



Pan American Jump Rope Federation

Address:

Cto Interior, Avenida Rio Churubusco 9,
Col. Magdalena Mixihuca,
Ciudad de Mexico, Mexico
CP: 08010

Established: 2019

Facebook: Pan American Jump Rope Federation

Instagram: panamjumpropederation

Officials:

President: Maria del Sol Rodriguez Lopez
Secretary: Leslie Aremi Hermann Alejandro
Event Director: Jonathan Pedroza Ortiz
Anti-Doping: Javier Robles Neri
Judging Coordinator: Cecilia Alejandra Rodriguez Caballero
Technical Director: Rene Cardenas Arciniega

Events being planned:

- Saltando Panamericano
- PAJRF General Congress – October 19, 2024
- 2027 Pan American Jump Rope Championship

Events Held in 2024:

- Virtual Coaches Training for Honduras – February 16 & 23
- Virtual – July 18 & 19
- Virtual Interviews with NGB Leaders and Athletes – August 6th – Ongoing

Current Members:

Canada	Guatemala
United States	Argentina
Puerto Rico	Peru
Mexico	Colombia
Trinidad & Tobago	Panama
Bermuda	Venezuela
Brasil	Costa Rica



Summary of the year

- Working meetings with representatives of the countries of the Pan American continent.
- “Virtual Training for Teachers of Honduras”. February 16 and 23, 2024.
- Virtual Pan American Jump Rope Congress July 18 and 19, 2024.
- August 6, 2024, the cycle of virtual interviews with guests who belong to the Jump Rope movement began.
- October 19, 2024, the annual PAJRF assembly will be held.

1. Please provide a general description of the competitions held during this period,

There have not been any

2. Please analyze the main achievements/programs/events/highlights of the past year,

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C. NGB within your Confederation

1. Please list the countries that are members of your Confederation. Include the name and email address of the president and, if necessary, the name of the person in charge of the jump rope discipline.

Panama

Data:

Name: Cristina Monegro

State represented: Panama

Cell phone number: 507- 65197770

Email: saltos@jumpropekidspty.org

Social networks: @jumpRopeKidsPTY after-school jump club.

Mexico

Name: María del Sol Rodríguez López

Asociación Mexicana de Actividades a Fines al Salto con Cuerda

Cell phone 5534558754 email: amaasxm@gmail.com

Argentina

Name Juan Pablo Villalba / Cynthia Deluca

State represented: Argentina

Cell phone number:

15 40249874

Email: f.a.saltosconsoga@gmail.com

Social networks @f.a.saltosconsoga



Colombia

Jair Bedoya Torres

Colombia

+57 316 785 26 06

Accionesinnovadoras@gmail.com

@medaumpers On IG

Colombian rope jumping federation on Facebook

Venezuela

Data:

Name: Zoilymar Rodríguez

+584144958873

Cuerdafit@gmail.com

@Cuerdafitjump

Competitive: In formation

Participative: 10

2. List all non-member countries you are currently working with to achieve membership.

1.- Honduras

2.-Chile

3.- Peru

3. Please indicate the number of competitive jump rope athletes and participative athletes (community programs, schools, etc. for each NGB) from your continent. How did you arrive at this number?

Panama

Competitive 15

Participative in club 15

At school 2, seminars are held twice a year and levels 3rd to 6th are worked on.

Exhibition and classes

Colombia

Competitive 30

Participative 420

Festivals

Exchanges

Exhibitions

Classes

Argentina

Competitive : 15

Participative:20

School festivals: 11 (2600 children)

Exhibitions: 10



Training: 2 days a week, throughout the year

A t e n t a m e n t e .

**María del Sol Rodríguez López
Presidente de la Federación
Panamericana de Salto con Cuerda**