



Code of Conduct

International Jump Rope Union (IJRU)

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TABLE OF CONTENTS.

CC 1: Introduction	3
CC 2: Definitions	3
CC 3: IJRU Proper Conduct	4
CC 4: Athlete Specific Conduct	6
CC 5: Judge and Official Conduct	7
CC 6: Judges', Athlete' and Coaches' Oaths	7
CC 7: Implementation and Duty of Reporting	8

CODE OF CONDUCT

CC 1: Introduction

1. The International Jump Rope Union (IJRU) is the world governing body for Jump Rope/ Rope Skipping. IJRU aims to promote the highest possible level of conduct within the sport community. This Code of Conduct (hereinafter - the Code), adopted by the IJRU Congress, shall apply to IJRU Representatives, as well as all National Governing Bodies, Participants and regional federations acting for or on behalf of the IJRU in the sport of Jump Rope/ Rope Skipping. The Code is subordinated and supplementary to the IJRU Constitution, Rules and governing documents adopted by the IJRU Board of Directors. The purpose of this Code is to guarantee that the IJRU Rules - including both the Competition Manual and Judging Manual - will be executed in a fair manner without disturbance and to sanction incidents, which damage the image of the IJRU activities or bring them into disrepute.
2. The Code includes the standards of behaviour and conduct expected of all participants, and works in conjunction with the IJRU Code of Ethics to guide its members. These rules alone cannot further ethical conduct in sport. This can only occur when participants make a personal commitment to ethical behaviour and conduct.
3. The following incidents or offences shall be subject to the application of this Code:
 - 3.1. acts of misbehaviour including but not limited to abusive, violent conduct in a disturbing, ugly or provocative manner, unjustified interference including disobedience with obstruction of the orderly conduct of any sporting event within or outside of the venue(s), malicious alteration, damage or destruction of property or infliction of physical or mental harm on others;
 - 3.2. cheating including but not limited to falsification or alteration of birth certificates, documents of identification or any other document indicating false age, false nationality or any other false information with the purpose of obtaining unfair advantage for an official, an athlete or a team:
 - 3.3. behaviours described in the IJRU Constitution, Policies and Procedures, Code of Ethics, Rule Books, and all other applicable governing documents.
4. While the IJRU may set standards for behaviour, National Governing Bodies (hereinafter - NGBs) and their clubs have a legal and moral responsibility to address behaviour that offends community standards or is against the law. Behaviour, that may be illegal, should be reported to the police. This Code does not replace the governing documents of the NGB's such as Codes of Conduct and Codes of Ethics, but provides fundamental values and principles they must abide by as members of IJRU. See IJRU Constitution C7.
5. The conduct and behaviour of all participants in national and international Jump Rope/ Rope Skipping activities must be consistent with the rules as provided by the International Olympic Committee, IJRU, and the appropriate NGBs.

CC 2: Definitions

6. All terms used in this Code shall have the same meaning as set out in the IJRU Constitution. Unless defined in the Constitution, the terms used in this Code shall supplement relevant definitions for the IJRU Constitution and other governing documents for IJRU.

7. For the purpose of the clauses of the Code:

- “Athlete” - means a person who actively performs and jumps rope at the Official Events and/or Activities.
- “Competition” – means events in which a winner is determined through sanctioned IJRU events.
- “IJRU Representatives” - means judges and officials of IJRU elected or appointed in accordance with the IJRU Constitution.
- “Jump Rope/ Rope Skipping” - means all movements necessary to perform at an IJRU event, including; Single Rope, Double Dutch, (Chinese) Wheel, Long Rope, Traveller/ Visitor.
- “National Governing Bodies” (NGB) - means a sport body organized in accordance with the national law of origin, recognized and affiliated by IJRU.
- “Official Activities” - means IJRU Championships and/or IJRU sanctioned events involving Jump Rope/ Rope Skipping.
- “Participants” - means individuals, including but not limited to athletes, athlete support personnel, coaches, NGB representatives, volunteers, spectators and other persons accredited to attend or participate in any of the Official Activities of Jump Rope/ Rope Skipping.

CC 3: IJRU Proper Conduct

8. The general principles of this section shall apply to any members who are subject to this Code.
9. Athletes subject to this Code shall strictly avoid any offensive or improper behaviour, especially towards Participants, during all aspects of the IJRU Official Activities, including but not limited to victory ceremonies, and if applicable, presentations and/or press conferences. Athletes are encouraged to actively participate in all aspects of IJRU Official Activities.
10. Any political, religious or discriminatory statement or behaviour is strictly prohibited.
11. The key principles of conduct and acceptable behaviour defined in clauses CC 3.1-3.4 shall apply specifically to the Participants.
12. Standards of behaviour specific to athletes (CC 4), coaches (CC 5), judges and officials (CC 6) follow the general principles:
13. Integrity and Respect
 - 13.1. To maintain and enhance the dignity and self-esteem of others by demonstrating respect for others, at all times, regardless of grounds including but not limited to race, colour, gender, sexual orientation, language, religion, political or other opinion, national or social origin, property, birth, disability, physical attributes and athletic ability or other status.
 - 13.2. To act with integrity and objectivity, and to accept responsibility for decisions and actions taken.
 - 13.3. To consistently promote positive aspects of sport such as fair play and to uphold the same values of sportsmanship on and off the field of play.

- 13.4. To accept success and failure, victory and defeat with dignity.
- 13.5. To ensure decisions and actions contribute to a harassment-free environment.
- 13.6. To refrain from any behaviour and language that constitutes harassment, or physical abuse, is offensive, racist, sexist, unwanted, degrading, or malicious.
- 13.7. To uphold the values of clean, dope-free sport and never to advocate or condone the use of illicit drugs or other banned performance-enhancing substances or methods.
- 13.8. To never participate in, or advocate for practices that contravene the laws of the State. To challenge abusive, bullying or threatening language or behaviour and report it.
- 13.9. To remain free from any bribes, betting, or attempt to manipulate results or be involved in any other form of corruption in any of the Official Activities.
14. Individual Responsibility
 - 14.1. To always uphold and follow the policies and rules of one's club, the NGB or the International Federation and to encourage and support other members in every effort to do the same.
 - 14.2. To respect the confidentiality of information between athletes and coaches, coaches and officials, and coaches and parents or authorities.
 - 14.3. To be organized, prepared and on time for the Official Activities.
 - 14.4. To always endeavour to work cooperatively, in a fair and impartial manner within a club or national team situation, understanding the specific roles and tasks of all members, and the rules and regulations guiding the activity.
 - 14.5. To comply with the rules and regulations of the club and the NGB.
 - 14.6. To refrain from excessive smoking and alcohol consumption while attending the Official Activities.
15. Individuals in Positions of Trust
 - 15.1. To never abuse or misuse the relationship of trust, the position of power, and the influence held by a coach or IJRU Representative.
 - 15.2. To the extent possible, avoid situations where individuals in a supervisory capacity are in a one-on-one or unobserved situation with a minor and to make every effort to promote a safe environment for athletes by acting with transparency and in seeking full permissions from a parent or guardian with respect to minors.
 - 15.3. When traveling for Jump Rope/ Rope Skipping activities, to always follow the protocols and rules for transportation and accommodation laid out by appropriate authorities.
 - 15.4. To act as a role model and ensure the demonstration of consistent standards of behaviour.
 - 15.5. To communicate with minor athletes openly and publicly and not send private messages to minors without the inclusion or express consent of their parent or guardian.
16. Communication
 - 16.1. To ensure that all statements and other forms of communication about others are factual and not deliberately hurtful including all forms of social media.
 - 16.2. To ensure that the Participants are appropriately informed and have accurate information for decisions.

- 16.3. To ensure that all emails, texts, messaging and posts related to the sport are transparent, professional and related solely to Jump Rope/ Rope Skipping events or Official Activities.
- 16.4. To promptly report any concerns of abuse or neglect of the Participant in Jump Rope/ Rope Skipping to the appropriate authorities in line with applicable Safeguarding Policies and Procedures, and to ensure action has been taken.
- 16.5. To refrain from public negative criticism of volunteers, coaches, officials and others involved in the Official Activity or a Jump Rope/ Rope Skipping. To report difficulties or concerns in the appropriate manner.
- 16.6. When providing feedback to any Participant in Jump Rope/ Rope Skipping, to be honest, but positive and ensure a factual and constructive approach that allows athletes' feedback.
- 16.7. To keep emotions in check and maintain composure. To use language that is unlikely to cause offense.

CC 4: Athlete Specific Conduct

17. To understand and comply with all applicable rules and regulations set out for the sport of Jump Rope/ Rope Skipping.
18. To work in a spirit of cooperation and self discipline with coaches, team leaders, and other athletes to promote health and athletic successes compatible with education, career, and family life.
19. To abstain from the use of alcohol, illegal substances, and performance-enhancing drugs and comply with all rules and regulations for drug testing as properly conducted by the IOC, WADA, IJRU, NOC, or NGB.
20. To strictly maintain appropriate, professional relationships with coaches or other officials.
21. To make a conscious effort to raise concerns with parents, coaches or other officials or authorities when necessary, and to do so through the appropriate protocols as outlined in the policies and procedures, keeping the best interest of IJRU at the forefront at all times.
22. To communicate with others in a respectful and professional manner and not misuse social media in a way that is harmful to individuals or could bring the sport into disrepute.
23. To report any injury or accident to the coach and appropriate staff and parents to ensure the proper treatment can be prescribed. It is important to cooperate with team managers, doctors, physiotherapists, sport scientists, and communicate necessary information to the IJRU Representative and/or NGB officials.
24. To report any suspected misconduct by coaches or others involved in the sport, to the appropriate safeguarding authorities, and take appropriate follow-up actions.
25. To respectfully accept the decisions of officials or judges at Jump Rope/ Rope Skipping events. Complaints, differences of opinion or conflicts should be dealt with through proper channels and in accordance with the relevant procedure defined in the IJRU governing documents.
26. To provide accurate personal information as required to the appropriate authorities.
27. Coach Specific Conduct
28. To ensure each athlete is following a well-planned program of training suitable to their age and ability level that has been communicated to parents and guardians.
29. To understand and comply with all applicable rules and regulations set out for the sport of Jump Rope/ Rope Skipping.

30. To place the current and long-term health, safety, and welfare of the participants above all else.
31. To reduce risk of injury to athletes and maximize their holistic development.
32. To strictly maintain appropriate, professional relationship boundaries with parents, athletes and officials.
33. To actively listen to concerns voiced by athletes and to follow up with appropriate action to resolve problems.
34. To demonstrate professionalism and duty of care by providing quality services and expertise, and not misrepresent qualifications and coaching experiences.
35. To assess that the training environment is safe.
36. To fulfil the duty of care with regards to athletes with injury management and the return to training.
37. To ensure that any physical contact with an athlete is appropriate to the situation and necessary for the athletes' skill development and safety, as well as seeking consent from the athlete(s) and a parent or guardian where applicable.
38. To help each athlete to reach their potential by respecting their talent, developmental stage, and goals.
39. To treat each participant as an individual and prepare them for success.
40. To obtain and maintain appropriate qualifications and keep up to date with the latest coaching practices.
41. To never compromise athletes by advocating measures that contravene any competition rules to gain an unfair advantage.
42. To support opportunities for transition into other aspects of the sport upon retirement from competitive Jump Rope/ Rope Skipping.

CC 5: Judge and Official Conduct

43. To understand and comply with all applicable rules and regulations set out for the sport of Jump Rope/ Rope Skipping.
44. To always maintain the duty of care of the athlete as foremost.
45. To be prepared for the function they are assigned in appropriate attire and conduct all duties with professionalism, competence, courtesy, efficiency and punctuality.
46. To demonstrate absolute fairness, impartiality and consistency in all judging situations.
47. To work within the spirit of cooperation with other officials and event organizers and adhere to any other special requests.
48. To provide input and feedback in a constructive manner, when requested, at the appropriate time.
49. To submit reports and evaluations as required on a timely basis.

CC 6: Judges', Athlete' and Coaches' Oaths

50. The Judges' Oath

"In the name of all the judges and officials, I promise that we shall officiate in these World Championships (or any other IJRU Official Activity) with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship"

51. The Athletes' Oath

"In the name of all Jump Rope/ Rope Skipping athletes I promise that we shall take part in these World Championships, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship, for the glory of sport and the honour of the athletes."

52. The Coaches' Oath

"In the name of all Coaches and other members of the athlete's entourage, I promise that we shall commit ourselves to ensuring that the spirit of sportsmanship and ethics is fully adhered to and upheld in accordance with the fundamental principles of Olympism. We shall commit ourselves to educate the gymnasts to adhere to fair play and drug-free sport and to respect all Rules governing the World Championships."

CC 7: Implementation and Duty of Reporting

53. This Code has been adopted by the IJRU Executive pursuant to the Ethics Panel Charter and shall be read subject to the IJRU Constitution and the IJRU Rules.

54. The principles embodied in this Code shall serve as guidelines to obtain the highest possible level of conduct required of members of IJRU. It is the duty of the individuals subject to this Code to act in accordance with the Code and to ensure to the best of their ability that the Code is applied in relation to the Official Activities. Furthermore, it is every individual's obligation to report suspected or actual violations of this Code. If a member has a reason to believe that there exists questionable or illicit conduct which contravenes the Code, the members should immediately report the facts to the Ethics Panel. If you wish to report such matters, you may do so through the email: ethics@ijru.sport.

55. Following a report, every member subject to this Code, at the request or demand of any authorized body of the IJRU, is obligated to assist in clarifying the facts of the possible violation as may be required pursuant to the IJRU Disciplinary Procedures.

56. The Ethics Panel may make recommendations to the IJRU BOD for the modification, amendment or deletion of provisions in this Code.

57. In case of violation of the Code, any subject covered in this Code may be sanctioned by the IJRU Ethics Panel or IJRU Disciplinary Panel in accordance with IJRU governing documents. Before any decision is approved on imposing a sanction, the following must be taken into account:

57.1. The nature of the offence,

57.2. The circumstances under which it occurred,

57.3. The gravity of the offence,

57.4. The character of the action and other considerations that are in harmony with the objectives of IJRU.