATIONS

- C 15.1 IJRU recognized Member Countries, formed from their respective Continental Organizations, provided their statutes comply with the conditions established by IJRU;
- C 15.1.1 Africa (African Jump Rope Federation - AJRF),
 - C 15.1.2 Asia (Asian Jump Rope Union - AJRU),
 - C 15.1.3 Pan America (Pan American Jump Rope Federation - PAJRF),
 - C 15.1.4 Europe (European Rope Skipping Organisation), and
 - C 15.1.5 Oceania.
- C 15.2 The Constitution of Continental Organizations must be approved by the IJRU Board of Directors to ensure that it is not in conflict with the IJRU Rules. Any change must be submitted to IJRU for consideration/approval at IJRU discretion (C 7.5, C 7.6 refers).
- C 15.2.1 in case of any discrepancy between the Continental Organization Constitution and IJRU Constitution, the IJRU Constitution shall prevail.
- C 15.3 IJRU may in exceptional circumstances authorize a Continental Organization to grant membership to a Country that belongs geographically to another continent and is not affiliated to the Continental Organization on that continent.
- C 15.4 Championships/Games IJRU Approval.
- C 15.4.1 Continental Organizations must, before announcing dates and place for championships/games, inform IJRU BOD and seek to ensure a

timing conflict does not occur with other IJRU events. The IJRU approval shall be based upon the following criteria:

- A. dates for the championship/games,
- B. competition programs,
- C. anti-doping control organization,
- D. any modifications of IJRU Rules.

C 15.4.2 the approval shall include the conditions and requirements in accordance with the IJRU Rules. All Competitors must comply with IJRU eligibility rules.

C 15.5 Continental Organizations shall:

C 15.5.1 promote the sport of Jump Rope/Rope Skipping in respective continents and regions in a permanent regular manner;

C 15.5.2 work closely with IJRU in every domain to assist in achieving IJRU objectives;

C 15.5.3 organize continental, regional and/or international competitions in the respective area of jurisdiction;

C 15.5.4 where appropriate, form or encourage regional or sub-continental organizations to promote the sport in a manner appropriate to the conditions prevailing in their area of jurisdiction;

C 15.5.5 foster cooperation with IJRU, and engage in consultative meetings to resolve matters relating to the interests of Continental Organizations and IJRU;

C 15.5.6 coordinate with IJRU for the promotion of Jump Rope/Rope Skipping by arranging development programs, courses, clinics, and conferences;

C 15.5.7 elect respective President and Board of Directors members at least every four (4) years, with nominations for these positions emanating from the respective Recognized Member Country.

C 16 GENERAL CONGRESS AND EXTRAORDINARY CONGRESS

C 16.1 The Congress may be an General Congress or an Extraordinary Congress.

C 16.1.1 The General Congress is the highest authority of IJRU and shall have the power to decide upon matters arising in IJRU.

C 16.1.2 The General Congress shall be held at least every two (2) years. The Board of Directors shall fix the place and date of the General Congress. The Recognized Member shall be notified in writing at least

two (2) months in advance. The formal agenda shall be made in writing at least one (1) month before the date of the Congress.

- C 16.1.3 An Extraordinary Congress shall be convened by a decision of the Board of Directors at any time, or the Board of Directors shall convene an Extraordinary Congress if one-third of the Recognized Full and/or Provisional Member Countries make such a request in writing, with the request specifying the items for the agenda. An Extraordinary Congress shall be held within three (3) months of receipt of such request. The IJRU Board of Directors will confirm the date, place and the agenda of the Extraordinary Congress. Notification to all Recognized Members including the place, date and the agenda shall be transmitted at least one (1) month before the date of the Extraordinary Congress. The agenda of the Extraordinary Congress shall not be altered.

The quorum shall be at least one-half of the recognized Full and Provisional Members

- C 16.1.4 If a quorum is not achieved, the membership may be adjourned by a majority of the votes represented; however, other than the vote to adjourn, no other business may be transacted.
- A. New Meeting Date – When a meeting is adjourned for a failure to achieve quorum, the time period within which the adjourned meeting must be held is no less than five (5) and no more than thirty (30) days from the date when the meeting was first adjourned. No meeting may be adjourned for more than forty-five (45) days.
 - B. Notice of Adjourned Meeting – When a membership meeting is adjourned to another time or place, notice of the adjourned (new) meeting need not be given if the time and place are announced at the meeting at which the adjournment is taken.

C 16.2 The General Congress of IJRU shall consist of:

- C 16.2.1 a maximum of two (2) duly appointed delegates of each Recognized Member. Notice of the appointment of delegates by Recognized Member, certified in writing, must be submitted before the start of the General Congress or the Extraordinary General Congress.
- C 16.2.2 each Recognized Member is entitled to one (1) vote only, regardless of the number of its delegates.
- C 16.2.3 members of the Board of Directors will not have a vote in the IJRU General Congress.

C 16.3 A Recognized Member may appoint delegates in accordance with C 16.2.2 to participate and vote in a meeting of the General Congress or the Extraordinary Congress provided that:

- C 16.3.1 it has paid all membership fees due to IJRU in accordance to the IJRU Rule C 12,
- C 16.3.2 it is not suspended in accordance with IJRU Rules.
- C 16.4 Recognized Members shall only be represented by delegates. Delegates must be affiliated to the Recognized Member that they represent. A delegate may represent only one Recognized Member.
- C 16.5 Continental Organizations may appoint up to two (2) representatives who may attend the General Congress as observers.
- C 16.6 The IJRU President, in their absence the Executive Vice President, shall preside at all General Congress and/or extraordinary General Congress.
- C 16.7 The General Congress agenda shall include the following mandatory items:
 - C 16.7.1 a declaration that the Congress has been convened and composed in compliance with the IJRU Constitution,
 - C 16.7.2 approval of the agenda,
 - C 16.7.3 address by the President,
 - C 16.7.4 report of the Board of Directors on its activities during the time since the previous General Congress, to be presented by the President,
 - C 16.7.5 a financial report by the Treasurer and presentation for approval of the audited Financial Report,
 - C 16.7.6 votes on proposals for adopting and amending the IJRU Constitution, if applicable,
 - C 16.7.7 election of the other remaining Board of Directors members in accordance with C 17.5 and officers in accordance with C 17.6.
- C 16.8 The agenda of the General Congress may be altered provided at least three-quarters of the Recognized Members present at the Congress and who are eligible to vote agree to such a motion.
- C 16.9 Motions and proposals for alteration of, or addition to, the IJRU Constitution and Rules shall be considered only if submitted by a Recognized Member or by the IJRU Board of Directors. All motions and proposals to be considered by the General Congress must be submitted at least one (1) calendar month prior to the Congress and must appear on the agenda given to the Recognized Members eligible to vote.
- C 16.10 Rules and Regulations. The IJRU Board may prescribe such rules and regulations, including, without limitation, the election rules, not inconsistent with the Constitution, relating to the management and operation as the IJRU Board of Directors deems expedient.

C 16.11 Alteration to the Constitution

- C 16.11.1 The Constitution of IJRU may be altered from time to time at the General Congress.
- C 16.11.2 No alteration of the constitution shall be made except by two third majority of the Recognized Members entitled to vote at the General Congress.
- C 16.11.3 Any alteration of, or addition to, the Constitution agreed upon by the General Congress shall become effective immediately unless otherwise determined at the time of such approval.

C 17 BOARD OF DIRECTORS

C 17.1 The Board of Directors shall consist of twenty-two (22) officers elected or appointed for a defined term of four (4) years, notwithstanding the exceptions outlined in C 17.4 certain Officers shall be elected and retired in rotation. The positions include:

- C 17.1.1 President - Elected by Congress,
- C 17.1.2 Executive Vice President - Appointed by President (must not be from the same Continental region as President),
- C 17.1.3 Treasurer - Elected by Congress,
- C 17.1.4 Secretary General - Hired by Board of Directors and without vote or appointed by the Board of Directors by vote,
- C 17.1.5 Legal Supervisor - Appointed by President,
- C 17.1.6 Athlete Council Representatives - Elected by athletes of IJRU as per the election procedure, and
- C 17.1.7 Continental Vice Presidents, separate and apart from the Executive Vice President, plus two (2) Members At Large from each continent as listed in C 15 elected by their respective Continental Organisation.

C 17.2 The voting members of the Board of Directors, other than the Secretary General, shall be elected or confirmed by the General Congress. All the Board of Director members shall be of different countries or Sport Countries, subject to the limited exception outlined in C 17.11.3. Persons not actually in attendance may be elected if a written declaration of consent is presented.

C 17.3 The newly elected Board of Directors shall take office at the conclusion of the General Congress. The newly appointed Board of Director members' terms shall also commence at the conclusion of the General Congress, regardless of when they are officially appointed.

- C 17.4 To ensure the Continental Representatives will maintain rotational retirement, at the initial complete Board of Directors election, the Ethics Panel will work with the Elections Committee to determine the Constitutional Representative terms prior to the election and in accordance with the current Board composition.
- C 17.5 The General Congress shall elect:
- C 17.5.1 The President; and
- C 17.5.2 The Treasurer.
- C 17.6 The Executive/Executive Committee shall consist of the President, Executive Vice President, Treasurer, Legal Supervisor, Secretary General and two (2) Continental Vice Presidents elected by the five (5) Continental Vice President board members at the first board meeting after the General Congress.
- C 17.7 Continental Representative members shall be approved by the General Congress.
- C 17.7.1 Only candidates proposed by the respective Continental Organisations can be presented for vote in the General Congress provided they have been previously approved by the Recognized Member of which those candidates are citizens.
- C 17.7.2 Continental Representatives shall be elected according to the following geographical representation:
- A. three (3) from Africa,
- B. three (3) from Pan America,
- C. three (3) from Asia,
- D. three (3) from Europe, and
- E. three (3) from Oceania.
- C. 17.7.3 The President of each Continental Organisation shall assume the position of Vice President and be co-opted voting members of the Board of Directors.
- C 17.7.4 If in the position of Vice President, a vacancy exists, the Board of Directors reserves the right to temporarily eliminate the position and fill the vacancy with a Member at Large position until a Continental President is elected or for the remainder of the term.
- C 17.7.5 Notwithstanding C 17.7, the Board of Directors reserves the right to appoint a Member at Large from the general membership. This may be a person with the qualifications they feel best would further benefit and enhance the functioning of the Board. This must be done following the rules for filling vacancies in C 17.11.

- C 17.8 The members of the Board of Directors shall serve until their successors are elected and take office, until they are removed, or until their position becomes vacant according to this Constitution.
- C 17.9 The Board of Directors members may serve a maximum of three (3) full terms. The President may be elected for a maximum of three (3) full terms as President irrespective of terms served before as Board of Directors member.
- C 17.9.1 If a Board of Director member has been appointed to fill a vacancy in accordance with C 17.10, regardless of the length remaining in the term, this will count as a term served on the Board of Directors.
- C 17.10 Any vacancy in the office of President shall be filled by the Executive Vice President until election of a new President for the remaining term. The Board of Directors shall decide within two (2) months of the office of the President becoming vacant on the place and date of the General Congress which will elect the new President.
- C 17.11 Where a position becomes vacant through death, resignation, or forfeiture of any member of the Board of Directors elected or appointed in accordance with IJRU Rule C 17.3, the Board of Directors shall fill the vacancy subject to compliance with the appropriate geographical representation set out in C 17.7, and in consultation with the respective Continental Organisation if the position in question is a Constitutional Representative.
- C 17.11.1 Where a Board of Directors member has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership.
- C 17.11.2 If there is a position that is not filled through election or appointment, for whatever reason, at the General Congress, the Board of Directors may fill the vacancy on a temporary basis until the next General Congress.
- C 17.11.3 If a Continental Organization has very few countries or Sport Countries involved in the sport of Jump Rope/ Rope Skipping, the Board of Directors may suggest individuals from the same country or Sport Country, notwithstanding C 17.2 and C 17.7. This appointment must be approved by the General Congress. An effort must be made to find an individual from a different country or Sport Country to fill the position.
- C 17.12 Individuals may not hold more than one voting position on the Board of Directors.
- C 17.13 A majority of Members with voting rights shall form a quorum at any meeting of the Board of Directors.
- C 17.14 The Executive Committee will be responsible for:

- C 17.14.1 Monitoring outcomes and performances with respect to the annual business plan and the long-term strategic plans defined and approved by the Board of Directors;
- C 17.14.2 Being the interface between the Board of Directors and the management of IJRU, in particular the Secretary General and the IJRU Office and the management, in dealing with critical issues which may impact on the outcomes of the strategy defined by the Board of Directors;
- C 17.14.3 Dealing with matters requiring immediate attention between meetings of the Board of Directors;
- C 17.14.4 Issuing decisions on the application of IJRU Rules, in cases which are not delegated to a specific body (e.g. presently the Anti-Doping Panel, the Disciplinary Panel or the Ethics Panel).
 - A. The President may, from time to time, request persons with knowledge in special areas to attend meetings with the Executive.
 - B. The Executive shall meet on request by the President, when there are items of such importance that cannot be solved by the President alone. The Secretary-General shall attend all the meetings without a vote.
- C 17.15. Roles and duties of the Board of Directors shall include the following:
 - C 17.15.1 to discuss and make decisions on all matters assigned to them by the Congresses,
 - C 17.15.2 to interpret and enforce the IJRU Rules, or to so designate interpretation to the appropriate IJRU body,
 - C 17.15.3 to decide and take action on any matter pertaining to the affairs of IJRU,
 - C 17.15.4 to submit proposals to the General Congress,
 - C 17.15.5 to decide on and publish administrative by-laws, including time and manner of payment of any financial obligations,
 - C 17.15.6 to decide on and publish regulations for IJRU Tournaments,
 - C 17.15.7 to decide on IJRU awards,
 - C 17.14.8 to make decisions in case of emergency,
 - C 17.14.9 to establish rules of order for the meetings of the General Congress, Technical Congress, Board of Directors, Committees, etc., provided that they will not be in opposition to the IJRU Constitution,

- C 17.14.10 to determine the dates and sites of World Championships and other IJRU competitions and to organise and control Jump Rope/Rope Skipping competitions at the World Championships, and other IJRU Tournament
- C 17.14.11 to appoint and instruct the IJRU Committees in accordance with IJRU Rules,
- C 17.14.12 to appoint delegates to the World Championships, other IJRU Competitions, and other international competitions. The Organising Committee must guarantee proper accreditation. The responsibilities of the delegates are to observe the organisation and to report back to the Board of Directors.
- C 17.14.13 to appoint the Secretary General on proposal of the President. The Secretary General shall attend all IJRU meetings. The Secretary General shall be an ex officio member of the Board of Directors without vote. The Secretary General shall manage the IJRU Office
- C 17.14.14 to define IJRU's mission, strategic direction, policies and values, in particular, with regard to the organisation and development of Jump Rope/Rope Skipping sports at worldwide level and all related matter
- C 17.14.15 to oversee the overall management of IJRU by the Secretary General,
- C 17.14.16 to recommend the budget and annual audited financial statement, including the consolidated financial statement, prepared by the Finance Committee and the annual report to be submitted to the General Congress for approval,
- C 17.14.17 to appoint the chairpersons, deputy chairpersons and members of the committees with the exception of those who are elected by the Congress, in accordance with the Constitution, as well as to control their activities,
- C 17.14.18 to propose to the Congress for election of the chairpersons and members of the Ethics Panel and the Audit Committee,
- C 17.14.19 The Board of Directors may act in accordance with the intent of this Constitution and make decisions and amendments to the Rules, Code of Ethics, Facilities Rules, Medical Rules and Anti-Doping Control Rules and have those decisions presented to the next General Congress for ratification.

C 18 ROLES AND DUTIES

- C 18.1 The principal elected officer of IJRU shall be the President.
- C 18.2 The President shall inter alia have the following roles and duties:

- C 18.2.1 to preside at all meetings of the Congresses, the Board of Directors and the Executive,
- C 18.2.2 to represent IJRU in all dealings with the International Olympic Committee (IOC) and the Association of Summer Olympic International Federations (ASOIF) and any other relevant international organizations
- C 18.2.3 to evaluate the performance of the Secretary General and make an annual report in this regard,
- C 18.2.4 to be an ex officio member of all IJRU Committees and Judicial Panels,
- C 18.2.5 to create any task force, working group or Specialised Committee deemed necessary to address any urgent situation,
- C 18.2.6 to maintain relations with the Continental Organisations, Recognized Members, IJRU Committees and Judicial Panels.

C 18.3 The Executive Vice President shall have the following roles and duties:

- C 18.3.1 In the absence of the President conduct the Congresses and Board of Directors meetings with all the rights and duties,
- C 18.3.2 represent IJRU in the absence of the President at IJRU Competitions, ceremonies or other activities requiring the presence of the highest IJRU authority.

C 18.4 The Treasurer shall have the following roles and duties:

- C 18.4.1 chair the Finance Committee,
- C 18.4.2 fulfill the obligations as specified in C 23,
- C 18.4.3 be responsible for the financial planning of IJRU,
- C 18.4.4 supervise the current amount of income and expenditure, and
- C 18.4.5 draw up the general four-year and detailed yearly budget together with the President and the Finance Committee.

C 18.5 The IJRU Office shall carry out all the administrative work of IJRU under the direction of the Secretary General, in accordance with the policies of the Executive Committee.

C 18.6 The Secretary General shall be responsible for:

- C 18.6.1 implementing decisions passed by the Congresses, the Board of Directors and the Executive Committee in compliance with the President's directive.

- C 18.6.2 properly managing and keeping the accounts of IJRU under the supervision of the Treasurer;
 - C 18.6.3 negotiating or overseeing the negotiation of all major contracts on behalf of IJRU in consultation with the members of the Executive Committee;
 - C 18.6.4 compiling the minutes for the meetings of the Congress, Board of Directors and Executive Committee;
 - C 18.6.5 IJRU's correspondence;
 - C 18.6.6 overseeing of the operations of the IJRU Office and, where appropriate, taking such measures as may be deemed necessary for the proper administration of IJRU. The Secretary General shall periodically report to the Board of Directors in this regard;
 - C 18.6.7 the appointment and dismissal of staff working in the IJRU Office in consultation with the President; and
 - C 18.6.8 signing on behalf of any IJRU Committee, provided that no other ruling exists in the respective regulations;
 - C 18.6.9 setting the agenda of the IJRU Committees in coordination with the respective Chairs of the Committees.
 - C18.6.10 in the absence of the President or Executive Vice President, the Secretary General is to conduct the Congresses and Board of Directors meetings with all the rights and duties.
- C 18.7 The Continental Vice President shall be responsible for:
- C 18.7.1 ensuring the coordination between their Continental Organisation, the Executive Committee and IJRU Office with respect to all Jump Rope/ Rope Skipping activities within their continents,
 - C 18.7.2 assisting the Executive and the IJRU Office to implement the goals of IJRU with the Continental Organisations and with the Recognised Members from the respective continents, and
 - C 18.7.3 assisting the President in his or her duties as may be requested from time to time by the President.
- C 18.8 The first IJRU Board of Directors term of office shall continue until their successors are elected at the 2023 IJRU Congress. If any of the initial Board of Directors and/or officers appointed ceases to be a Director before the General Congress, then the vacancy shall be filled in accordance with this Constitution.
- C 18.9 The first Board of Directors will be placed, not elected, by joint majority decision of the existing Board of Directors of both FISAC-IRSF and WJRF at formation. All positions will be agreed by joint decision. The initial Board of Directors will be seated at the 2019 Inaugural Congress. The decision to place the Initial Board of

Directors will permit consolidation for the first few years of IJRU and allow the Board sufficient time to settle the new Organisation.

- C 18.10 Any Director(s) knowingly in a matter where they have a conflict of interest position shall declare that conflict of interest and shall not take part in any vote on the conflict of interest matter. If any Director feels another Director is in a conflict of interest position, the matter can be brought up for discussion and resolved by a majority vote of the Directors.
- C 18.11 The Directors shall serve as such without remuneration and no Director shall directly or indirectly receive any profit from such Director's position as such; provided that a Director may be paid reasonable expenses incurred by such Director in the performance of such Director's duties, including reasonable costs and expenses incurred by a Director in attending at meetings of the Board. Nothing herein contained shall be construed to preclude any Director from serving the organisation as an Officer or in any other capacity and receiving compensation therefore.
- C 18.12 The Board may, on behalf of IJRU appoint such agents, attorneys, consultants and professional advisors and engage such employees as it shall deem necessary from time to time and such persons shall have such authority and shall perform such duties as shall be prescribed by the Board. The Board may delegate this function to an Officer or Officers or a committee of the Board.

C 19 MEETINGS AND DECISION-MAKING

- C 19.1 The Board of Directors shall meet at least two (2) times in each year.
- C 19.2 The President shall convene a meeting of the Board of Directors providing at least seven (7) days notification in advance by email, stating the date, time and place of the meeting, as well the items of the agenda.
- C 19.3 If at least two-thirds of the Board of Directors requests a meeting, the President shall convene the meeting.
- C 19.4 The President, as the chairman of the Board of Directors shall conduct all meetings in accordance with the IJRU Constitution. The President shall open and close the debates and shall give the floor to any Board of Directors Member and Recognized Members.
- C 19.5 If a vote is needed on any matter, a majority of valid votes cast is required for a decision to be adopted.
- C 19.6 The minutes of every Congress and Board of Directors meeting shall be recorded by the Secretary General. Should the Secretary General be unavailable, the Executive Vice-President shall take over the responsibilities. The minutes shall as a general rule be signed by the Secretary General.
- C 19.7 Meetings of Members, both Board of Directors and Congress and any Committee/s, may be held, in whole or in part, by electronic means which permit

all persons participating in the meeting to communicate adequately with each other, and to which all Members have equal access.

- C 19.7.1 A Recognized Member participating in such meeting is deemed to be present at the meeting, including for the purpose of determining quorum. IJRU shall be entitled to rely on the Recognized Member's phone number and contact details provided by the NGB registration and use best efforts to ensure that such communication facilities are kept secure and available.
- C 19.7.2 Votes on any issue considered by Recognized Members participating electronically shall be conducted electronically under the direction of the Secretary General in such a manner as to permit the Recognized Members to communicate adequately with each other and to which all have equal access.
- C 19.7.3 If the electronic means of communication is not reasonably secure, or available to all Recognized Members, as determined by the chair of the meeting at their sole discretion, then the electronic meeting process shall not be followed.
- C 19.7.4 Meetings of the General Congress are expected to be managed with physical attendance required. Meetings for the Board of Directors or Extraordinary General Assembly are expected to be held virtually.
- C 19.7.5 Where significant or extenuating circumstances prevent a physical General Congress from being held, the BOD will approve a virtual General Congress to be held where other elements of this Constitution are observed.
- C 19.7.6 Any request for non-attendance at a General Congress or extraordinary General Congress shall be treated as a special exemption and addressed to the IJRU BOD by written submission.

C20 COMMITTEES

- C 20.1 IJRU Technical Committees are established as standing and ongoing bodies. IJRU Commissions are established for a special purpose and timeframe to deliver pre-defined outcomes. IJRU shall have Technical Committees, Specialised Committees and Judicial Panels.
 - C 20.1.1 The Technical Committees are:
 - A. Single Rope Technical Committee consisting of 5 members,
 - B. Double Dutch Technical Committee consisting of 5 members,
 - C. Judges and Competition Officials Technical Committee consisting of 5 members, and
 - D. Innovation Committee consisting of 5 members.

- C 20.1.2 The Technical Committees will report to the Technical Congress consisting of two (2) delegates provided by each Full or Provisional Member.
- C 20.1.3 All rule changes, or proposals for rule changes, made by the Technical Committees will be presented to the Technical Congress for recommendation prior to submission to the IJRU BOD and IJRU General Congress for approval.
- C 20.1.4 The Technical Congress must provide a majority recommendation for a change to be implemented.
- C 20.1.5 The Specialised Committees are:
- A. Audit and Compliance Committee consisting of up to six (6) members,
 - B. Finance Committee consisting of up to four (4) members,
 - C. Championship Organizing Committee consisting of up to seven (7) members,
 - D. Medical Committee consisting of six (6) members,
 - E. Athletes' Council consisting of up to twelve (12) members, (elected at by athletes) with up to six (6) additional active athletes appointed by the IJRU President,
 - F. Development Committee consisting of up to 5 members,
 - G. Marketing Committee consisting of up to 4 members,
 - H. Legal Committee consisting of up to 3 members.
- C 20.1.6 The Judicial Panels are:
- A. Anti-Doping Panel consisting of 6 members,
 - B. Ethics Panel consisting of 6 members,
 - C. Disciplinary Panel consisting of 6 members.
- C 20.2 The members of the Technical Committees and the Specialised Committees shall be appointed by the IJRU Board of Directors at its first meeting, subject to the approval of the Recognized Members to which each appointee is affiliated. Members appointed for a committee shall be from different Member Countries. Notwithstanding the foregoing, the IJRU Board of Directors, whenever it deems necessary, may appoint to the Specialised Committees additional experts in the area for which this committee has been established.
- C 20.3 IJRU Committee members shall serve at the discretion of the Board of Directors and may be appointed for such number of successive terms as considered

appropriate by the Board of Directors. The chair of each of the Technical and the Specialised Committees, except for the Medical Committee, shall be appointed for a maximum of three (3) terms.

- C 20.4 Members may nominate persons for consideration for appointment to an IJRU Committee by providing notice of such nomination in writing, signed by the President of such Member, to IJRU one (1) month prior to the commencement of the General Congress.
- C 20.5 Nominated persons shall be:
- C 20.5.1 in the case of a Technical Committee, those who are recognised experts in the respective discipline, capable of, and interested in, actively and regularly attending the meetings of such Technical Committee;
 - C 20.5.2 in the case of the Medical Committee, those who are qualified sports medicine physicians in active practice or academic positions with experience with athletes and are capable of, and interested in, actively and regularly attending the meetings of the Medical Committee; and
 - C 20.5.3 in the case of any other IJRU Committees, those who are knowledgeable in and skilled in the area for which the committee has been established, capable of, and interested in, actively and regularly attending the meetings of such committee.
 - C 20.5.4 For the purposes of membership on the Athletes Council, all athletes on the Council must have competed at the World Championships for their country. In addition, each athlete must be a current athlete in the sport or be within 12 years of the date of their last competition at a World Championships (FISAC-IRSF, WJRF or IJRU). Athletes appointed to the Athletes Council must represent all Jump Rope/Rope Skipping disciplines and all geographical regions. The chairs of the Athletes Council shall be proposed by the President and confirmed by the Board of Directors
- C 20.6 From the members appointed to the Technical Committees, the Athletes' Council, and the Medical Committee, the Board of Directors shall appoint a Chair, a Vice-Chair and an Honorary Secretary for each such IJRU Committee.
- C 20.7 The Committees shall meet whenever there is business to be transacted, all decisions made during meetings being subject to the approval of the Board of Directors.
- C 20.8 The absolute majority of members (50% plus one member) shall form a quorum at any meeting of an IJRU Committee.
- C 20.9 Where a member of any Committee has been absent from two consecutive meetings without reasons acceptable to the Board of Directors, the Board of Directors shall have the right to declare that such a member has forfeited his or her membership. The Board of Directors shall then fill the vacancy.

- C 20.10 The Board of Directors shall have the authority to fill any vacancy that occurs through death, resignation, or removal of any member of the Technical Committee, Specialised Committee or Judicial Panel.
- C 20.11 For any IJRU Committee, the Board of Directors may appoint a Board of Directors member who shall serve as ex officio to the IJRU Committee and ensure necessary communication between the Board of Directors and the committee, in addition to the provisions of C 18.2.4. This person shall be known as the Board of Directors Liaison. The Board of Directors Liaison shall have the obligation of participating in the committee's meetings and discussions and fairly and accurately representing the activities and decisions of the committee to the Board of Directors. The Board of Directors Liaison shall be an advocate for the committee regardless of his or her personal views.

C 21 POWERS AND DUTIES OF THE TECHNICAL COMMITTEES

- C 21 The powers and duties of the Technical Committees are:
- C 21.1 To analyse the requirement for improvements of the Technical Rules, as applicable, and to consider corresponding proposals received from any Recognized Member. When the Technical Committees decides on a proposal for amendments or changes to the Technical Rules, the decision by vote should be made with at least two thirds (2/3) positive vote of the participants on the respective Technical Committee meeting. The Technical Committee submits in these cases recommendations to the Board of Directors for final approval after satisfying C 20.1.3.
- C 21.2 To consider and decide upon any matter affecting their responsibility, which may be referred to them by the Board of Directors or the Congress,
- C 21.3 To appoint commissions, if required, to investigate, study, and recommend to the parent committee any matters referred to such sub-committee. The members of a sub-committee may be persons selected from outside the parent committee membership,
- C 21.4 To investigate, study, and recommend on matters dealing with standard equipment and specifications for Competitions,
- C 21.5 To evaluate and make recommendations regarding candidates, nominated by Members, for the title of international judge or competition official,
- C 21.6 To appoint one or more of its members to report on the qualifications of any person recommended as an international judge or competition officials and to report periodically on the continued qualifications of judge or competition officials on the existing list,
- C 21.7 To receive and report to the Board of Directors any complaint made by judges or competition officials regarding misconduct of individuals in international competitions and to make recommendation thereon,
- C 21.8 To take part in the technical preparations and in the conduct of the competitions in their discipline at the World Championships and other IJRU competitions,

- C 21.9 The Board of Directors shall ensure participation of the committees in the preparation of the meetings of the Board of Directors with regard to such tasks that fall within their areas of responsibility. For that purpose, they shall have the right to submit reports, suggestions, recommendations and comments. The Chair or authorised members of the Committee may be heard at the meeting of the Board of Directors on the respective issue.
- C 21.10 To control all technical equipment and installations prior to and during an event,
- C 21.11 To make rosters for officials, and
- C 21.12 To investigate cases of protest as preparation any Appeal.

C 22 POWERS AND DUTIES OF THE SPECIALISED COMMITTEES AND PANELS

- C 22.1 The composition, specific duties and powers of the individual committees shall be stipulated in special organisation regulations.
- C 22.2 Each IJRU Committee may propose amendments to its regulations to the Board of Directors.
- C 22.3 Medical Committee
 - C 22.3.1 The Medical Committee shall deal with all medical aspects of all Jump Rope/Rope Skipping disciplines.
 - C 22.3.2 The powers and duties of the Medical Committee are:
 - A. To be determined in conjunction with initial membership of Specialised Committees after the inaugural General Congress.
- C 22.4 Finance Committee
 - C 22.4.1 The Finance Committee roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD.
- C 22.5 Audit and Compliance Committee
 - C 22.5.1 The Audit and Compliance Committee, elected by the General Congress, based on the recommendation of the Board of Directors. The members shall be experts in auditing and financial statement matters. The Audit Committee shall be fully independent to be able to carry out its assurance role effectively.
 - C 22.5.2 The powers and duties of the Audit and Compliance Committee are to:
 - A. execute efficient financial controls and review the financial statements, budget and the external auditors' report;
 - B. assist the governing bodies in monitoring IJRU's financial and compliance matters;

- C. liaise with external auditors;
- D. conduct risk management;
- E. review the quality of the internal control system.

C 22.6 Athlete Council

- C 22.6.1 The Athlete Council roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD.

C 22.7 Legal Committee

- C 22.7.1 The Legal committee shall be chaired by the Legal Supervisor.

- C 22.7.2 The powers and duties of the Legal Committee are to:

- A. provide legal expertise to the Board of Directors and to give recommendations regarding legal matters whenever needed
- B. assist the Board of Directors in drafting amendments to the Constitution
- C. conduct administrative reviews regarding potential violations referred to the Legal Committee
- D. advise, if necessary, on matters referred to CAS by IJRU
- E. advise, if necessary, on agreements between IJRU and third parties

C 22.8 Anti-Doping Panel

- C 22.8.1 No two members of the Anti-Doping Panel shall be from the same country or Sport Country. Members of the Anti-Doping Panel shall serve for a period of four (4) years, or until their successors are appointed.

- C 22.8.2 Recognized Members shall nominate persons for consideration for appointment to the Anti-Doping Panel by providing notice of such nomination in writing, signed by the President of the Member, to the Secretary General at least one (1) month prior to the commencement of the General Congress.

- C 22.8.3 Members shall nominate persons for consideration for appointment to the Anti-Doping Panel who are known for their ability, their impartiality and their knowledge about the IJRU Rules as well as their experience of sport in general and the Jump Rope/Rope Skipping sports in particular. They shall also have legal training, experience and knowledge of Anti-Doping matters.

- C 22.8.4 Members of the Anti-Doping Panel shall be appointed by the Board of Directors at its first meeting following its election. The appointment of the members of the Anti-Doping Panel shall be made in accordance with applications received from individuals nominated by the Member to which they are affiliated.
- C 22.8.5 Members of the Anti-Doping Panel may be appointed for such number of successive terms as considered appropriate by the Board of Directors.
- C 22.8.6 On the proposal by the President, the Board of Directors shall appoint one of the members of the Anti-Doping Panel to be Chair.
- C 22.8.7 A person may not serve on the Anti-Doping Panel if they:
 - A. are a member of the Board of Directors, a Technical Committee, Specialised Committee or other Judicial Panel; or
 - B. cannot communicate in English.
- C 22.8.8 The Anti-Doping Panel shall conduct hearings and impose sanctions pursuant to IJRU Anti-Doping Control Rules.
- C 22.8.9 Whenever necessary the Chair of the Anti-Doping Panel shall appoint one or more persons from the Anti-Doping Panel to adjudicate all matters before it. No member of the Anti-Doping Panel shall be appointed to hear a specific case when he or she is a citizen of the country of the individual or organisation suspected of violating IJRU Rules; the Chair of the Anti-Doping Panel may also determine situations in which a Panel member should not be appointed due to other potential conflicts.
- C 22.9 Ethics Panel
 - C 22.9.1 The Ethics Panel roles and responsibilities shall be managed by a separate Charter approved by the IJRU BOD. This charter incorporates all nomination and election procedures.
- C 22.10 Disciplinary Panel
 - C 22.10.1 No two members of the Disciplinary Panel shall be from the same country or Sport Country. Recognized Members of the Disciplinary Panel shall serve for a period of four (4) years or until their successors are appointed.
 - C 22.10.2 At least three (3) members of the Disciplinary Panel shall also have legal training and experience. Members of the Disciplinary Panel shall be appointed by the Board of Directors at its first meeting following its election. On the proposal by the President, the Board of Directors shall appoint one of the members of the Disciplinary Panel to be Chair.

C 22.10.3 The Chair of the Disciplinary Panel shall appoint three (3) persons from the Disciplinary Panel of whom at least one (1) shall have legal training to adjudicate all matters before it. In cases where the Chair of the Disciplinary Panel and the other party respectively the other parties agree, a sole member of the Disciplinary Panel may hear and decide the matter, such member must have legal training. No member of the Disciplinary Panel shall be appointed to a specific case when he or she is a citizen of the country of the competition suspected of violating IJRU Rules.

C 22.10.4 The Disciplinary Panel shall conduct hearings and impose sanctions in all disciplinary cases originating from violations of any IJRU Rules (except matters regarding Anti-Doping control C 13.4) referred to it by the Executive Committee. The sanctions determined by the Disciplinary Panel are limited to those described in C 13.2.

C 22.10.5 The hearings of the Disciplinary Panel shall respect the following principles:

- A. A timely hearing,
- B. A fair and impartial hearing body,
- C. The right to be represented by counsel at the hearing, with no expense to IJRU,
- D. The right to be fairly and timely informed of the rule violation,
- E. The right to respond to the rule violation and resulting consequences,
- F. The right of each party to present evidence, including the right to call and question witnesses (subject to the hearing body's discretion to accept testimony by telephone or written submission),
- G. The right to an interpreter at the hearing, at no expense to IJRU, and
- H. The right to a timely, written, reasoned decision; specifically, including an explanation of the reason(s) for any period of suspension.

C 22.11 Championship Organising Committee

C 22.11.1 The Championship Organising Committee composition, specific duties and powers shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Congress.

C 22.12 Development Committee

C 22.12.1 The Development Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Congress.

C 22.13 Marketing Committee

C 22.13.1 The Marketing Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Congress.

C 22.14 Judges and Competition Officials Technical Committee

C 22.14.1 Judges and Competition Officials Technical Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Congress.

C 22.15 Technical and Innovation Committee

C 22.15.1 The Tech and Innovation Committee composition, specific duties and powers of the individual committee shall be stipulated in special organisation regulations to be developed in conjunction with initial membership after the inaugural General Congress.

C 23 FINANCIAL MONITORING AND CONTROL

C 23.1 The fiscal year of IJRU is the calendar year. The annual statements of accounts shall be audited by a certified public accountant approved by the Board of Directors and the audit shall be published on the IJRU website no later than 30 April of the following year.

C 23.2 The General Congress shall approve the audited statement of accounts.

C 23.3 The annual budget of IJRU shall be prepared under the supervision of the Treasurer and reviewed by the Finance Committee and Audit and Compliance Committee. The Board of Directors shall approve this budget every year no later than 30 April.

C 23.4 The Chief Internal Audit Officer shall be appointed by the Board of Directors for period of four (4) years. The Chief Internal Audit Officer shall not be from the same member as the Treasurer and shall report directly to the Audit and Compliance Committee.

C 23.5 The Chief Internal Audit Officer shall have the following functions:

C 23.5.1 Study the effectiveness and adequacy of the internal control system of IJRU,

- C 23.5.2 Review the compliance with the IJRU Rules and other applicable regulations and laws, and prepare reports in the respect for the attention of the Audit and Compliance Committee,
- C 23.5.3 Understand the scope of review by external auditors of controls over financial reporting and obtain reports on significant findings and recommendations,
- C 23.5.4 Recommend and oversee the establishment and functioning of an internal audit procedure.

C 24 ARBITRATION

- C 24.1 Disputes between IJRU and any of its recognized Members, individual members of the recognized Members or between Members of IJRU that are not resolved by a IJRU Board of Directors decision may be referred for arbitration by either of the involved parties to the Court of Arbitration for Sports (CAS) within 21 days of the decision of different IJRU bodies if they cannot be resolved within IJRU Specialised Committees. The appealing party must have a direct interest in the appeal and the decision. Any decision made by the CAS shall be final and binding on the parties concerned.

C 25 PRINTING RULES

- C 25.1 All Rules of IJRU are solely for the benefit of Members and may be reprinted or translated by Recognized Members under their responsibility, with the understanding that in all cases where the translated text differs in interpretation, the English version shall prevail, as per the official printing of IJRU.
- C 25.2 Any other organizations desiring to publish these Rules shall obtain the permission of IJRU.

C 26 INDEMNITY

- C 26.1 The President, the Vice President, the Secretary General and every member of the Board in exercising the power and discharging the responsibilities of the President, the Vice President, the Secretary General and of Board members, shall act honestly and in good faith with a view to the best interests of IJRU. Subject to this Rule, IJRU shall indemnify the President, the Vice Presidents, the Secretary General, and each member of the Board in respect of:
 - C 26.1.1 Liability to any person other than IJRU for any act or omission in their capacity as President, Vice President, Secretary General and as a member of the Board; or
 - C 26.1.2 Costs incurred by any such person in defending or settling any claim or proceeding relating to any such liability; or
 - C 26.1.3 Liability, not being criminal liability, arising from any such act or omission.

C 27 DISSOLUTION

- C 27.1 IJRU may be dissolved only by a two thirds (2/3) majority vote at an Extraordinary Congress convened for this specific purpose. No other business can be dealt with at this meeting.
- C 27.2 In the event of dissolution, the Congress shall appoint a liquidator who shall discharge all debts and liabilities incurred on behalf of IJRU. The remaining assets, if any, shall be donated as directed by the Congress to a suitable body for the ongoing promotion and development of Jump Rope/Rope Skipping.
- C 27.3 At the conclusion of the liquidation, the liquidators shall submit a final report to the Congress, which shall declare the liquidation closed.